

Newsletter of the Salesian Sisters, Shillong Province

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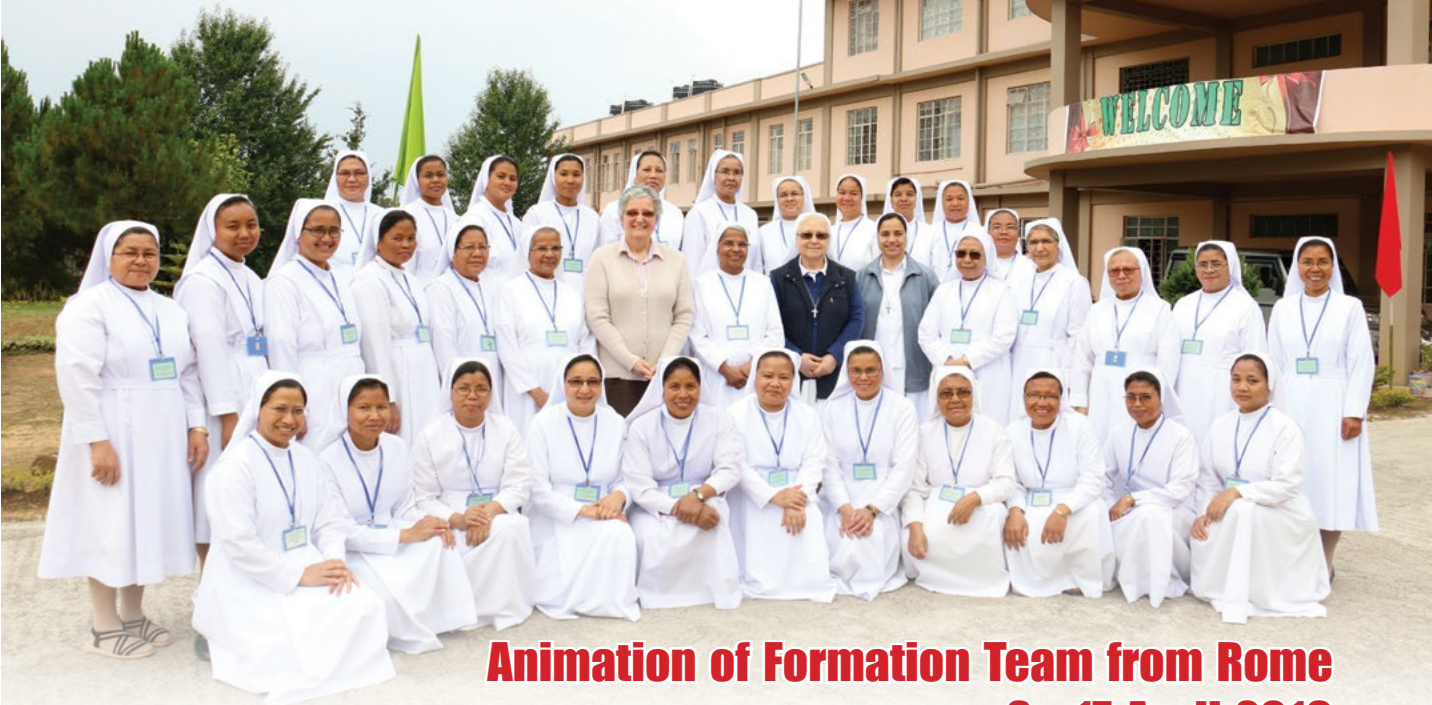
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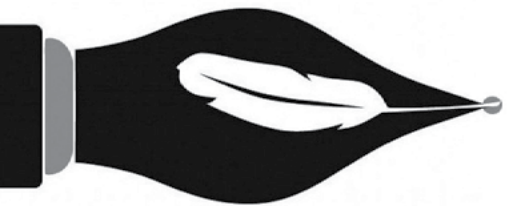


“Education is the movement
from darkness to light.” - Allan Bloom



Animation of Formation Team from Rome 8 - 17 April 2019





EDITORIAL

EDUCATION IS A MATTER OF THE HEART

In the recent past we have witnessed much anxiety and concern as our nation eagerly waited for the declaration of Lok Sabha Election Result 2019. Subsequently, there is a growing sense of uncertainty and fear of what is to come. There were also celebrations at the good results of students in various examinations in and around the city. Celebration is not the end to success. The tougher part of life begins with the struggle to get into a prestigious Institution. With huge number of students passing out from many educational institutions and not being able to find an institution of his/her choice is a great challenge. This makes one think as to where do these young people go? How will they fulfil their aspired dreams? Are we not moved to do something more innovative in order to help such young people develop the potentialities and find meaning in life?

We are reminded of Don Bosco's comprehensive concept of education here. For him education entails helping the young person to develop and grow as an honest human being and a good Christian, so that he/she could find his/her proper place in society. Don Bosco stated clearly, "Education is a matter of the heart...". What sets Salesian education apart from other ways or systems of education is the fact that persons and relationships are of prime importance.

As Salesian educators, 'we show our love for the young in two ways: **the Preventive System** (relationships, the way we relate to young people) and **the Oratory Model** (experiences, those that we create for the young people). The Preventive System is based on the three keys: *Reason, Religion, and Loving Kindness*. From this basis, we see the relationships that Don Bosco encouraged: the



educator seeks to make oneself loved, takes the young where they are, believes in their capacity for good, wants to be with them.

We can learn from our traditional style of educating which is evident in the way Mary Domenica Mazzarello lived out her educative mission by her example. One of the most important educational criteria was, for her, the priority that is to be given to the person. She focuses on drawing young people to a personal and unique encounter with God. For her, to educate was the total giving of self in loving and joyful serenity.

In the light of our founders' educational project we can ask ourselves if our educational institutions today are merely result oriented? Or are we concerned about offering young people hope and future? The present situation of our youth today triggers us to seek out ways and possibilities in order to gradually help them acquire inner certainty and autonomy.

It is the right time for us *to re-awaken the original freshness of the Institute* by allowing ourselves to be guided by Mary for a regeneration in the Holy Spirit, to make our educating communities generate new life as we have begun the journey towards GCXXIV. May she make us attentive and sensitive to the cry for help of poor young people who are entrusted to our care today!

Sr. Teresa Kamsuan

MISSION Ad / Inter Gentes' Corner

MY EXPERIENCE IN THE EVANGELIZING MISSION

Sr. Tarsiana Thyрниang

It was in the year 2015, the seventeenth year of my religious life that I was sent to St. Peter's Convent Pyndengrei for the mission of direct evangelization. Prior to this I served as boarding Assistant, in charge of the primary school, the workroom and the kitchen in the various communities of our Province. Being a first time experience for me in the field of evangelization, I had no idea how to go about particularly in meeting and relating with people. Initially, I visited families in Pyndengrei itself and came to know Catholic women who gave me some ideas to go about and they took me to families that needed our attention; to visit the sick and those who do not practice the faith. Gradually by attending the prayer meetings and other programmes of the Parish I have come to know the people better. In the first year itself I was able to reach out to 350 families. It is noteworthy to mention here that St. Peter's Parish, Pyndengrei consists of seven villages numbering around three hundred Catholic families and while Pyndengrei itself consists of around 600 Catholic families.

Some activities that I undertake in the Parish are conducting Children's Retreat in each village during the winter vacation of the students that is in the month of December till February. During this time children are taught the daily Prayers, Sacraments of Reconciliation, Eucharist, the Catholic faith, the Ten Commandments and the Precepts of the Church. Seminars on various topics like Christian faith, Christian Families, Role



of the parents in the Family, Prayer Life are being conducted from time to time as an annual programme for the various villages of the Parish. Preparation for the Sacraments of Baptism and Marriage preparation three times a year and preparation for First Communion and Confirmation once a year. I do join in the pilgrimages to other Parishes and villages along with the youth or women, whoever is conducting the same. They do appreciate my presence and always invite me for their various initiatives that we plan together. I associated myself with the Small Christian Communities (SCC) and the Prayer Group of the Parish. With them I animate them and take part in their meetings and programmes.

In the capacity of youth animator of the Parish some significant programmes in collaboration with the them are the monthly Touring Programme, conducting the Way of the Cross during Lenten season

in various families who are less fervent, visiting and rendering some material help to the needy families. To reawaken the faith and Christian responsibility of some young people who do not care much about their spiritual life, the youth as a group conducts prayer meeting and counsels them. Once in two months we have recollection for them and seminar or retreat once a year.

Along with the Catholic Women Association I join them in their activities like visiting the orphanages, Old Aged homes, visiting, praying and giving some financial help to the sick and elderly members of the association. Being the spiritual advisor of the Catholic Women Association I have ample opportunities in giving my services to them in the form of spiritual guidance, encouragement and giving them ideas to go about with their activities. I would like to share an initiative taken up by the Catholic Women Association at Pyndengrei namely supporting the thirteen orphans of a family. The women from each block of the Association support them with material help such as foodstuffs and other grocery items.

At times, I do offer personal counseling to the youth particularly those who are



addicted to drugs. The five of them whom I have been able to give guidance have turned a new leaf in their life. One of them has stopped this bad habit and continued his studies; another one having given up this habit has turned out to be the President of the youth association, the third one has been able to settle his life with his wife, while another one has got a job outside the state and the other one has been sober in his ways and is staying with the family.

I find fulfillment in my service to lead souls to Jesus though I am just an unworthy instrument. There are many challenges that I encounter in the fulfillment of this mission but in spite of that I find happiness in it. In whatever I do I could truly feel God's presence and guidance in every step I take. In all these, I owe my inspiration from the Word of God, Church Documents, Bible Commentaries and other Church related materials. "You are the light of the world. A town built on a hill cannot be hidden" (Mt. 5:14) is the verse that inspires me at all times in my personal life and mission. I am very happy in this work of evangelization that the Province has entrusted me with. I invite you all my dear Sisters to be generous in sharing Jesus with all whom we meet in our life's journey.

MESSAGES FOR THE WORLD COMMUNICATION DAY

Opportunity and Challenges faced by the Church Today ●



Sr. Rodalin Kamar

Opportunities (Continuation)

"For all ways and by all means"

Proclaiming the Gospel of Jesus is a service that we can offer to the ecclesial community and to humanity. St. Paul says: "Woe to me if I do not proclaim the Gospel..." (1 Cor. 9:16) This passion for proclamation should be in the hearts of all pastoral workers. But today there are also other ways and means of announcing Christ: the press, television, radio, cinema and the Internet.

The Church must become aware of how important it is to make best use of these roads and enter to these spaces. Paul VI in the first Message for the World Communications Day emphasized that the Church intends "*to draw the attention of her children and of all men of good will to the vast and complex phenomenon of modern means of social communication, such as the press, motion pictures, radio and television, which are one of the most characteristic notes of modern civilization*". The Church by its very nature is communication and the communication of God to man who brings good news to all, consequently cannot be content merely with the announcement to the neighbours but must try to reach to everyone.

The Encyclical *Redemptoris Missio* of John Paul II, at n. 37 speaks of the *first*

Areopagus of the modern age, which is "a global village", where "With the advent of computer telecommunications and what are known as computer participation systems, the Church is offered further means for fulfilling her mission. Methods of facilitating communication and dialogue among her members can strengthen the bonds of unity between them. Immediate access to information makes it possible for her to deepen her dialogue with the contemporary world". In this way, the Pope confirms that "Communicating Jesus Christ: Way, Truth and Life" is now indispensable, if the Church wants to meditate, act and communicate the Good News of Salvation in Jesus Christ. With the Message of 2000, the year of the Great Jubilee, John Paul II draws attention to the change that has taken place in society: Already the media contribute to spiritual enrichment in many ways - for example, the many special programmes being carried to worldwide audiences through satellite telecasts during the year of the Great Jubilee. In other cases, however, they display the indifference, even hostility, to Christ and his message that exist in certain sectors of secular culture. Communication is a "system" that envelops us: it is necessary, therefore, to learn to communicate with all the voices, by all means, so that the message of the Church translated into an active and creative way, can be heard and understood by all men and women of our

time. We Christian communicators should not be afraid to open the doors of social communications to Christ, so that the Good News of the Gospel can be heard from the roofs of the world. In the Message for the World Communications Day 2010, Pope Benedict, speaking on the task of priests to announce Christ writes: *Using new communication technologies, priests can introduce people to the life of the Church and help our contemporaries to discover the face of Christ.* Pope Francis in these years of his pontificate, thanked for the service of the media, through which the Church can open its doors to the digital environment to bring the Gospel message “to the ends of the earth” (Acts 1: 8). In particular, he stresses that “the Church’s attention and presence in the world of communication is important, in order to dialogue with the people of today and bring it to an encounter with Christ: a Church that accompanies the journey, knows how to set out with all. In this context the revolution of the media and information is a great and exciting challenge, which requires fresh energy and a “new imagination to transmit to others the beauty of God”. To communicate the beauty of God today, as in the past, the family is the central communicative place. Pope Francis believes that Family is an environment in which we learn to communicate in an experience of closeness, a setting where communication takes place, a “communicating community”. From the womb of the family comes the first announcement that parents give to their children, so the family must know how to communicate.

Communication is first of all a Relationship

Communication is the most important means to build up good relationships. It allows people to share one’s interests

with everyone for the betterment of the community. All the Popes, in the Messages for the World Communications Day, have greatly emphasized the value of the relationship between people, with the environment, in the countries and in the Church. Unfortunately, today many communications have problems with relationships.

