



Provincial Circular

Province of the Immaculate Heart of Mary

Auxilium Provincial Office Nongthymmai, Shillong - Meghalaya - 793014

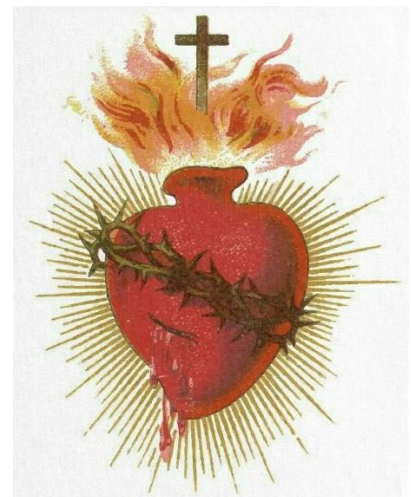
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01.06.2024

My dear Sisters,

Loving greetings from Auxilium Provincial House, Nongthymmai!

At the outset, I wish you a very happy and fervent month dedicated to the most Sacred Heart of Jesus. The Sacred Heart of Jesus is one of the most intense and expressive symbols of the Christian faith- a symbol which invites the faithful to contemplate and imitate the sacrificial love of Christ. The feast of the Sacred Heart of Jesus is, par excellence, the feast of the love of God. In it, the Church offers us as a theme for meditation and as the object of our prayers the most tender and invariable love of God made man and died for us. By showing us the Heart of Jesus burning with love despite the thorns with which we surround Him by our offenses, the Church opens up to us the prospect of a merciful and broad forgiveness, of an infinite and perfect love, of a complete and immaculate joy, which must be the perennial enchantment of the spiritual life of all. Let us love the Sacred Heart of Jesus. Let us strive so that this devotion triumphs authentically in all homes, in all environments and, above all, in all hearts. Our identity as Christians calls us to the truth to conform our hearts to that of Christ. Our heart, when it is like that of Jesus, knows that this “privilege” does not separate it from all others, does not make it superior, but makes it responsible so that many may be reached and be touched by the same love of God. Our heart is and must become more and more like the heart of Christ: a heart that seeks hearts, that welcomes everyone.

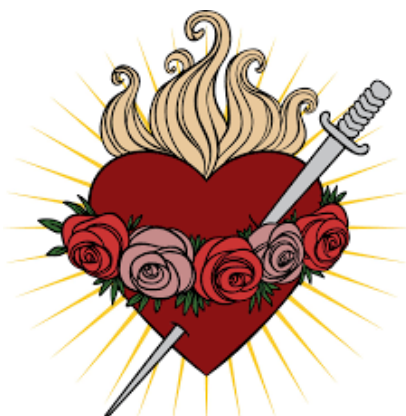


In the loving Heart of Jesus, we discover the certainty of God's love and the truth of his self-gift to us. In recommending devotion to the Sacred Heart, we only recommend orienting ourselves integrally, with our whole being—our soul, our feelings, our thoughts, our words and our actions, our efforts and our joys—to Jesus. True devotion to the Heart of Jesus consists in knowing God, looking to Jesus and turning to Him who enlivens us, instructs us, and guides us. God loves us unconditionally. His love has no boundaries, it is immutable and without limits. It is ever new with each new day even in moments when we feel discouraged and battered by problems and difficulties.

As we experience the love of Jesus, let our hearts be transformed by His love and let our response to this unconditional love be a total surrender to His plans and projects in the ordinary and extraordinary circumstances of life. Let us immerse ourselves in this boundless love to learn, to also receive something of this love that always surpasses us in all situations. May our hearts beat in unison with His heart in the fulfillment of the Father's plan.