Paul VI invites us to thank God because from the beginning of the world He established an inseparable relationship with man and gave him the intelligence to cultivate communication with Him and with others as well. He affirms that: *The Church looks with favour on the growth of man’s productive capacity, and also on the ever widening network of relationships and exchanges between persons and social groups; they are for her a reason, a sign and an anticipation of an ever greater brotherhood, and from this point of view she encourages advertising, which can become a wholesome and efficacious instrument for reciprocal help among men.* In the pontificate of John Paul II, the discourse on communication emerges strongly not only in relation to mass media and information technology, but above all in relation to human communication that opens up in the existential relationship.

Social Communication also becomes an instrument to support relationship between faith and culture. John Paul II says: *At the beginning of communication there is a man-communicator and, at its end, there is a man-receiver, the media of social communication will facilitate the encounter between faith and culture so that a mass of isolated individuals will not be formed, each one of whom may be in dialogue with the written page, or the stage, or the small or large screen, but a community of persons aware of the*

importance of the meeting with faith and with culture and determined to achieve it through personal contact, in the family, in the place of employment, in social relations. The Message of 1995, the year in which the centenary of cinema was celebrated, noted how this language is a means of transportation of culture and has been able to create communities, as the parishes, oratories opened the first “community halls” where people found themselves in order to spend a fun and leisure time together. Year after year, the development of technologies creates new relationships, new environments and new cultures. Benedict XVI aware of a society that is organizing itself and centering more and more around the communication on the Net, in his Message of 2009 chooses, almost surprisingly, a theme concerning the relationship between new technologies and the relationships that are being built and states: *The desire for connectedness and the instinct for communication that are so obvious in contemporary culture are best understood as modern manifestations of the basic and enduring propensity of humans to reach beyond themselves and to seek communion with others.*

New technologies are changing both communication patterns and human relationships and these changes mainly involve the younger generation growing up in a digital society. Always Benedict XVI, addresses the young people of the “digital continent” and invites them to be responsible and to promote a culture of respect, dialogue and friendship, encouraging them to use social spaces. In the Message of 2013, he writes about the need to build and strengthen online relationship, the place that is now part of the daily experience of many people, especially young people. For this reason

we need to be attentive to the birth and popularity of social networks, which favor dialogical and interactive forms of communication and relationship. He observes, however, that online communication often lacks true dialogue. Pope Francis emphasizes: *The digital world can be an environment rich in humanity; a network not of wires but of people. The impartiality of media is merely an appearance; only those who go out of themselves in their communication can become a true point of reference for others. Personal engagement is the basis of the trustworthiness of a communicator. Christian witness, thanks to the internet, can thereby reach the peripheries of human existence.*

Meeting people, especially the young, where they are

In communication, young people could express their ability to relate with their peers and encounter with other group of people: this requires mutual respect, the commitment to learn from each other and the ability to dialogue. The authentic and respectful encounter reaches the needs of the people to help them understand the meaning of their life, their vocation and the problems of the world. By inserting oneself into everyone's daily life, the media offers the possibility not only of informing oneself but also of growing in the ability to communicate.

John Paul II speaks of the encounter and emphasizes, first and foremost on the value of the encounter between faith and culture, which encourages the meeting of people among them. This encouraged the means of social communication to represent a precious gush of “cultural enrichment for the individual and for the whole family”. The media, for example,

make it possible to participate in religious events that take place in distant places, satisfy an interest and bring special comfort to the sick and the oppressed. They contribute in promoting awareness of the universal Church of being a family and its attentiveness to the problems of all peoples. The media can really help to bring people's hearts closer to God with sympathy, understanding and fraternity, but sometimes they seem to impose themselves as ends and not as mere means. The Pope continues by saying that the power of the media can foster the spiritual life of the Church in many ways, because the media also arrive where people cannot always reach. Therefore, we are called to rediscover the value of the personal encounter and the beauty of everything that underlies our life; above all, the encounter with Christ, who is the source of all the other encounter, even those that occur thanks to mediated communication. Pope Benedict, in his Message of 2009 emphasizes that reflecting on the significance of new technologies, it is important to consider not only their undoubted capacity to promote contact between people but also the quality of the contents they are called to put into movement.

The Pope speaks of the culture of respect, of dialogue, of friendship, of the encounter in which pastoral workers and educators have the task of paving the way for new encounters. This implies taking care of the quality of human contact, paying attention to men and women, especially to young people and their true spiritual needs. Benedict XVI writes, "*The new technologies allow people to meet each other beyond the confines of space and of their own culture, creating in this way an entirely new world of potential*

friendships". This happens above all in the lives of young people in particular who are experiencing this change in communication, with all the anxieties, challenges and creativity typical of those open with enthusiasm and curiosity to new experiences in life. Their ever greater involvement in the public digital forum, created by the so-called social networks, helps to establish new forms of interpersonal relations, influences self-awareness and therefore inevitably poses questions not only of how to act properly, but also about the authenticity of one's own being. Pope Francis also clearly underlines that *the digital network can be a place rich in humanity*. A network, therefore, not for occasional meetings but for real encounter with the person, because today, we run the risk that some media will condition us so much that we may ignore our real neighbour. It is in the 2015 Message that Pope Francis speaks of Mary's meeting with her cousin Elizabeth to demonstrate what communication really is: *discovery and construction of proximity*. Furthermore, Pope Francis in his message for this year 2019 exhorted, "*We need to recognize how social networks, on the one hand, help us to better connect, rediscover, and assist one another, but on the other, lend themselves to the manipulation of personal data, aimed at obtaining political or economic advantages, without due respect for the person and his or her rights*". It is an invitation to all of us to make good use of these wonderful instruments. Let us be masters to them but not slaves.

(to be continued...)



The Province was blessed with the presence of Sr. Maria Nieves Reboso, General Councillor for Formation and the Sisters of the Team; Sr. Maria Fisichella and Sr. Anelfreda Miranda from 8 to 18 April 2019. The purpose of the visit was the transmission of the Guidelines for the Formation Period of Temporary Vows; a result of the work done by the Formation Sector, the International Commission, the Formators and particularly the Temporary Professed Sisters from all over the world.

shawl of the state of Tripura, a necklace called *paila* of the state of Meghalaya and a bouquet of flowers. Further the Novices presented a fusion dance of different tribes and a welcome song.

The animation programme was organized for different groups centered on the theme “Do whatever He tells you” with an iconic representation of the wedding feast at Cana. The first group was for the Community Animators and Formators from 9 - 12 April 2019 at FMA Outreach, Shillong numbering thirty-five in all. During the encounter the Sisters were presented the entire guidelines with ten sessions of group work. The Sisters appreciated the great love and care the Institute takes in the formation of its members. The community animators resolved to own up responsibility in making the document known to the other members of the community and to live up to the principles envisaged by it in the living out of the Salesian charism.

The thirty-eight Aspirants and Postulants too had a share of the input sessions and group work from the Formation team on 13 April 2019 at Auxilium Training Centre, Saiden. The young candidates took interest in whatever was offered to them and expressed that they were proud to belong to the FMA family.



The following days namely 14 -15 April saw a gathering of 68 (sixty-eight) Temporary Professed Sisters for a two-day animation programme at FMA Outreach, Shillong. The young Sisters were very enthusiastic and felt loved by the Institute for such a wonderful and meticulous book of guidelines offered specifically for the period of Formation of the Temporary Vows. In all the sessions and group sharing the young Sisters were open and frank in their intervention. They took upon themselves to live up to the expectation of the Institute and give of their best in the various communities they are called to serve.

On 16 April a day of animation programme was organized for the 41 (forty-one) Novices at the Immaculate Heart Novitiate, Bellefonte – Shillong. The Novices were thrilled to have such a unique opportunity in interacting directly with the General Councillor for Formation and the team. While being challenged by the lifestyle of the modern world they expressed confidence that with the guidance of the Superiors and their personal commitment to auto-formation they would be able to mould themselves and be for the young, helpers like Mary, the Help of Christians.

Sr. Nieves and team were fortunate to visit the other communities of Shillong namely the Provincial House – Auxilium



Nongthymmai and Sacred Heart Convent, Mawlai on 17 April. Here too Sr. Nieves met the Sisters in groups and inspired in them to live their commitment to the full. She particularly pointed out that the Sisters both young and old need each other to complement one another in the fulfillment of the mission of the community. The young people too in both the houses were equally excited and filled with enthusiasm to behold a representative of Mother General. Apart from this, the Formation Team visited the FMA Cemetery at the Catholic Cemetery of the Cathedral Parish and prayed for the departed Sisters of the Province. They also made a short visit to the Salesian Provincial House at Mawlai; Fr. Joseph Puthenpurakal who welcomed them to the house termed the visit as “Sisters meeting their Brothers in the spirit of Don Bosco and Mother Mazzarello”.

In the evening of 17 April the nearby communities of Shillong gathered at Bellefonte for a thanksgiving ceremony which included prayer moments and gestures of gratitude through various items like dances, songs and speeches. The last day of the visit the 18 April was spent in meeting the Sisters of Bellefonte Community, the Mistress of Novices along with the two Assistants and preparations for the departure.

The ten-day visit of Sr. Nieves and Team to the Province surely brought blessings and revival of the Salesian spirit, which all the Sisters and Candidates hope to live by and strive to be committed Daughters of Mary Help of Christians. It was truly a wedding feast experience with a unique quality and sentiments. The wedding feast is not ended but it had just started and would be lived out in every community of the Province.

Sr. Euginia Laloo

Young Women Entrepreneurial and Development Programme

On 24 to 25 April 2019 Sr. Marilyn Wahlang, Social Development Coordinator organized a two-day training programme at Auxilium Convent Umdang on the theme “Young Women Entrepreneurial and Development Programme” supported by FMA National Development Forum (NDF). The invited guest of the day was the General Manager of District Commerce and Industries Centre West Khasi Hills District, Mr. Umesh Muktieh and the resource person was Mr. Phrisan Nongmin. 35 persons most of whom are farmers and daily wage earners from the different villages participated in the programme.

With a view to empower the women on skills and income generation trainings, the day focused on basket making and broom making. The participants showed great sign of interest and worked very hard to complete the set tasks. The training aimed at enabling the young women discover their talents and make the best use of the resources available along with



the networking idea from the District Industries Office. Mr. Muktieh enlightened the participants on the importance of Handicraft and the market value of bamboo in the country as well as outside the country. He also assured to send some experts to train them and to link them with the Industry when their art will be up to the mark. At the closing ceremony, Mr. Raisen Mawsor the Headman of the village encouraged the participants to work hard and even set a market in the village itself. Sr. Marilyn interviewed few participants who said that the programme had been of great help to them and that it will definitely become a source to generate income for them.

Sr. Marilyn Wahlang

FMA - PCI Social Communications Seminar

A Social Communications Seminar for the Provincial Conference of India (FMA-PCI) was held from 3 – 8 May 2019 at Mazzarello Youth Centre, Wadala – Mumbai. The resource persons were Sr. Maria Helena Moreira, General Councillor for Social Communication and Sr. Gabriella Imperatore from Rome. 28 participants from the seven Indian provinces took part in the same. Sr. Euginia Laloo, Sr. Teresa Kamsuan, Sr. Rodalin Kamar and Sr. Sandra Diengdoh represented the Province. The theme that guided the Encounter was “The Communication Plan in the Educommunication Mission of the FMA”.

Through input sessions, discussions, group work, individual study the participants were helped to deepen on the main topics like Educommunicative Processes, Educommunicative Ecosystems



and Educommunicative Management. Another significant presentation dealt with was the Visual Communication Manual of the FMA and the importance of legibility and juridical registration of the Logo of the Institute, which would be used by all the Provinces and the various sectors of the Institute. While speaking on the Educommunicative Management, the resource persons emphasized that the coordinators of social communication are not merely managers of things but of people. The DMA Magazine of the Institute (1952-2019) was elaborately presented by Sr. Gabriella Imperatore and exhorted the Sisters to make the best use of it. The group also worked out on the Profile of the Coordinator for Social Communication taking into consideration the following elements: Characteristics, Communication skills, Professional skills, Functions and Tasks, and Communication Strategies. Apart from this, the group was

also taken for an exposure visit to St. Paul's Institute of Communication Education (SPICE) Bandra Mumbai and Tej Prasarini Don Bosco Communications, Matunga – Mumbai. They also visited the nearby FMA communities in Bandra and Wadala. The Sisters of the different provinces displayed their respective cultures either in song, dance or an audio-visual presentation during the Cultural evening. Each province took turns to animate the prayer moments, recreation and the other highlights of the day.

Sr. Euginia Laloo

Upgrading Syllabus for the VTC In charge of Our Province

The FMA- Outreach organized a six day training programme for the Vocational Training Centre (VTC) In charge of the Province on Upgrading Syllabus from 6-11 May 2019 at Auxilium Nongthymmai. Sr. Marilyn Wahlang Social Development Coordinator of the province spearheaded the programme and aided by Sr. Igina Kharjana, the Coordinator for VTC. Sr. Rosa Pyngrope, Vice Provincial inaugurated the training programme and encouraged the participants to live up to the maxim of Mother Mazzarello “let every stitch be an act of love for God”.

Various resource persons have enlightened the group and the twelve participants have learnt new styles and designs in making children's dress, dress for young people and sports dress in a professional way during the six days programme. On the concluding day the participants were happy to display their products in the hall in the presence of Sr. Elizabeth George, Provincial. In her



talk she encouraged the Sisters to go ahead in the service they render to the people around. Some Sisters shared their experiences on the course and Sr. Lini Fenylla Shabong voiced out the vote of thanks on behalf of everyone.

Sr. Risalin Lyngdoh Marshillong



Inauguration of Bellefonte Community College (BCC) Building

Bellefonte Community College crossed another milestone with the blessing of the building on 27 April 2019 at Bellefonte Campus Lumshyiap, Shillong. The occasion was graced with the presence of Shri D P Wahlang IAS Principal Secretary of Education Department Government of Meghalaya as Chief guest, Rev Fr. John Madur, Vicar General of Shillong Archdiocese, Sr. Elizabeth George, Provincial of Shillong Province, Guest of honour Shri Cyril Diengdoh, IAS Additional Secretary of Planning and Director of Tourism, Government of Meghalaya and many other dignitaries from the Education department of Meghalaya as well as from Shillong Rotary Club, Priests and



Religious of neighbouring communities, parents and collaborators associated with Bellefonte Community College.

The inaugural ceremony commenced with the reading from the Word of God by Sr. Christina Kharkongor, Secretary and Animator of Mary Our Help Training Centre Bellefonte followed by the Prayer dance invoking blessings of God by the students. Sr. Catherine Susngi, Executive member gave the words of welcome while the students presented blossoming bouquets to the distinguished guests. In her address she also thanked all the persons responsible for actualizing Bellefonte Community College through a project from North Eastern Council (NEC). The project has enabled Bellefonte



Community College to launch into giving life and purpose to many underprivileged students through job-oriented skills and vocational training. The building was officially inaugurated by the Chief Guest Shri D.P Wahlang and blessed by Rev Fr. John Madur. Speaking on this occasion, the Chief Guest deeply appreciated the remarkable steps taken by the Institution to uphold young people especially the less privilege and dropouts by channelizing them to find purpose in life through various fields of education, which could profit them. Bellefonte Community College is the right place to venture their dreams and aspirations, he exhorted and encouraged young people to come forward and be part of this dream.

The festive day was made vibrant and exuberant with the colourful dances and songs from the students centered on the main theme “Caring for Mother Earth”. Each item was displayed creatively and artistically on the stage mobilizing everyone to focus on this most urgent need of the era and imbibing aesthetic value on ecology. Finally, the programme concluded with a patriotic National Anthem.

Sr. Mildaris Marweñ

Outing to Syntu Ksiar for Oratory Children

On 4 May 2019 the House Oratory of Bellefonte Community organized an outing to Syntu Ksiar Jowai for the oratory children under the guidance of Sr. Mildaris Marweñ and the Novices.

With hearts full of joy and excitement the children along with the Sisters left the house at 9 in the morning. They had a



unique life-breath experience. According to the weather forecast it was predicted that there would be heavy rain and storm and so it did happen. Some parents did not send their children but to those who turned up, just the same they had a delightful moment and were filled with awe at the wonderful creation of God. They enjoyed themselves in the swimming pool and also with some other games. They had lunch together by sharing all that they had brought and prepared from home. They were overjoyed to get such an opportunity. They spent the day meaningfully in spite of the rain. They returned home with hearts full of happiness and satisfaction. We thanked God for the protection He had given despite the odd weather.

Sr. Wankyrkhu Biam (2nd Year Novice)

World Environment Day 2019

Bellefonte Community College celebrated the World Environment Day 2019 in the school campus on 4 June 2019. The programme began with the get together in the hall at 11:30 am. The event was well organized by the Class X (NIOS) students under the able leadership of the teachers, Mrs. Biona Syndor and Miss Anastasia Sariang.



A student presented a speech on Air pollution, its causes and some solutions to curb it. Some students performed a song on mother earth and a dance appealing to save trees, which captured the attention and admiration of everyone. Sr. Helen Puwein, Principal gave a speech on the importance of water and our responsibility to care for it during the morning assembly, while Sr. Mildaris Marweñ gave some apt messages based on the theme of the day especially to protect the mother earth by concretely taking every little acts towards a greener world. The highest significance of the day's function was the planting of saplings in the compound that the students themselves brought.

Sr. Beltiful Kharsnar

Novices Parents' Day

The Parents' Day of the Novices of Shillong Province took place on 9 May 2019 the birthday of Mother Mazzarello. The main aim of the gathering was, "Getting to know each other". They had been preparing for this day with nine days of novena and for each day they offered special prayer for the parents of the novices from different regions and for all the benefactors who had helped them to reach this far.

The gathering began with a prayer service and Sr. Rosa Pyngrope the Novice Mistress warmly welcomed the Parents. On this day the Novices presented to their parents the various activities in the novitiate and also thanked them for their generous contribution. Ample time was given for the parents too to express their views, expectations and feedback with regard to the formation in the novitiate. Some parents took the chance and voiced out their sincere gratitude to the Formators and encouraged the novices to forge ahead with courage and trust. This was followed by a session from the Animator Sr. Christina Kharkongor titled, "God: the fount of the family" in which she emphasized on the duties of parents towards their children. The day concluded with a thanksgiving prayer animated by the Novices and the parents left for their respective families.

Sr. Nangaibor Dkhar (1st year novice)

Marian Day celebration at Nongkohlew village

On 19 May 2019 a Marian Day was organized in the village of Nongkohlew. The day began with the Holy Eucharist presided over by Fr. Benedict

Kharlyngdoh SDB. On this special day the two second year novices, Sr. Kmenlang Pasi and Sr. Daphira Lawai together with three Brothers from Sacred Heart Theological College conducted a Marian programme for the Oratorians.

At the very outset an introductory speech was given by Sr. Kmenlang Pasi followed by prayer service animated by the novices in front of the statue of Mother Mary. The Oratorians took part actively in all the events like quiz competition, singing competition, acting out and some other activities. At the end of the day they expressed their heartfelt gratitude to the Brothers and Sisters for organizing such a programme, which really helped them to deepen their knowledge about Mother Mary and increase their love and devotion to her.

Sr. Kmenlang Pasi (2nd year novice)

Parents' Day at Mawpat Oratory

The Oratorians of Mawpat Centre celebrated Parents' Day at St. Mary's Church, Mawpat - Shillong on



19 May 2019. The theme for the celebration was, "As for me and my family, we will serve the Lord" Joshua 24:15. One hundred and sixty (160) parents turned up for the day along with some special invitees.

The day started with the Morning Prayer followed by the Holy Eucharist presided over by the Parish Priest Fr. Kuriakose Mundackatt CMF. In his homily he stressed on the theme of the day and encouraged the parents to send their children to the Oratory. In the afternoon, after the Prayer Service and Benediction the oratorians felicitated their parents with various items according to their groups in the Claret Hall. Speeches from Fr. Kuriakose, Sr. Nildalin Kharkongor and some representatives from the parents gave meaningful and solid values to the children and parents as well. The day concluded with light refreshments prepared by the Sisters and the Oratorians.

*Sr. Eudashisha Sohshang
(2nd year novice)*

Pilgrimage to Don Bosco Shrine

The Novices of the Immaculate Heart of Mary Novitiate organized a day of pilgrimage to Don Bosco Shrine Sohra on 30 May 2019 under the leadership of Sr. Rosa Pynngrope, the Novice Mistress and the two Assistants, Sr. Nildalin Kharkongor and Sr. Rodalin Kamar.

The day commenced with a short prayer outside the Shrine where everyone reconciled with each other before entering the house of God, then proceeded in procession to the Church. Immediately, the Holy Eucharist from the proper of

St. John Bosco was presided over by Fr. Anthony Roy SDB, Parish Priest of Sohra. In his homily he stressed on three points 'the New School of Sanctity of Don Bosco' i.e. our call to Salesian vocation, be an apostle to the young after the heart of Don Bosco and Mediocrity - the sickness of religious life. In the afternoon the whole hours were spent in prayer and reflection near the casket of Don Bosco. The pilgrimage was undertaken as part of the preparation for the next step in religious life namely 2nd year novices towards their First Profession and the first year to the second year of formation as novices.

Sr. Darisuk Shabong (1st year novice)



Distribution of Diploma Certificate and Machine

On 3 May 2019 St Mary Mazzarello Vocational Training Centre Garobadha distributed Diploma certificates and sewing machines to the trainees who have successfully completed the course.

The day began with the felicitation programme in the presence of Sir Majnu Hajong Industrial Promotion Officer of South West Garo Hills Ampati. Sr Albina Phangchopi the director with the help of one teacher gave them one year training. This year there were 24 trainees and of which 10 of them received the sewing machine while the rest received money and certificate.



Feast of Mother Mazzarello celebrated

The feast of St. Mary Domenica Mazzarello the patron of the community was marked with a solemn Holy Eucharistic celebration on 13 May 2019. Rt. Rev. Andrew R Marak, Bishop of Tura Diocese was the main celebrant and eight other Priests concelebrated in the same. The presence of the Brothers, Sisters of other congregations, Salesian Cooperators, Marian Solidarity, St. Joseph



Sodality, youth and many others added joy and togetherness to the celebration.

The boarders and Sisters put up a stage programme in honour of Our Mother and Co-foundress on the vigil of the feast. Songs, dances and a skit on the life of Mother Mazzarello were enacted inviting everyone present to imbue the virtues of this simple yet great saint of the Salesian Family.

Celebrating Mary's Presence - Marian Month

The month of May has rejuvenated up the love and devotion to the Blessed Virgin Mary through the creative animation of the Holy Rosary. This was done in groups for both the boarding boys and girls.

Each day of the month under the guidance of the Sister and Brother in charge of the young people of the respective boarding enacted on various scenes from the life of Mary and gave inspiring talks on Mary. Even for the venue it was alternately conducted in the Parish and convent. It was a wonderful experience to see the children praying with great devotion. On the last day of the month, Marian Procession was held in the Parish along with the faithful and followed by the Holy Eucharist.

Sr. Embhahlang Dhar

The function of education is to teach one to think intensively and to think critically. Intelligence plus character - that is the goal of true education

- Martin Luther King, Jr.



Investiture day of St. Mary Mazzarello Convent Jowai

23 March 2019 marked a special day for the boarders of Jowai as there was the pledge-taking of the new leaders of the year. All of them were thrilled with joy and excitement as it was for the first time to have such a solemn ceremony in the boarding. All the Sisters were present on the day. Sr. Khonglah Sylvestra the animator was the Chief Guest of the programme.

It commenced with the traditional dance and followed by the march past where the three groups form part of the contingents; Salesian group, Marian group and Angels group. Beginning with the boarding Captain and Vice-Captain, the captains and the Vice-captains of the three groups came forward and pledged on behalf of the boarders. This gesture revealed their readiness to remain faithful, loyal, honest, dutiful to the responsibilities assigned to them and above all to abide by



the rules and norms of the boarding. Soon after, distribution of badges followed. The function added more beauty by the beautiful presentation of the Mass drill. Sr. Sylvestra Khonglah the animator who at the same time Guest of the day then addressed the boarders with her short encouraging and inspiring thoughts on how to give their best integrally as students. Further, she exhorted them that cooperation is to be practiced daily. The ceremony concluded with the dance entitled “beautiful life” from the Marian group.

Sr. Risalin Kharkongor

Farewell cum Past Pupils Enrolment

On 19 March 2019 the School bade farewell to the SSLC and HSSLC students of the School. The present Class X and Class XII students together with their teachers were the main organizers of the day. The ceremony was held at 1pm in the School Hall.

It was a gathering of mixed feeling when one could feel the pain of departure but on the other hand thanks to the tradition of the school the outgoing students are linked to the school through



the Past-pupils Association. 88 students were enrolled to the association through a meaningful prayer moment conducted by the Principal, Sr. Madona Lytep. The new members made a pledge and a badge of the association was given to each of them. Smt. Hilda Pasi an Asst. teacher and secretary of Past Pupils of Jowai Unit welcomed the new members to the Association. On this occasion Sr. Sylvestra Khonglah, animator and Sr. Madona gave inspiring speeches and the students presented a dance, a skit, songs and farewell address. The gathering concluded with light refreshments.

Rikynrad Lyngdoh
(School Vice-Captain)

Professional Development Programme for Teachers

Five Higher Secondary teachers of the School participated in the Professional Development Programme for Teachers organized by the Government of Meghalaya for aided schools in the state from 1 – 6 April 2019 at Pastoral Centre, Cleve Colony Shillong. The resource person who conducted the training was Mrs. Santhi Narayan, a teacher from Delhi.

As part of a larger programme “Supporting Human Capital Development in Meghalaya”, the Government of Meghalaya has made important provisions for training Secondary and Higher Secondary teachers to improve the teaching and learning standards in government aided schools. 61 teachers from all over the state participated in the training and one Secondary teacher of our school co-facilitated in the programme. The topics dealt with were Motivation



of Learners, Classroom management, Coping with Individual Differences in the classroom, Rubric assessments, Bloom's Taxonomy, Preparation of Lesson Plan and Professional Learning Communities (PLC). Through case study, group discussion, presentations, games, and role-play the lessons were brought home to the teacher trainees. The Professional Development Programme ended with a Cultural programme and a photo session.

Smt. Niwanly Laloo (Teacher)

Enrolment of the New Members of Guide Association

The 4th of April 2019 was a memorable day for the five students of St. Mary Mazzarello Girls' Higher Secondary School, Jowai who enrolled into the Guides Association. Sr. Sylvestra Khonglah the Secretary of the school was the Chief Guest and Smt. Chwadaka Laloo Additional District Counsellor of the Guides Association of Jowai Unit was the Guest of Honour.