Immaculate Heart of Mary

The Heart of Mary is full of Jesus, the Heart of Mary who deserved to conceive in herself through such exemplary faith the eternal Word of the Father before she conceived him in her virginal womb. To approach the Heart of Mary is to also make our heart similar to hers, in welcoming the plan of salvation at work in our lives. Commemorating the loving and immaculate Heart of Mary invites us to join Mary's journey of faith, making our heart similar to hers in the daily exercise of doing God's will, transforming trials and crosses into a source of new grace, purifying our hearts from the stain of sin and making them ever closer to the immaculateness of God and Mary. The act of entrustment of our hearts and lives to the immaculate heart of Mary gives us the assurance that Mary walks with us, she suffers with us, she experiences with us the difficulties of life, and helps us to make our hearts similar to hers: Immaculate sign of God's love.



We are privileged to have our Province dedicated to the Immaculate Heart of Mary. As we celebrate the name feast of our Province, we are invited to look into ourselves through Mary's heart and check if her virtues are leading and accompanying us in our life and mission. There are innumerable events and instances in Mary's life that were beyond her knowledge and understanding. However, she never doubted the wisdom of God's plan for her and for the entire humanity. She understood fully well His holy will in her life and precisely because of this, she never complained nor questioned whatever was happening to her. She just believed and

obeyed God with a heart full of humility, faith and love. Her sinless heart was the treasury in which she kept alive the memory of the great and mighty deeds that God had done in her life and for humanity throughout history. Mary inspires us to keep our hearts free of sin and set our ideals on God and not on other things that may leave our hearts empty and unfulfilled. As we celebrate the Feast of the Immaculate Heart of Mary, the name feast of our Province and of our Novitiate at Bellefonte, let us pray to Mary that she may help to stir our hearts and inflame them with greater love for God. May she teach us to serve the Lord more faithfully, to love him more convincingly and to give ourselves to him more generously. Let us gaze at the Immaculate Heart of Mary and let us ask the grace to be able to have a heart that knows how to welcome and cherish the Word of God, so that the same Word of God may continue to bear fruit in our lives.

Family News & Communications

Welcome Back: We are happy to welcome back home Sr. Risilyn Kharkongor and Sr. Tengsilchi Marak who have completed their intensive juniorate at Guwahati. My sincere gratitude to Sr. Alphonsa Kurisingal, Sr. Lydia Komuhra and the community for having accompanied our sisters in this year of formation.

A warm welcome back also to Sr. Banrikynti Iawphniaw and Sr. Mary Aquiline Nongsiej who made their first profession at Nashik, INB on 24th May 2024. As communicated earlier, Sr. Mary Aquiline has opted to make the community experience in Mumbai Province and therefore will return to Mumbai after her holidays. While Sr. Banrikynti is in the Provincial House until July and will join one of our communities from then. We wish them a fruitful mission in the service of the Lord.

With loving hearts, we also extend a warm welcome home to Sr. Rosa Pyngrope and Sr. Lucia Syiem who will return from Rome to the Province on 14 July 2024. Sr. Rosa has completed 3 years of her service as the animator of Madre Ersilia Canta, Rome and the Lord has chosen her to shoulder the noble responsibility in the Province as the 13th Provincial of our Province for the upcoming 6 years. Sr. Lucia completes her 2 years of study and formation in Salesian Spirituality. We wish them an affectionate welcome back home and assure them of our prayers in their mission ahead especially for Sr. Rosa.

Good results: We congratulate all our Sisters, Teachers for the good and wonderful results of our students in the last examinations of the State Board and the CBSE. Your efforts dear Sisters and teachers have paid off with good and desirable results that brought joy to the school, to the students and their parents and above all glory to God. We extend our warmest congratulations to Pynbhashisha Nongbri and Miracle Nongsiang our Pre-Aspirants from Auxilium, Nongthymmai who secured the 8th rank in the State and highest marks in Music in the State respectively in the last HSSLC Examination. We are proud of them and pray that their desire to follow the Lord be made strong by his grace. We congratulate also all our candidates who have fared well in the examinations. May God's blessings be upon them all.

Conclusion of the Intensive Juniorate: The 20 Sisters who are undergoing the intensive Juniorate at Auxilium Provincial House, Nongthymmai- Shillong will be concluding their programme by the end of this month of June. We wish safe journey to the sisters who are returning to their respective provinces. May God's blessings be upon all our 20 young sisters as they forge ahead to serve the Lord with greater joy and enrichment in the mission that awaits them.