The most significant moment of the ceremony was the Guides pledge and singing of the Anthem. All the speakers

highlighted the motto of the Guides, "Be Prepared". Present for the enrolment ceremony were Sr. Madona Lytep Principal, Smt. Cornelia Susngi the District Training Counsellor of the Guides Association of West Jaintia Hills District, Smt. Sngi Hadia Guides Captain of Nangbah Government Upper Primary School and Smt. Ripa Rymbai Guides Captain of Chiliang Raji School Jowai. Smt. Modistilin Marbanianang Guides Captain and Smt. Evadelicia Laloo Asst. Guides Captain of the school prepared the girls for this great day.

Evalyne T. Tariang (Guide Captain)

Celebration of the feast of Mother Mazzarello

The Annual feast of St. Mary Domenica Mazzarello the patroness of the school was celebrated with enthusiasm and devotion on 10 May 2019 with the theme, "**Mother Mazzarello fountain of love and humility**" at 9.00 am in school playground.

The celebration began with a short prayer service in honour of the saint led by Sr. Madona Lytep, Principal and a short life sketch of Mary Domenica Mazzarello was presented by one of the students. Later



various competitions were organized for students of different sections; an essay competition for the higher secondary and secondary sections, drawing competition and poem composition based on the life of Mary Domenica Mazzarello for all the sections. In the afternoon, a video show was shown to students on the life of Mary Domenica Mazzarello in school auditorium. Students were seen enjoying and learning the true mission of the saint and the Salesian sisters as a whole. Prizes were awarded for the best three of all the categories of competitions.

In the convent the feast of Mother Mazzarello was celebrated on 13 May. Rt. Rev. Victor Lyngdoh, Bishop of Jowai Diocese presided over the Holy Eucharistic celebration and concelebrated by Fr. William Kujur SDB. The Salesian Co-operators, past pupils and some invitees joined in the feast day Mass. The Sisters animated a triduum as a preparation for the feast of the patron of the house and school as well.

Shri Wansahlang Satein (Teacher)

Develop a passion for learning. If you do, you will never cease to grow
- Anthony J D'Angelo



Training Programme for Farmers

On 27 March 2019 a training programme was conducted for the farmers of Khapmara village on Ginger and Turmeric plantation. The resource person Dr. Utpal Barua horticulture specialist from KVK ICAR helped the participants to learn the scientific way of plantation. 20 of them took part in the training programme.

Dr. Barua taught the participants the way of cutting and planting in the trays and then to be transplanted after few days. The participants showed keen interest in what was taught to them and were very spontaneous and prompt in their interaction particularly clearing their doubts and other queries. They were grateful for the opportunity given to them and thanked the resource person profusely.

Sr. Jenita Nongbri





Awareness Programme on Premarital Sex for Post SSLC students

On 19 March 2019 the School organized a half-day session on “Premarital Sex” for the post SSLC Examination students numbering 47 of them. Sr. Icydora Pasi B.Sc. Nurse was the resource person of the programme.



The day opened with a short prayer by Sr. Matilda Kharjana the animator, and Sr. Jubil Mary Dkhar, Headmistress welcomed all present. Sr. Icydora introduced the topic of the day through the reading of the Word of God from the Book of Genesis. She reflected the same with the participants on the beauty of God’s creation and gradually linked them to the topic of the day. Titled, “Sweet and sour premarital sex and after” the session brought to light the main problems of early and unplanned marriage or premarital sex. This was then followed by a group

work and the feedback that came from the students which signified that they have understood the matter dealt with. The session concluded with the hymn, “Great things happen when God mixes with us” and the students expressed their gratitude to Sr. Icydora and the School for arranging such an important programme.

Sr. Icydora Pasi

Annual School Sports Meet

On 20 – 22 March 2019 the Sisters, Staff and students of Sacred Heart Secondary School, Lamysriang held a three-day sports meet of the school. It was combined with the Pledge – taking Day for the Captains of the School and the various houses. The Chief Guest was Shri Victor Suja, Sports President of Saipung Block, and the Guest of Honour, Mr. Reading War, lawyer and many other special invitees.

All the events were held at the school ground. The solemn Pledge-taking ceremony initiated the day’s events and rest of the sports events followed. The Chief Guest, Mr. Victor and Mr. Reading,



Guest of Honour emphasized their speech on the importance of Sports and games. They encouraged the students to take part in the events, as it would help them stay fit. Soon after the speech the Chief Guest Mr. Victor Suja declared the School Sports opened which received a thunderous applause and cheers of the students.

The different events consisted of the race, high jump, long jump, shot put, discus throw, javelin throw and relay race etc. The teachers and students of the respective houses took part in full gusto and made every event successful. The third day of the sport meet had a special event for teachers namely the 200m race. The sports event concluded with the prize distribution in which the Yellow House emerged as winners and also awarded as the Best March Pass contingent. The Green House got the Best Discipline Award and the best Athlete of the year went to Mr. Alexander Bareh of Green house.

*Mrs. Krenita Bareh
(Teacher)*

He also spoke on the Why and How the NGT have banned mining in East Jaiñtia Hills District of Meghalaya. After the brief explanation on the proposed theme he also asked for a feedback in which some of the students along with their teacher, Sir Narayan Sharma provided satisfactory feedback on how the parents of the students were the victims as these activities were their livelihood survival and what measures to be taken to tackle their miseries. Before the conclusion of the



Awareness Programme on: Threat to life arising out of Rat-hole coal mining

On 8 April 2019 Sacred Heart Secondary School, Lamyrsiang conducted an awareness programme on “Threat to life arising out of Rat-hole coal mining. Mr. Bimal Lyngdoh of Education department DSEO, Khliehriat District was the resource person of the day.

Firstly, Mr. Bimal Lyngdoh explained the meaning of the theme, which was not strange to the students and teachers.

programme on behalf of the Government, Mr. Bimal distributed the papers for feedback, which would be submitted to the office of the Education Department. The school took it seriously and formed groups of students adjoined with 3-4 teachers to pen down the questions on the different forms of merits and demerits of rat-hole mining system.

*Mrs. Nidahun Shadap
(Teacher)*

***An investment in knowledge pays
the best interest.
- Benjamin Franklin***



Annual School Sports

St. Francis School Mawkyndeng organized two days of School Sports for the students on the 7 and 8 March 2019. Mrs. Santi Mary Synnah was the Chief Guest for the opening ceremony. Sr. Aitihun Lawai and the staff of St. Dominic RCLP School together with the parents of the students were the special invitees. Sr. Rufina Suting, headmistress welcomed everyone to the gathering.

The highlights of the events were inter-house March pass competition, Drill display, few colourful items, relay race, tug of war, 7 hundred meters race and distribution of prizes to the winners. Speaking on the occasion the Chief Guest considered the students lucky to be part of the school. She exhorted them to work hard in both academic and co-curricular activities. The Sisters, teachers and students; all took part actively in



all the events which made the School Sports a successful one. Sr. Sandra Diengdoh on behalf of the management thanked everyone for their wholehearted collaboration.

Sr. Sandra Diengdoh

Celebration of the feast of Mother General

The whole community was actively involved in celebrating the World Day of Gratitude on 26 April 2019. The Holy Eucharist was celebrated in the Parish Church and the Sisters animated the liturgy. All the prayer moments too were meaningfully celebrated. It was an opportune occasion in which the Sisters made known to the faithful too about the feast.

After Mass the children assembled together in the common room and wished the Sisters with a lively festal song. The evening programme was held on 28 April with the different groups showcasing their lively performance. A Skit prepared by Sr. Aitihun Lawai on the theme 'I entrust them to you' was the main item of the



day. It displayed four scenes: the flight to Egypt, the plight of the immigrants, the new forms of slavery and the new ray of hope based on the letter of Sr. Chiara Cazzuola. At the end of the programme Sr. Maria Goretti Nongrum, our animator gave a short message based on the skit and expressed her appreciation for the whole programme.

The celebration started with a month's time preparation through prayers, special intentions during Rosary and board display that reminded everyone of the significance of the feast. On the eve of the celebration, the community along with the boarding girls gathered together for a Vigil Service and Adoration to praise and thank God for the gift of Mother General the bond of unity in our Institute.

Sr. Aitihun Lawai



Regional Tri-monthly Recollection

On 30 March 2019 the community was glad to host the Sisters from Saiden and Mawtnum communities who have come for the regional monthly recollection of Ri-Bhoi District.

The day of prayer and recollection began with the prayer for a happy death followed by the exposition of the Blessed Sacrament. The day was spent silently in the company of our Lord and Master. Fr. Saji Stephan SDB Rector of Don Bosco

Aspirantate Nonglakhiat gave a talk based on the gospel passage where Jesus asked Peter Who do you say I am. He enriched the Sisters with beautiful reflection on the passage from Matthew 16. After the talk the Sisters had the opportunity of approaching the throne of God's mercy through the Sacrament of Reconciliation. The day concluded with the celebration of the Holy Eucharist. After the Mass all had tea and departed to their respective communities.



Celebration of the feast of Mother Mazzarello

The feast of Mother Mazzarello was solemnly celebrated on 13 May 2019. The day started with a meaningful Morning Prayer animated by Sr. Hunbih Dkhar. The climax of the day was the celebration of the Holy Eucharist in the evening presided over by Fr. Balestine Marbaniang, Parish Priest of Epiphany Parish, Mawbri.

At the introduction, a brief life sketch of the saint was read out to make her known to all present. In his homily, Fr. Balestine stressed on Mazzarello's love for God in the Eucharist that sustained her throughout life. He invited the gathering too to do the same. The angelic choir by



Sr. Asunta Lyngdoh and the Boarders added devotion, joy and solemnity to the celebration. It was such a memorable day for the community as we had this opportunity to celebrate the feast of Mother Mazzarello in the presence of many religious men and women together with the lay people.

Sr. Joplanglin Nongkseh



this programme and they were inspired to develop the hobby of collecting stamps. At the end of the programme, refreshment was distributed for all the teachers and students who were present there.

Melody Nongbri (Class X A)



Awareness Programme on Philatelic Stamp

On 7 March 2019, the students of Classes IX and X had an Awareness Programme on Philatelic Stamp Collection, my Stamp etc. The members of the department of the Post Office of Meghalaya animated the programme. The programme began with the introduction followed by the presentation that the Postal Stamp was introduced in our Country on 1st May 1840. After the presentation they had the interaction and quiz. The students actively participated in

International Women's Day Celebration

To mark the day 8 March as the day for all women, all the lady teachers were invited in front of the Assembly in which the students presented them a posy. Sr. Rosina Susngi gave a beautiful message commenting on the theme of the day "Balance for better". A talk on "Early Marriage" was given for the students of Classes X and XII by Sr. Elizabeth Thannimoottil. Through her talk and presentation, students were reminded that the body is the Temple of the Holy Spirit. She also said that true love could lead to a planned marriage. She also stressed that early marriage can cause a lot of problems. She also gave some guidelines on how to handle the problems that the young people are facing in their lives. The students actively participated in her talk and had interactions too.

Madona Dhar (Class X A)

'De-worming Programme conducted in the School



The Health Department, Shillong, Meghalaya conducted a 'De-worming Programme' on 25 April 2019 in the school campus. The Deputy Commissioner of East Khasi Hills, Shri Abhishek Bhagotia IAS, attended the programme along with some Health Department Officials. The Deputy Commissioner gave a short talk on the importance of this programme. He urged on the need of creating awareness among the people about this health issue. Some students were handpicked and de-worming tablets were distributed to them during the function. In the afternoon, all students of the school were asked to inform their parents about the programme of the 'De-worming and to get their parents' permission to take the De-worming tablets on the following day.

Mrs. Leena Rose Lyngdoh (Teacher)

Drawing Competition

On 26 April 2019 at 1:00 pm the school under the supervision of the Principal Sr. Lydia Pala and the Staff conducted a Drawing and Painting Competition among the students of the school, from



classes VII – XII on the various themes and topics. Many students actively participated in this competition. Those students (artists) who were qualified for the second round can get their chance to paint, draw and show their artistic talents by painting and drawing against the walls of the school campus on the theme and the topic allotted to them, to make the school campus beautiful and colourful.

*Sir Rollingstar Kharumnuid
(Teacher)*

World Gratitude Day

Happy feast day and thanks be to God resonated in the campus on 26 April 2019 as the FMA World celebrated the World Feast of Gratitude. The day began with a prayer, thanking God for the gift of Mother Yvonne Reungoat, Superior



General of the Salesian Sisters. This was followed by the celebration of the Holy Eucharist.

During the School Assembly, the Mornesian Club under the leadership of Sr. Mildred Kharsyiemlieh and Mrs. Amabilis Susngi animated the prayer service. The whole school joined their hearts and voices imploring God's blessing upon our dear Mother General and the noble mission the Lord has entrusted to her. The theme of the celebration "I entrust them to you" was proclaimed through a song presented by a group of boarders. The service concluded with a message from Sr. Teresa Kamsuan, the animator.

Sr. Bertina Kurbah

Celebration of Mother Mazzarello's Feast

The feast of Mother Mazzarello was celebrated on 13 May 2019 both in the School and the Convent as well.

In the School, the programme began with a Prayer Service animated by the teachers and students followed by the floral tribute to Mother Mazzarello. The celebration continued with the different items presented by the students of the different sections. Sr. Teresa Kamsuan, the animator gave a beautiful and short message in which she stressed on two points that all of us must try to live to spend at least fifteen minutes every day talking to God and to be human in our dealings. After her message, more items followed and the joy and celebration seemed endless. The celebration concluded with a vote of thanks from the Principal, Sr. Lydia Pala thanking everyone for the effort and time to make the celebration so joyful and meaningful.



In the evening at 6.30 the Holy Eucharistic celebration in the convent was presided over by Archbishop Dominic Jala SDB along with 15 other con-celebrants. The religious institutions from the nearby communities and the representatives of the Salesian cooperators too were present on this solemnity. In his homily Archbishop commented on the reading taken from the Book of Revelation, about the myriads of Angels and Saints in heaven and that Mother Mazzarello too was one of them. They from heaven are looking at each one of us and intercede for us. He also stressed on the life lived by Mother Mazzarello a life of humility and holiness which is to be imbibed by each one of us her daughters.

Sr. Bertina Kurbah

***Nothing in this world can take the place
of persistence.***

***Talent will not: nothing is more common
than unsuccessful men with talent.***

***Genius will not; unrewarded genius is
almost a proverb.***

***Education will not: the world is full of
educated derelicts.***

***Persistence and determination alone
are omnipotent.***

- Calvin Coolidge



Celebration of World Gratitude Day

“Entrust them to you” was the slogan that led the celebration of the World Gratitude Day worldwide. On 26 April 2019 the community at Auxilium Lum Jingshai Mawroh too joined in this loving celebration of the feast of Mother General.



The celebration began with the Morning Prayer based on the theme “I entrust them to you”. After the Morning Prayer the Sisters together with the boarders prayed the Holy Rosary putting special intentions for Mother General. In the school too, a short prayer service during assembly was conducted praying for the same. After the prayer Sr. Bontila Makdoh explained to the students and teachers about the work of Mother General and her Councillors. The decorated picture of Mother General and Councillors was placed in front of the school for the whole day. In the evening the boarders performed few items in honour of the feast. The day ended with the goodnight thought from Sr. Cecilia Ksoo, animator.

Sr. Bontila Makdoh

Feast of Mother Mazzarello

Every 13th May brings in joyful notes of thanksgiving as we celebrate the solemnity of St. Mary Domenica Mazzarello our co-foundress. This year too the day was well spent with prayer and reflection on her life.



In the School the Sisters, teachers and the students from different classes presented songs, dance, skit and the other items related with the life of Mother Mazzarello. Sr. Cecilia Ksoo the Headmistress of the school gave a short speech on the feast of the day. Sweets were distributed to all the children in the school. In the evening Fr. Kevin Ward from Nonbah and Fr. Severin Lyngdoh from Kynshi celebrated the Holy Eucharist in the house. The community invited the Sisters from Nongkasen Parish and Kynshi Parish and the faithful of the locality. In the homily, Fr. Kevin highlighted very well about the life and virtues of our saintly Mother. The presence of the Sisters and the faithful added joy to the celebration. After Mass dinner was served for all.

Sr. Joycymary Nongsbap

Feast of Mary Help of Christians

The Feast of Mary Help of Christians on 24 May marked the feast day of the school. The feast was celebrated in a fitting manner with various animation and activities.

The celebration in the school commenced at 10.30am in which the teachers and students celebrated the feast with a display of different items. The boarders acted a drama on the life of "Laura Vicuna". The wonderful acting and the message drawn from the drama

have touched the hearts of many. After the programme sweets were distributed to all the children as they left the hall.

The day concluded with the solemn celebration of Holy Eucharist by Fr. Kevin Ward. In his homily he spoke on the life of Mary and her virtues. The young people of the village were invited for the Holy Mass. The most wonderful and beautiful thing about the day was that seven girls of the boarding received First Holy Communion. We prayed for them that Mother Mary would intercede for them and that they may grow in the love of God.

Sr. Christilin Marngar



Annual School Sports 2019

The much-awaited Annual school sport was held on 19 March 2019. With great zeal and excitement the day began with the inaugural function at 10.30 am. The Chief Guest for the occasion was Shri Dipul Ryntathiang the General Secretary of the PDF; representative of the MDC of Umsning constituency who was supposed to be the chief guest but due to some reasons Mr. Dipul was sent in her place.

The hoisting of the school flag which was followed by the impressive march pass by the students of the four houses, lighting of the sports torch and the oath taking ceremony marked the opening of the sports events. The chief guest addressed

the students wherein he outlined briefly the value of games and sports in student's life and possibilities of career option in this field. During the inaugural programme the children performed few items of songs and dances and it concluded with the display of a mass drill by the primary students.

The different sports items like races, throws and jumps followed one by one. The sports lasted for two days and on the following day at around 3.00 pm the sports



was concluded with the prize distribution ceremony. Sr. Celine Michael from Saiden was invited as the Guest of the day. Prizes were given to the best team, best march pass team and best discipline team. The last item of the eventful days was the de-hoisting of the school flag by Sr. Mary Lamare the Headmistress, which marked the official closing of the Annual School sports for the year.

World Gratitude Day Celebrated

On 26 April the community joined with entire FMA world to celebrate the feast of gratitude. The celebration was preceded with one-month preparation offering prayer for the whole Institute especially for Mother General Sr. Yvonne Reungoat. A well-animated Morning Prayer opened the day, which was followed by the Holy Eucharist in the Parish.

During the Holy Eucharis the celebrant invited everyone to pray for our Institute. The celebration continued in the school where the children gathered in the hall for the celebration. The children expressed their love and gratitude to Mother General through a colourful presentation of songs and dances. All the items were based on the slogan of the feast of Gratitude "I entrust



them to you". The day concluded with a meaningful praying of the Holy Rosary guided by Sr. Mary Lamare in which all the Sisters working in all the continents of the world were remembered in prayer.

Celebration of Salesian Feasts

A combined celebration of the Salesian feasts was held in the school on 24 May 2019. The children of the four houses presented items on their patron saints: Don Bosco, Dominic Savio, Mother Mazzarello and Mother Mary. It was edifying to see the interest put in by the class teachers to prepare the best item for their own class.



The whole school gathered in the hall and the programme began with the Red House who presented an item on Dominic Savio, the Blue House on Mother Mary depicting the wedding at Cana, the green house on Mother Mazzarello and the Yellow House on Don Bosco. It was an enriching experience for everyone and each house did their best in presenting their patron saint. Through this celebration all the students have learnt something about our Salesian saints. At the close of the items, Sr. Mary Lamare, Headmistress gave the message for the day and congratulated everyone for the successful programme.

Maiden Provincial Visitation

On 4th April with great joy the Sisters and the boarders welcomed our dear Sr. Elizabeth George on her first provincial visit to our community. She was welcomed with a lively dance by the boarders after which the whole community escorted her to the chapel for prayer. During the prayer moment Sr. Elizabeth was made to carry a mud pot and water was filled in to the pot a symbolic gesture of imploring God's blessings to be poured on her as she begins her visits.

In the evening of the same day we had a thanksgiving Eucharist by Fr. Augustine Kootala SDB from Nongpoh Parish. We had an enriching conference from Sr. Elizabeth after the Mass. On the following day, the students lined up with their colourful dresses to welcome her to the school. Sr. Elizabeth was honoured with the March pass by the four houses, followed by the presentation of songs and dances and the mass drill.



After the programme Sr. Elizabeth had the joy of meeting all the teachers where she appreciated them for their readiness to collaborate with the Sisters in their mission in the school. Though her visit was short she was able to interact with the co-workers and the boarders as well. We were very much enriched with her presence. In the afternoon after meeting with the house council she left for Saiden community.

Sr. Mary Lamare



Assuming Responsibilities in the School Leadership

The Investiture Ceremony was celebrated by the Auxilians to bestow the designation of the various captaincy while they pledged to perform their leadership well. This special day was celebrated on 27 April 2019 in the presence



of Shri Shaillesh Kumar Yadav IAS as the Chief Guest, Mrs. Neelam Dalal, Principal of the Army School as the Guest of Honor, Shri Abhijit Samajpati and Shri Anthony Debbarma, Parents of Poushali Chakma (Head Girl) and Priya Debbarma (School Captain) respectively.

The rendition of “I am a Girl” by the School Choir set the tone of the day. Further, the lighting of the Lamp by the respected dignitaries accompanied by the School Principal Sr. Albrida Pyngrope, and some student representatives officially marked the beginning of the celebration. Sr. Celine D’Cunha, Director then welcomed the gathering. The most awaited moment was the pledge taking ceremony by the captains coordinated by Sr. Rihun Sten, Vice Principal, Mr. Joydeep Sarkar and Miss Ankita Sengupta, where all the leaders took their pledge with full spirit and sense of responsibility that they would give their best in whatever they do.

The Chief Guest and Guest of honor expressed their great joy to have an opportunity to witness the pledge of young students. Through their messages they encouraged the students to take their responsibility of becoming great leaders who would inspire others by their life and to move ahead in life with great virtues and values.

The programme was a blend of various colours, cultures, traditions, rhythm and students took part with great enthusiasm in presenting their program. The programme concluded with a gesture of gratefulness expressed by Mr. Kaushik Saha staff member and the colourful dance steps of “Vande Mantaram” and the National Anthem to show love and respect for our Mother land India.

*Debadatta Biswas & Sohani
Chowdhury (Class –IX C)*

Inauguration and Blessing of Auxilium Home, Agartala

19 May 2019 was a red letter, historic and memorable day for the members of Auxilium Family, Agartala. In the presence of very many eminent guests and invitees the newly built residence cum hostel for girls “Auxilium Home” was inaugurated and blessed.



The entire programme was centered around the theme: The Lord himself will build a house for us.” (1 Sam 7:11) and “Now is the time to Give Thanks for all that God has done for us”. The residence was solemnly inaugurated by Sr. Elizabeth George FMA, Provincial of Shillong Province and Sr. Alphonsa Kurisinkal FMA Provincial of Guwahati Province, who was the pioneer of FMA presence in Tripura and who was responsible in buying the land, way back in 1998-99 and putting up a small residence that served the community for almost 20 years. Present for the occasion were Sr. Ivy D’Souza, former Provincial of the undivided Province of Shillong, Sr. Isabella Suja, former Provincial of Shillong, Sr. Christina Kharkongor the first Principal and Animator of Auxilium Girls’ School, Agartala and the members of the Provincial Council and other sisters who had come from Shillong, Bishramganj as well as from Mandwi.

“Auxilium Home was solemnly blessed by Most Rev. Lumen Monteiro, CSC, DD, Bishop of Agartala in the presence of several priests and religious from nearby parishes and religious institutions, Salesian Cooperators, Past Pupils, Staff Members, friends and well-wishers of Auxilium. The well-built house, esthetically designed and beautifully maintained, and gracefully decorated was the attraction of the day. After the blessing there was the solemn Eucharistic celebration in the spacious and wonderfully and artistically decorated school auditorium, presided over by Most Rev. Lumen Monteiro with several priests from the Diocese of Agartala concelebrating. The meaningful Liturgy, the lively choir and the beautiful atmosphere made the whole event very prayerful and devotional. After the Eucharistic celebration there was a short felicitation ceremony, which was coordinated by Sr. Celine D’ Cunha, the Animator of the community, during which Most Rev. Bishop Lumen was congratulated and felicitated on his 23rd Episcopal

Ordination Anniversary to be celebrated on the 26th of the month, as well as all the major superiors, Sisters, Priests, Cooperators and Members of Managing Committee were also felicitated. She also gave a brief history of the house and the struggles

and challenges that the pioneers had to face in establishing the institution with just 43 students in 2003, which has now become a premier educational institution in the state catering to about 2300 girl children, ‘Giving wings to young dreams and aspirations.’”

After the cake was being cut to solemnize the events of the day and to commemorate the 23rd anniversary of the Diocese, a tasty meal was served for all in the open ground beautifully decorated with lights and music, meticulously planned and organized.

On 20 May 2019, a short felicitation programme was organized in the school to welcome and felicitate all the sisters who had come from Shillong and Guwahati. The Sisters were awestruck with the spectacular performance of the students who performed in huge numbers with perfection and grace, with an aura of joy and happiness and cheerfulness – truly a Salesian atmosphere, depicting wonderful cultural extravaganza of the region. To name some of the items: Tripuri Dance, Bengali Dance, Manipuri Dance, Karate Display, and with a message of Care for our common home and with songs and instrumentals – one better than the other – a wonderful feast to the soul. Earlier all the sisters were called to the stage and were felicitated with a school Sash, a Bouquet of flowers and a School Memento. Messages from the dignitaries only brought out praise and admiration for the Management, Staff and the Students who seem to excel in every way. Truly a tiny seed that was planted with vision and passion has grown into a mighty tree spreading its wings and making Auxilium an educational institution with a difference.

Sr. Celine D’ Cunha



Staff Enrichment Programme

The two-day seminar for the teachers was held in the school premises on 23 and 24 April 2019. The theme was on "Anchoring Our Teaching Profession". Fr. Norbert Menezes SJ Coordinator for Education from Patna Province was the resource person. Some books authored by him are *Walking With Students*, *Effective Study Skills*, *Your Children Their Future*, *Shaping A New India* to name a few.