Second Novitiate: The Second phase of the Second Novitiate will be held in the month of July at Auxilium Provincial House, Nongthymmai. We assure our Sisters our special remembrance in prayers as they intensely prepare themselves for a definitive 'YES' to God. The Sisters who will be part of this programme are:

1. Sr. Crecencia S. Sangma
2. Sr. Dalanglin Mary Rynjah
3. Sr. Jemiritha Sangma

4. Sr. Joycy Mary Nongbsap
5. Sr. Juborlin Lyngkhoi
6. Sr. Nibedita Nayak
7. Sr. Rakhelna Thongni
8. Sr. Ribajanai Kharpor
9. Sr. Risalin Lyngdoh Marshillong

The Sisters are requested to arrive at the Provincial House latest by the afternoon of 1st July 2024. Sr. Ribhalin Khyriem will coordinate the programme. Let us intensify our prayers for these 9 sisters of ours in this very important phase of their religious life. I thank Sr. Ribhalin, Sr. Euginia Laloo and the community of Provincial House and all the resource persons and sisters who will enlighten and accompany our sisters with the various input sessions. God bless them all.

Installation of new Provincial: I would like to communicate to you that the installation of Sr. Rosa Pyngrope as the 13th Provincial of the Province of the Immaculate Heart of Mary, Shillong will be held on 13th August 2024. We are glad that Sr. Celine Jacob, the General Visiting Councillor has consented to do the honours of installation. We warmly welcome Sr. Celine to our Province. Prior to this great event, there will be the meeting of all the members of the Provincial Council and animators. All the members of the Provincial Council and animators of communities are therefore requested to arrive at the Provincial House by the afternoon of 11th August 2024.

Installation of Animators: All the new animators of the Province who will assume the service of animation for the term of service 2024-2027 will be having the mass installation at the Provincial House on 12th August 2024. We wish them all the best and God's blessing.

Juniors Spiritual Retreat: The Annual Spiritual Retreat for the temporary professed Sisters, Novices and Postulants will be held in the month of July as listed below. We accompany our Sisters, Novices and Postulants with our prayers that this time of grace bring much blessing to their life and mission.

DATE	VENUE	PARTICIPANTS	PREACHER
22-29 July 2023	FMA OUTREACH	Temporary Professed Sisters	<i>Fr. Loddy Pires SDB</i>
24- 31 July 2023	BELLEFONTE	Novices and Postulants	<i>Fr. Jeffrey Kharkongor SDB</i>

The Temporary professed Sisters who are joining the retreat are requested to arrive latest by lunch on 22 July 2023. The Retreat will be followed by the Annual Renewal Course of ALL the temporary professed sisters. Those who are participating only in the renewal programme are requested to arrive at FMA Outreach latest by 3.00pm of 29 July 2024. Let us send our prayers ahead for the fruitfulness of the retreat and the renewal course and especially for all our young sisters that they may give themselves generously for God and His Kingdom.

Students: The following sisters will be frequenting different course of regular studies to update for the need of our mission. We wish them all the best for a fruitful time of updating and formation.

SALESIAN SPIRITUALITY

- Sr. Selinda Wanniang - Rome

BACHELOR OF THEOLOGY (B. TH)

- Sr. Joyly Grace Mawthoh - Shillong
- Sr. Ribha Suja - Shillong

BACHELOR OF ARTS (BA)

- Sr. Bestonia Warjri - Katpadi

BACHELOR OF SCIENCE (B. Sc)

- Sr. Felinicia Syiemlieh - Katpadi

GENERAL NURSING AND MIDWIFERY (GNM)

- Sr. Dahun Mary Pyngrope - Shillong
- Sr. Risilyn Kharkongor - Shillong

** . Some Sisters will also pursue their studies through the Indira Gandhi National Open University (IGNOU)

Safe Journey: The Sisters who will be doing the studies outside the Province (Katpadi & Rome) will be leaving the Province in the month of July. Sr. Bestonia and Sr. Felinicia will leave on 1 July 2024 while Sr. Selinda in the first weeks of July depending on the readiness of the documents. We wish them safe journey and God's blessings.