The sessions stressed on teamwork and to build an inclusive society. Some of the strategies he discussed were: transition from good to great teacher, building an Inclusive society through education for social transformation, discernment for fruitful service to make right choices in life and the like. Fr. Norbert further led the group to learn the different and unique methodologies and tactics in order to make the class more



interactive and lively. Bloom's Taxonomy was also discussed at length. Other topics he pointed out were emotional learning system, promoting Social learning system and not to discriminate anyone and avoid corporal punishment. In these two days he also covered intricate topics like understanding the teenager's developing brain and dealing with adolescent psyche. "The seminar was full of discussions, lectures, group activities, ideas and enhancement of creative skills. It was a formative session with abundance of humor and laughter' complimented one teacher.

Ms. Ankita Sengupta (Staff Member)



Education is the most powerful weapon which you can use to change the world.
- Nelson Mandela

World Water Day - 2019

World Water Day is observed internationally every year on the 22nd of March. This year our School celebrated 'World Water Day' organized by members of the Eco Club. The main reason for celebrating this day was to inspire the students to learn more about water related issues and to take action to make a difference.

The students of the Club animated the morning assembly, with the theme '*the importance of water for our survival and progress*'. The session was also aimed at bringing awareness on conservation of water both for the current generation and the future generations to come. As part of the event, the students sang a song, entitled "The Water Song".

Mr. Gilbert Jyrwa (Teacher)

Annual Sports Meet 2019

The School Annual Sports Meet 2019 was held for three days from the 8 – 10 April. The theme of the Annual Sports Meet was “Play, Win, and Cheer!” The opening ceremony was held on the 8th of April in the school playground. The chief guest, Mrs. Evacorlin K. Diengdoh, Principal of Eriben Presbyterian Secondary School, inaugurated it.



On account of the incessant rain for two continuous days, games could not be held outdoors, so the organizers and the Principal put their heads together in planning the games indoor. It turned out to be a major success as all the students participated in the games with vigour and enthusiasm.

The final day of the sports meet was held on the 10th of April at the School ground. Mr. Latiplang Kharkongor, the MDC of Nongthymmai Constituency, was the Chief Guest and Fr. Glorious Syiemlieh SDB, the Parish Priest of Nongthymmai Parish, was the Guest of Honour. During the daylong festivity, each house put in their best effort to win the various games and events, but in the end it was the Red House, which was declared overall champion. The Green House won in the March Past Competition and it was also adjudged the best discipline team.

Miss Sakaru Pyrbot (Teacher)

Seminar for Young People at Nongkrem Oratory

The Sisters in charge of the Nongkrem Oratory organized a one-day seminar on 19 April 2019 for the young people of the oratory with the theme, “Young people, you are the present and make your future bright”. 40 youth participated in it and Sr. Jurilin Lyngkhoi animated the various sessions.

In the afternoon, the session began with the Chaplet of the Divine Mercy. After which different games were conducted for the children where they took part to their heart's content. The day concluded with thanksgiving to God and one another.

Sr Rishalin Warbah

World Gratitude Day Celebrated

26th April marked the celebration of World Gratitude Day. Joining the FMA world, the Staff and students of Auxilium School, Shillong celebrated the feast of Mother General Yvonne Reungoat with a special prayer moment during the morning Assembly, asking the blessing of God to be with her. In addition to the special prayer moment, the students also sang songs of gratitude and a student recited a poem on ‘The beauty of a Family’.

The students from Class X C took up the responsibility and organized the programme ably. In conclusion, Sr. Theresa Phawa, Vice Principal also enlightened the students on the Annual feast of Gratitude and its significance.

Professional Learning Community Training for Teachers

1 May 2019 marked an important milestone in the development of PLC in the School. The School had arranged for a training session on this day for all its teaching staff, with Dr. David Nongrum, Selection Grade Lecturer from D.E.R.T., as the head trainer. His team of assistant trainers, which included Dr. Baladianti Nongbri, Smt. Carleen Y. Kharmalki and Smt. Sengje Ch. Marak accompanied him.

In the first session of the training, Dr. Nongrum gave some insights into the meaning of PLC, types of PLC: horizontal and vertical, its scope and effectiveness. The second session commenced after the lunch break. During the session, the vertical PLCs formed a group each, and started working on a lesson plan. The main aim of this exercise was to refine the ways and methods of creating a lesson plan, making it more effective and delivering the best result to the learners. The other aim was to share its best practices.

Mr. Gilbert Jyrwa (Teacher)

Feast Day of the Oratorians at Umphyrnai Oratory

The Umphyrnai Oratory kept a day of celebration for the Oratorians on 2 May 2019 which coincided with the feast of the Ascension of the Lord. The Sisters and the Pre-Aspirants of the oratory went to the village early in the morning and got things ready for the proceedings of the days. 157 children turned up for the day's programme.



Being the Year of the Holy Eucharist as given by the Archdiocese of Shillong Sr. Juborlin Lyngkhoi gave a talk on the importance of the Holy Eucharist. Another session based on the fourth Commandment of God, "Honour your father and mother" was given by Bro. Shulin Kharkongor from Oriens Theological College Mawlai. It was admirable to witness the attention and interest that the oratorians took in all what was conducted for them.

Sr. Juborlin Lyngkhoi

Three feasts in one Celebration

The practice of a joint celebration the feast of Mary Help of Christians, St. Mary Mazzarello and Gratitude Day has made the festivity even more solemn and grand. This event was preceded with a weeklong preparation that was done with so much love and enthusiasm. The day chosen for this year's celebration was the 13 May. The programme was held in the afternoon.

On arriving at the venue, Sr. Marvella Shangpliang the Chief Guest of the day was welcomed with a loud cheer of joy and gratitude. Some students dressed up in their cultural attire, Sisters and teachers escorted her while the NCC cadets made the welcoming ceremony even more solemn with their slow march. A Prayer moment led by Ms. Rosetta Garod and the

Junior Red Cross members (JRC) opened the day's festivity. The items performed by different clubs were, Welcome song, prayer dance, drill display, thank you Song, dance, address, floral tribute to Mother Mary and Mother Mazzarello and the presentation of gifts. The floral tribute to Mother Mary and Mother Mazzarello was a scene to behold. The students brought plenty of fresh flowers that filled up the prepared baskets to the brim. Sr. Marvella in her message expressed her gratitude to everyone for the arrangement made to celebrate the day in a fitting manner and asked everyone to increase their love and devotion to Mary and to ask for the grace they need from Mother Mazzarello and exhorted everyone to live gratitude daily.

At the end of the programme, sweets were distributed to the students and for the teachers a cup of tea to mark the day of joy and celebration.

Sr. Joplin Suchiang

Winners of the Catechetical Bible Quiz Competition

Auxilium Girls' Higher Secondary School participated in the First Catechetical Bible Quiz Competition held at Sacred Heart Theological College, Mawlai on 18 May 2019. Lamonjanai Rynjah, a student of Class X and Carmelia Basuklang Kharkongor of Class XII, represented the school and they brought pride and honour to the school by winning the first prize.

The competition was conducted region wise and the first round of the competition for the Schools of Shillong region was held on the 4 May 2019



at St. Mary's Girls' Higher Secondary School, Shillong. Altogether five schools participated in the selection round. Auxilium and Stephen Memorial School, Mawlai were selected for the final round from the Shillong region. The winners of the different regions, which consisted of six schools, met for the final round. Auxilium Girls' Higher Secondary School competed with great enthusiasm and passion to win; and it was indeed a very tough competition. The final result was declared and Auxilium won the first prize by leading its strong and close competitor, St. Dominic School, Mawkyndeng by 10 points. Stephen Memorial School, Mawlai were the 2nd runner's up in the competition.

Miss Meboreen Thongni (Teacher)

Workshop on Road Safety

As part of the School's policy on Health and Safety, a workshop was conducted on 20 May 2019 with the core issue being "Road Safety". Mr. Gilbert Jyrwa, the coordinator for the workshop, delivered the message to the assembly of students on behalf of the School.

In his brief note, he talks about the essentials of road safety, laying more emphasis on the role of the pedestrians.

He explained to the students the basic traffic rules, the responsibility of motor vehicle drivers as well as pedestrians. As pedestrians, students were taught how to safely navigate the road while commuting from home to School and back. The workshop was meant to inculcate the sense of responsibility on the students and how they, themselves, should be responsible for their own safety on the road.

Mr. Gilbert Jyrwa (Teacher)

Celebration of School Feast

Auxilium School under the patronage of Mary Help of Christians celebrated the School feast in a unique way on 24 May 2019. Solemnizing the day, the School departed from the old practice of declaring a holiday, instead arranged an afternoon fiesta much to the amusement of the students. The day's celebration started in the early morning with the morning assembly dedicated to Mother Mary, Help of Christians. Sr. Regina Nongbri animated the morning assembly



with prayer and a devotional song. The Pre-aspirants enacted the "*The First Miracle of Jesus*" via a short play. Regular classes resumed after the morning assembly.

The afternoon session was all about fun and frolic. Sir Gilbert Jyrwa and Sir Jagadish Roy hosted the afternoon session with pomp and gaiety. Numerous games were organized like Treasure Hunt, Tug-of-War, Extempore Speech, Quiz and Dance Competition, with members from the different clubs participating in the competitions. The merriment went on and on with the students wishing the day never ended. But as the adage goes, "*All good things must come to an end*" the afternoon festivity too came to an end. Sr. Joplin Suchiang, the School's Principal, gave a parting speech to mark the end of the day's celebration.

World No Tobacco Day Observed

The World Health Organization observes World No Tobacco Day annually on the 31 May. As part of the worldwide campaign, the School observed the 'World No Tobacco Day' and raised awareness on the harmful and deadly effects of tobacco use and second-hand smoke exposure and to discourage the use of tobacco in any form.

Sir Nathaniel Lyngdoh in his talk highlighted the negative impact of tobacco consumption, how it affects the person in the beginning and how it gradually affects the entire family. After the enlightenment on the ill effects of tobacco the students took a pledge of not to smoke or use any tobacco products.

Mr. Gilbert Jyrwa (Teacher)

Visit to Rilang Children's Home

1 June 2019 turned out to be one of the happiest days for the Catechism students of Class XII. The reason being that they were able to share their joy and whatever little sacrifice they could with the forty five children of the Rilang Shelter Home at Nongrimbah - Nongshiliang, Nongthymmai.

As part of the class discussion on Lenten season, the students along with their teacher Sir Nathaniel Lyngdoh came up with an idea of saving whatever money one could and contribute to any centre that cares for the less privileged ones. No one was forced to do it but with one heart and soul they committed to this cause and the class collection amounted Rs. 8500/- from seventy students. So on 1 June the class visited Rilang Children's Home and presented their humble gifts, which consisted of a quintal of rice, 25 kgs of sugar, 20 packets of salt and stationery articles for each child in the home. On reaching the home, the Class XII students were accorded a welcome song. Then they had moments of prayer together and animated games for the boys. Prizes were given to the winners of the various activities. Some light refreshments were also shared with them. The young girls returned to the school with much joy and satisfaction.

Mr. Nathaniel Lyngdoh (Teacher)



SAIDEN

A Day of Stirring Experience with the Formation Team

1 3 April 2019 was one such memorable day, wherein Sr. Maria Nieves Reboso, the General Councillor for Formation along with her team, Sr. Maria Fisichella and Sr. Anelfreda Miranda visited the community of Auxilium Saiden, and a one-day programme was animated for the Candidates. The purpose of the meeting was to inculcate into their minds, the right motive of vocation and to provide a vivid image about Salesian Formation.

After the Holy Eucharist everyone gathered in the verandah to welcome the Sisters with the "Karbi Apongcho" shawl, followed with a welcome song. At 9 O'clock sharp the candidates gathered in the hall for the sessions.



Sr. Phyllis Bamon, the animator extended a warm welcome to the Formation Team, which was followed by the first session. Sr. Nieves and team helped the candidates to examine and strengthen their Salesian vocation. The formation period for Aspirants and Postulants was dealt with in depth centering on the Bible quotation, "Do whatever He tells you". At the close of the day the candidates came up with their creative gesture of gratitude. The concluding message of Sr. Nieves reminded everyone to make Jesus the center of all their being and doing.

*Felinicia Syiemlieh
& Bansara Kharsyiemiong (Aspirants)*

Children's Retreat at Jyntru Village

On 18 and 19 May 2019 the Salesian Cooperators together with Sr. Ethelda Laloo organized a Children's Retreat at Jyntru, for the Children of Umsaw Nongkharai Sub-district. The theme for the retreat was, "Be perfect as your Heavenly Father is perfect" (Mt. 5:48). It was indeed a great opportunity for the four Postulants Dashailin Nongshli, Fulljoy Nongsiej,

Rosilin Wahlang, Yonaris Lyngdoh Marshilong and two Aspirants Methelda Wanniang and Poilang Pyngrope to be part of this animation. There were around 300 hundred children who participated in the same.

For the smooth running of the retreat the children were divided into three groups according to their age. The Postulants and Aspirants delivered the prepared sessions on different topics and animated the children with songs and prayer moments too. The second day of the retreat proved its fruitfulness, as the children had learnt many things from the previous day's sessions, through the quiz competition that was conducted for them. The retreat concluded with the Holy Mass in the afternoon presided over by Rev. Fr. P.A Thomas SDB from Don Bosco Aspirantate, Nonglakhiat. After which all departed to their respective villages, carrying with them the joy of the Retreat.

Thanks to Sr. Phyllis Bamon, Animator and Sisters who gave us this great opportunity to be involved in the mission with the young and for their prayers and support.