Buon Viaggio: Our assurance of prayers for our Sisters who will also be leaving for the various mission in Italy at different times in the coming months.

- Sr. Beronica Sangma (Ad Gentes) and Sr. Philina Kholar (Service of the Institute) will leave by mid-July when the documents get processed.
- Sr. Wismary Kharbihkhiew who will be rendering service in the Youth Pastoral Sector, Rome will leave the Province by the end of September 2024.

We wish them all the best for the preparations of their future mission and especially for a fruitful mission that awaits them.

Postulants to INB: As communicated earlier, three Postulants of our Province will join the Novitiate at Sacred Heart Nashik (INB) for their 2 years of formation. They will leave the Province on 4th July 2024 and will be accompanied by Sr. Euginia Kyntiewlin Susngi. We wish them all the best and a fruitful time of formation. My sincere gratitude to Sr. Meenakshi D'Silva, the Provincial

of Mumbai, Sr. Supriya Noronha, the Mistress of Novices and all those who will accompany our young candidates in their journey of strengthening their desire to serve the Lord.

Mornese Project: The Mornese Project for the English-Speaking Group will be held from 24 September- 14 October 2024. From our Province, Sr. Lydia Mary Pala will be participating in it. We wish her all the best in the enriching experience in the land of our origins.

INS ‘Laudato Si’ Coordinating Team Meeting: The Coordinating Committee for the ‘Laudato Si’ Action Plan of the Province was held on 18 May 2024 at Auxilium Provincial House, Nongthymmai, Shillong with the presence of the Coordinators from the various regions of the Province. The team has chalked out various points of action plan, strategies and animation programme for implementation at the regional and community levels which will be communicated eventually to the Province by Sr. Plenish Marak, the Coordinator. May I request all the communities to take serious collaboration in this project as a commitment towards ecological consciousness and justice. This common venture as a Province will be our positive response to the constant call of our Holy Father and the invitation of GCXXIV.

Prayers for the sick and the departed

We extend our prayerful support to all the sick ones, through the intercession of Our Blessed Mother, especially our sick sisters, relatives of our Sisters and members of the Salesian Family.

We also offer our heartfelt condolences and prayers to all our Sisters who have lost their dear ones in the past month and all the members of the Salesian Family. We unite in prayers especially with:

- Sr. Banrikynti Iawphniaw at the passing away of her father on 17 May 2024.
- Sr. Leelamma Palliparambil and the Sisters of Kolkata Province (INC) at the passing away of Sr. Teresa Koratiparampil FMA on 2 May 2024.
- Fr. Provincial and the confreres of Bangalore Province (INK) at the departure of Fr. Mathew Maruvathrail SDB on 14’ May 2024.

May all the departed ones enjoy the loving embrace of God forever in His Kingdom and may all those who mourn their passing away be consoled by the strength and grace of God.

Feasts of the month

02 June	- Body and Blood of Christ
07 June	- Sacred Heart of Jesus
08 June	- Immaculate Heart of Mary/ St Mariam Teresia
23 June	- Joseph Cafasso
24 June	- Birthday of John the Baptist
29 June	- Sts. Peter and Paul

As I conclude, I wish you a very **HAPPY FEAST** of the most Sacred Heart of Jesus and of the Immaculate Heart of Mary. May these beautiful feasts inspire us to keep our hearts burning with love and enthusiasm for God and His Kingdom. In this month specially dedicated to the Sacred Heart of Jesus, let us rediscover more profoundly the great love of God for us. May we have an enriching encounter with the Lord through the daily invitations of our mission and let us place every intention at the loving heart of Jesus especially for our country and the suffering humanity.

“Do not be afraid to present to Jesus all the intentions of our suffering humanity, its fears, its miseries. May this Heart, full of love for men, give everyone hope and trust.” ...May you discover the riches that are hidden in the Heart of Jesus.”

- Pope Francis -

With assurance of prayers and loving accompaniment,
Affectionately,



Sr. Elizabeth George FMA
Provincial