*Fulljoy Nongsiej
& Rosilin Wahlang (Postulants)*

An Outing for the Oratorians

The three Oratory Centres namely Mawdiangum, Makoibari and Iewmawlong made the 19 May a memorable day for their Oratorians through their outing to Marngar Lake, Ri- Bhoi District. Sr. Deihok Mukhim and the Candidates in charge of these three oratories together with some parents of the Oratorians participated in the joy of the children through their presence.



The journey was really exciting and one could see the children's joy on their faces. Prior to the departure for the outing spot, at 12:00 noon, the candidates went to their respective oratories to fetch the children. When everything was ready, they set out for the journey. On reaching the destination, games were conducted for them and they were also given time to roam around and enjoy the nature. Sr. Deihok animated singing and dancing for the children, which made the day more enjoyable. Having had ample time for enjoyment, the day came to an end after tea, which was served at 4.30 p.m. Before leaving the spot, a photo session was taken

as a remembrance of this beautiful day. It was indeed a pleasant experience and the day was successful with the co-operation of the three centres.

**Iarikmen Rynjah (Aspirant)
& Lusimai Maiong (Postulant)**



Awareness Campaign on Rat- hole Coal Mining

An awareness campaign on the topic: "Threat to life arising out of Rat- Hole Coal Mining" was conducted creatively by the Headmistress, Staff and students of Auxilium Secondary School Saphai on the 23 April 2019 in collaboration with the Director of School Education and Literacy Meghalaya, Shillong.



At the very outset, the Headmistress highlighted the meaning of NGT (National Green Tribunal) Act, which is an Act of the Parliament of India, which enables creation of a special tribunal to handle the expeditious disposal of the

Cases pertaining to environmental issues. Few related pictures were shown to the students in order to enlighten them on the risks or the threat to life arising out of rat-hole coal mining, such as, what is rat-hole mining? Is rat-hole mining illegal? How does it hamper the environment? After the input session and discussion the students came up with valid points on the merits and demerits of rat-hole mining. It clearly showed that the students were made aware of this impending threat if not tackled in time.

In order to convey the same message to the inhabitants of the village, the Headmistress, Staff and Students of Auxilium Secondary School Saphai went on a rally around the Saphai village with slogans and placards such as: Stop rat-hole coal mining, Live green stay green, Stop deforestation, Preserve Mother Earth, Respect nature, Clean and green is our perfect dream etc. Photos, video clippings and interaction were taken during the awareness campaign and submitted to the Office of the District School Education Officer West Jaiñtia Hills Jowai.

Sr. Rishailin Rongrin

World Gratitude Day 2019

On 26 April 2019, Auxilium Secondary School celebrated the feast of Mother General Rev. Mother Yvonne Reungat. A prayer Moment was animated and various other items were performed expressing love and gratitude to her.

During the prayer moment, all offered their thanksgiving to God for the precious gift of our beloved Mother General and implored His manifold blessings upon her. It was followed by an introduction read by Pdianghunika Rabon of Blue



House highlighting the theme of the day: "Give me your tired, your poor, your huddled masses yearning to breathe free." The Animator of the community cum Headmistress Sr. Stella Mary Pasi spoke few words explaining about the above-mentioned theme and the slogan "I entrust them to you". All the items of the day focused on the theme of the celebration. The dance and song of the students of Red House and Green House respectively highlighted the spirit of joy and climax of the celebration. The beautiful skit "Forgiveness and Sacrifice" depicted by the yellow house witnessed the importance of a leader and Mother in a family. At the end of all the items, the students gave a thunderous applause to Mother General wishing her a happy Feast and echoed loud and clear 'Long Live Mother' "We love you Mother" "God Bless you Mother".

Sr. Stella Mary Pasi



Boarders Parents' Meet

After one month of the re-opening of the boarding the management called for a Parents' Meet on 9 March 2019. The parents who were well informed about the meeting turned up in big numbers



and were happy to collaborate with the proposals from the Boarding for the good of their children.

The boarders sang a welcome song and melted the hearts of their parents with their melodious voices. During the meeting the different activities of the boarders were presented which depicted an integral formation given to the young. Sr. Marcellina S. Sangma, Animator took up the points in the agenda one after the other. She stressed on the health and wellbeing of the boarders by avoiding junk food and to make the campus a plastic free zone, to enquire about the child's performance in studies, regulating and informing the time for visits and phone calls and above all she exhorted the parents to abide by the rules of the boarding.

The parents were very happy and they thanked the Sisters for making them important by discussing with them the different issues of the boarding. At the end Mr. Ronion T. Sangma one among those who were present at the meeting voiced out words of gratitude on behalf of all the parents.

Sr. Sabina Mawrie

Seminar for Teachers

Auxilium Secondary School Tura had a two-day seminar for all the teachers of the school on 5 and 6 April 2019. The resource person for the seminar was Sr. Manoda T. Sangma, Headmistress of Auxilium School, Dholai. Sr. Marcellina S. Sangma, Animator welcomed the teachers and Sr. Sonitha R. Marak guided the gathering in prayer.

The topics dealt with were: Effective teaching method, the idea of one minute: one minute goal, one minute praising and one minute recoveries, classroom management, facilitate creativity in children and individual differences. The learning outcomes were derived through various means like group work, games, and activities, role-play and demonstration. Sr. Manoda was very systematic in her presentation and helped them get home with the intended learning outcomes. The teachers expressed their special thanks to Sr. Marcellina too who intervened many times and encouraged them to benefit the most from the seminar.

Mr. Palseng M. Sangma (Teacher)



Seminar for YCSers at Diocese Level

On 6 April 2019 Auxilium Secondary School Tura took part in a one-day seminar for Young Christian Students (YCS) organized by Tura Diocese Catholic Youth Movement at Mini Pastoral Centre, Tura. Fr. Lyndoh T. Sangma, Diocesan Youth Secretary was the resource person of the day.



The Catholic students of Classes VIII and IX were the chosen ones for the said seminar. Fr. Lyndoh through the sessions reminded the young people that they are precious and loved by God. He also exhorted them to apply the Golden rules in their day-to-day dealings i) Sorry ii) Thank you iii) Excuse me and iv) Please. The seminar has helped the Catholic students on their call to be witnesses of Christ to others, to show good example in words and deeds. The students expressed their gratitude in being part of the programme organized by the Diocese

Way of the Cross in the House



As every year, this year too on 9 April 2019 the CMC of Cathedral Parish animated the Way of the Cross in our house as part of the Lenten devotion. Due to heavy rainfall the prayer was conducted in the convent hall. After the Way of the Cross, the Parish Priest Fr. Francis Kizhakkevelikkakathu, animated a healing prayer moment in which group by group the faithful came up before the Cross and were prayed over and blessed. We thank Fr. Francis and the CMC of Cathedral Parish Tura for choosing our house for all the people of the locality to come and share this beautiful and meaningful prayer experience.

Nevia A. Sangma (Boarder)

The memorable Easter Picnic 2019

The Easter Picnic to Bosco Mount, Rongkhon was jointly shared with the boarding boys from Bosco Home, Tura on 22 April 2019.



On reaching the picnic spot lively games were conducted for both the boys and girls by the Fathers and Brothers of Bosco Mount. Before lunch, the Holy Eucharist was presided over by Fr. Ignatius K. Sangma, Rector of Don Bosco Tura and concelebrated by Fr. Abhilash V J, Rector of Bosco Mount Rongkhon, Fr. Trenius N. Sangma, Principal of Don Bosco Higher Secondary School Tura and Fr. Daniel S. Sangma Dean of Study Bosco Mount Rongkhon. The well-organized day coupled with delicious food prepared by Sr. Marcellina S. Sangma, Animator and the Sisters made everybody happy and joyful. At the close of the day, prizes were distributed to all the winners of the different games.

This year the Holy Week Services were conducted in the Convent animated by the Sisters and the different groups. The community expressed its sincere gratitude to Fr. CJ Francis SDB, Rector of Don Bosco College Tura who helped in the celebration of the same.

Tanisha G. Momin (Boarder)

In solidarity with the Sri Lankan victims

To show our oneness with all the victims of the Sri Lanka Easter Bombings

28 April 2019 was kept as a day of prayer for them. At 5pm all gathered together in the Chapel for the exposition of the Blessed Sacrament and then three groups took turns and spent time for at least half an hour each. After the Adoration, all proceeded to the hall and lit candles in memory of the martyrs and spent some time in silent prayer in front of the picture of the Divine Mercy. The whole weeklong the boarders took turns and offered Mass for the Sri Lankan Easter Martyrs.

Nikchira D. Shira

The Solemnity of Mother Mazzarello

The celebration of the solemnity of St. Mary Mazzarello was held on 13 May 2019 in the community. All the religious communities and the parents of our FMA Sisters from nearby, our teachers and church leaders of our locality were invited for the feast. Another significant thing about the day was the reception of the First Holy Communion of ten boarders. Fr. Charles Sangma SDB Rector of Don Bosco Mendal was the main celebrant, concelebrated by 12 priests from the nearby communities.

Before Mass there was the flower tribute to Mother Mazzarello by



Fr. Charles representing the Salesian Family, Sr. Marcellina representing the FMA world, Mr. Dendhi representing parents and collaborators, Miss Sawelina for the educating community, Norombi and Anjilisha for the youth and Aviza for children. In his homily Fr. Charles reminded the assembly that Mother Mazzarello was a humble girl from the beginning and God made use of this peasant girl for His glory. A short and colourful stage items in honour of the saint followed after Mass. Soon after, all joined in the family meal. The celebration of the feast was anticipated in the School on 9 May 2019 with floral tribute and few items. The celebration of the feast was preceded by a month long preparation.

Sr. Sabina Mawrie

School week - A show of Talents

The school celebrated a weeklong talent show extravaganza from 27 May to 31 May 2019. Sr. Marcellina S. Sangma, Animator was our Chief Guest of the day. The celebration began with a short prayer service. At the inaugural function the Chief Guest reminded everyone that not only the lesson in the classroom that would give wisdom and knowledge,



instead curricular activities would help one to grow integrally.

The various competitions were organized for the various categories namely 'Kids Fashion Show' for classes I to III, 'Dry Flower Arrangement' for classes VIII to X, 'Essay Competition' for Classes VII to X, 'Singing & Drawing Competition' an open to all category, 'Extempore Speech' for Classes VI to X, 'Inter House Quiz & Skit Competition', 'Creative Art from Waste Materials' for Classes VI to X, 'Making things only with the Newspapers', 'Vegetables Carving' from Classes VI to X, 'Fancy Dress' from Classes I to V and 'Group Dance'. On the last day was the prize distribution and closing ceremony of the weeklong festivity. Sr. Sonitha R. Marak, Headmistress thanked Sr. Marcellina for her constant guidance and support and to all the Sisters, teachers and students for their co-operation and hardwork.

Tanisha G. Momin (Boarder)

Exhibition on Science and Nature

Under the guidance of the class teachers each class from I to X prepared a model to exhibit along with the explanation on 31 May 2019. The exhibition was opened after the conclusion of the school week



and displayed artistically in the hall. Sr. Marcellina S. Sangma, Animator and the Sisters juried the exhibition which comprised of three categories.

It was very interesting to see each class tried their best to win by making so much effort to create a model that was very attractive to the eyes of the others. The exhibition was based on “Science and Technology” and “Safe the earth, the Blue planet”. The model of class III ‘Safe Trees Safe Lives’ emerged as winners from the Junior group, in the sub-senior group that is from Classes V to VII, the model on ‘Recycling of Waste Water’ of Class VII were adjudged the winners, Class IX from the Senior Group with their model on ‘Safe Energy’ were declared the winners. When the winners were announced the hall resounded with cheers of hip hip hurray! We are the winners etc... this exhibition evoked in the hearts of the young minds to be thankful for the gift of wisdom and knowledge given to the teachers and the students and have enabled them to expose their capabilities. Longlive Auxilians Tura!

Nikchira D. Shira



Family Cell Programme cum Health Awareness

On 23 March 2019 Sr. Maristella Jyrwa and Sr. Dorathy Kharduit the members of the ‘Family Cell’ Umdang Unit conducted a two-day programme at Riangmaw village. Mr. Julius Nongdhar a core team member of the Family Commission of Nongstoin Diocese too was there. The purpose of the programme was to empower the families that they become domestic churches and Christ-centered families. 61 men and women took part in the programme.

Sr. Maristella and Mr. Julius took care of the spiritual part of the sessions like giving reflection from the Word of God, family prayer and the like. Sr. Dorathy the infirmarian of the Auxilium Care and Support Centre took care of the Health Awareness. She enlightened the gathering



on “Early Marriage, Alcohol addiction and its effect on health and family”. The Sisters also visited families and prayed wherever they visited. Special attention was also given to the children in which Sr. Maristella taught them Catechism lessons. The programme concluded with the celebration of the Holy Eucharist presided over by Fr. Johnny Nongkynrih the Assistant Parish Priest of Umdang Parish.

International Women’s Day

The Sisters of Auxilium Convent, Umdang in collaboration with the All Umdang Mothers Union observed the International Women’s Day in a very significant manner this year on 28 March, with the theme, “Think equal, build smart, innovate for change” at Don Bosco Secondary School, Umdang. The Chief Guest of the day was Ms. Badarity Lyngdoh, the niece of the late MLA Shri Hoping Stone Lyngdoh.

The Programme of the day began with the welcome address by Mrs. Activina Rongrin the president of the All Umdang Mothers Union followed by the welcome song from the youth of Umdang. The keynote address was delivered by Sr. Dorathy Kharduit the infirmarian of Auxilium Care and Support Centre, explaining about the meaning of the theme. There were a short skit, dance and song in between the talks based on the theme. The Chief Guest Ms. Badarity Lyngdoh in her speech spoke about the empowerment of women, the blessedness of the Khasi women for having a surname to a female comparing with the other parts of the world, and to take up the



means to empower oneself through different schemes offered by the Govt. Sr. Ester Marwein the animator of Auxilium Convent taking the place of the Guest of Honour Mr. Gigur Myrthong, MLA & MDC of Mawshynrut constituency who was not able to be present for the programme, gave a talk. She appreciated and encouraged the women and young people to work together for the betterment of the place. The day’s programme was concluded with a closing chorus by the boarders of Auxilium Convent under the leadership of Sr. Mejitha Marak the head assistant. Then all joined together for a fellowship meal.

Celebration of World Feast of Gratitude 2019

The preparation for the World Feast of Gratitude 2019 started on 26 March with a ‘Free Medical Camp cum Awareness Program’ for the different villages and



schools that are situated in Umdang. Through the programme the community was able to render some medical help for the poor and the needy in the village.

Throughout the one month, days were set aside to pray for our Beloved Mother General, for the General Councilors and the Visiting Councilors, the five continents and for the Province of Mary Immaculate, Bellflower California.

On 26 April 2019 the feast day was well animated centering the day's activities on Beloved Mother General. The Morning Prayer and the Holy Mass were offered for the intentions of Mother Yvonne. During the day a chain prayer of the Holy Rosary by different groups was kept and concluded with a solemn Adoration to the Blessed Sacrament. The day concluded with an evening program in which the Sisters and boarders expressed their love, affection and prayers for Mother General.

Sr. Dorothy Kharduit



Feast of Mother Mazzarello Celebrated

13 May 2019 brought along joyful notes of festivity being the feast of St. Mary Mazzarello, Mother and Co-foundress. The Holy Eucharist was celebrated in the Parish and the Sisters animated the liturgy. The Aspirants of Salesian Co-operators too were invited for this auspicious occasion and a good number of them responded to it.



The Holy Eucharist was solemnized by the Parish Priest Fr. A. Tomey together with Fr. T. Jonas, the Asst. Parish Priest. In his homily, Fr. Tomey highlighted some features of St. Mary Mazzarello's life, which were interconnected with the life of St. John Bosco. After Mass all came to the convent for a festal meal.

Prior to the feast day, right from the birthday of Mazzarello on 9 May and following with the days of the triduum special animation were taken up by the Sisters making the feast day a time of introspection as to imbibe the virtues lived by the Co-foundress.

Marian Month celebrated with Fervour

This year the celebration of the month of May brought in a lot of creativity and enthusiasm among the boarding boys and girls of Umswai.

The very first day of the month was marked with a short distance of Marian Procession from the School to the Parish. The boarding boys were encouraged to make in their own creativity a small altar of Mary along the way, which is also part of the competition. The girls instead, in their four different groups decorated Mary's picture as a banner for the procession.



Each day during the Holy Rosary, Fathers, Sisters and appointed boarding girls and boys gave a short talk based on the given theme on Mary.

24 May the Solemnity of Mary Help of Christians was marked with a singing competition for the boarding girls in the convent. All of them, big and small were excited to give their best in performing their different songs on Mary in different languages. These initiatives undoubtedly have helped the young people in some way or the other to increase their love and devotion to Mary.

Marian Procession at Umlapher

Sr. Melina Kharbani was invited to Umlapher village on 26 May 2019 for the Marian Procession of Amkachi Parish. During the Procession she gave a talk on Mary and encouraged the faithful to have great devotion to Mary. It was very



edifying to see the faithful who have come on foot from the different villages to be part of this devotion.

Salesian Cooperators' Animation Programme for the Aspiring Centre

On 2 June 2019 the Provincial Team of the Association of Salesian Cooperators, Shillong Province animated a one-day programme for the Aspirants of the Salesian Cooperators at Umswai.

Fr. A. L. Jose SDB, Salesian Province Delegate explained to the Aspirants on who can be a Salesian Cooperator, why should one be a Salesian Cooperator and what are the requirements or duties of a Salesian Cooperator. Mr. Anthony Laloo explained to them from the Project of Apostolic Life and the various activities undertaken citing the examples of other centres. The team from the Province consisted of Fr. A.L. Jose SDB, Mrs. Benita Marbaniang, Provincial Coordinator, Mrs. Bernadeth Mawkhlieng, Mrs. Mildred Iawphniaw and Mr. Anthony Laloo. Sr. Melina Kharbani the sister in charge of Salesian Cooperators took keen interest in the formation of the Aspirants and prepared them for the animation programme.

Sr. Melina Kharbani



MEDIA matters...

Know Your Gadgets - LAPTOP

The most important thing to consider when looking for the best laptop you can buy is that you think about what you're going to need that laptop to do. It's rarely ever a case of one size fits all. Some users need something lighter and more portable. Other users need discrete graphics for things like video editing or running high end games. There's a wide variety of sizes, features and prices, which makes choosing the best laptop a challenge.

Most laptops come with one of three operating systems: Windows, Apple (MacBooks) and Chrome OS. Choosing the right one is a personal preference, but here's a quick summary of what each offers.

- **WINDOWS**

The most flexible operating system, Windows appears on many more makes and models than Chrome OS or Mac OS X. Windows notebooks offer a wide array of features



from touch screens to fingerprint readers to dual graphics chips. Windows 10, the latest version of Microsoft's flagship operating system, provides a number of improvements over Windows 7 and 8, including the ability to switch between tablet and desktop modes, a revamped Start menu with live tiles and the powerful Cortana digital assistant.

- **APPLE MACOS HIGH SIERRA**

All MacBooks come with Apple's latest desktop operating system, macOS Mojave. Overall, the operating system offers similar functionality to Windows 10, but with a different take on the interface that substitutes an apps dock at the bottom of the screen for Microsoft's Start menu and taskbar. Instead of the Cortana digital assistant, Mac users get Siri. They can also perform transactions with Apple Pay, take calls or texts from their phones and unlock their laptops with an Apple Watch.



▪ **CHROME OS**

Found on inexpensive Chromebooks such as the Samsung Chromebook 3. Google's OS is simple and secure, but more limited than Windows or macOS.



Here are Some of the Main Components to Keep an Eye on.

- **CPU:** The “brain” of your computer, the processor has a huge influence on performance, but depending on what you want to do, even the least-expensive model may be good enough. Here's a rundown.
- ❖ **Intel Core i5:** If you're looking for a mainstream laptop with the best combination of price and performance, Core i5 CPU is the best. Models that end in U (ex: Core i5-7200U) are the most common. Those with the a Y in the name are low power and have worse performance while models with an HQ use more wattage and appear in thicker gaming and workstation systems. Intel's new 8th Generation CPUs have model numbers that begin with 8 (ex: Core i5-8250U) and double the number of cores from two to four, which dramatically improves performance.
- ❖ **Intel Core i9:** Supplanting the Core i7 as the new top-of-the-line CPU from Intel, Core i9 processors provide faster performance than any other mobile chip. Available only on premium laptops, workstations and high-end gaming rigs, Core i9 CPUs are only worth their premium price if you're a power user who uses the most demanding programs and apps.
- ❖ **Intel Core i7:** A step up from Core i5, which Models with numbers that end in HQ or K use higher wattage and have four cores, allowing for even faster gaming and productivity. There are also Core i7Y series chips that have lower power and performance. Keep an eye out for CPUs that have a 8 in the model number (ex: Core i7-8250U) because they are part of Intel's latest, 8th Generation Core Series, and offer better performance. Note that Intel's 9th Generation CPUs are coming to laptops later in 2019.
- ❖ **Intel Core i3:** Core i3 are generally found in entry-level systems, performance is just a step below Core i5 and so is the price.
- ❖ **AMD Ryzen Mobile:** A new set of chips that are designed to compete with Intel Core i5 and Core i7. Ryzen Mobile CPUs tend to be paired with AMD's own Vega graphics chipsets, which are currently far better for gaming than Intel's own onboard graphics.



❖ **AMD A, FX or E Series:** Found on low-cost laptops, AMD's processors -- the company calls them APUs rather than CPUs -- provide decent performance for the money that's good enough for web surfing, media viewing and productivity.

❖ **Intel Pentium / Celeron:** These chips offer the slowest performance, but can do if your main tasks are web surfing and light document editing.

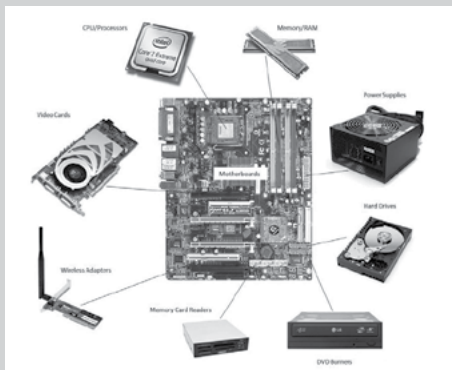
❖ **Intel Core m / Core i5 / i7 "Y Series"** -- Low-power and low heat allow systems with these processors to go fan less. Performance is better than Celeron, but a notch below regular Core i5 U series.

❖ **Intel Xeon:** Extremely powerful and expensive processors for large mobile workstations. If you do professional-grade engineering, 3D modelling or video editing, you might want a Xeon, but you won't get good battery life or a light laptop.

➤ **RAM:** More RAM allows for more applications to be run at the same time, and for more data to be quickly accessible by the system at any one time, which comes in handy for tasks such as editing photos or video content. Some laptops come with 4GB of RAM, 8GB or more.

➤ **Storage Drive:** There are two general types of storage drive that use in Laptop or PC: Hard Disk Drives (HDD) and Solid-State Drives (SSD) which comes in 250GB, 500GB, 1TB or more. Solid state drive (SSD) is at least three times the speed and a much faster than a Hard Disk Drive.

➤ **Display:** The more pixels you have, the more content you can fit on-screen, and the sharper it will look.



Unfortunately, some laptops have 1366 x 768 displays and so do some business laptops, but if one can afford it, paying extra for a panel that runs at 1920 x 1080, also known as full HD or 1080p is recommended. Higher-end laptops have screens that are 2560 x 1600, 3200 x 1800 or even 3840 x 2160, which all look sharp but consume more power, lowering your battery life.

➤ **Graphics Chip:** If you're not playing PC games, creating 3D objects or doing high-res video editing, an integrated graphics chip (one that shares system memory) will be fine. If you have any of the above needs, a discrete graphics processor from AMD or Nvidia is essential. As with CPUs, there are both high- and low-end graphics chips. Low-end gaming or workstation systems today usually have Nvidia GTX 1050 while mid-range models have GTX 1050 Ti or GTX 1060 and high-end models have RTX 2070 or 2080. Nvidia maintains a list of its graphics chips from low to high end, as does AMD.

Overall, you need to balance these features with your budget and your needs, and you might have to make some compromises. Rarely does a laptop come along, that ticks all the boxes especially when it comes to price.

AN INSPIRATIONAL STORY

The Foolish Donkey

A salt seller used to carry the salt bag on his donkey to the market every day.

On the way they had to cross a stream. One day the donkey suddenly tumbled down the stream and the salt bag also fell into the water. The salt dissolved in the water and hence the bag became very light to carry. The donkey was happy.

Then the donkey started to play the same trick every day.

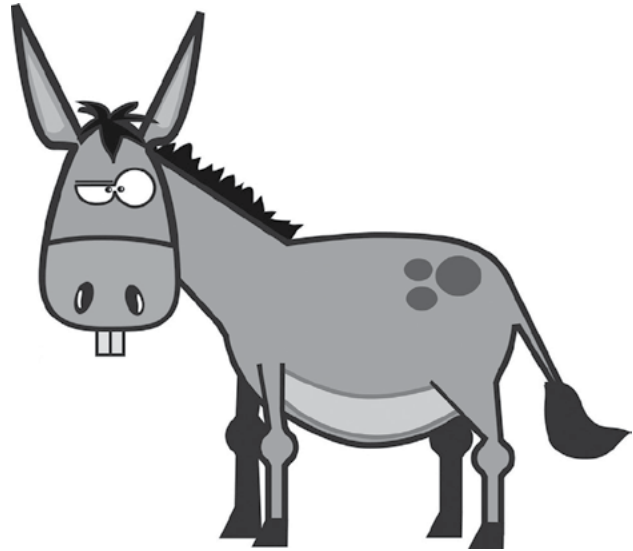
The salt seller came to understand the trick and decided to teach a lesson to it. The next day he loaded a cotton bag on the donkey.

Again it played the same trick hoping that the cotton bag would be still become lighter.

But the dampened cotton became very heavy to carry and the donkey suffered. It learnt a lesson. It didn't play the trick anymore after that day, and the seller was happy.

Moral of the story:

Luck won't favor always.



He who Knows

He who doesn't know and doesn't know that He doesn't know -

He is a Fool, Avoid Him.

He who doesn't know and knows that He doesn't know -

He is a Child, Help Him.

He who knows and does not know that He knows -

He is Asleep, Wake Him up.

He who knows and knows that He knows -

He is Wise, Follow Him.

*Bro. Marcus Kujur sdb
(Umswai)*

Attitude is more important than the past, than education, than money, than circumstances, than what people do or say. It is more important than appearance, giftedness, or skill. - Charles R. Swindoll

Fountain of Love and Humility

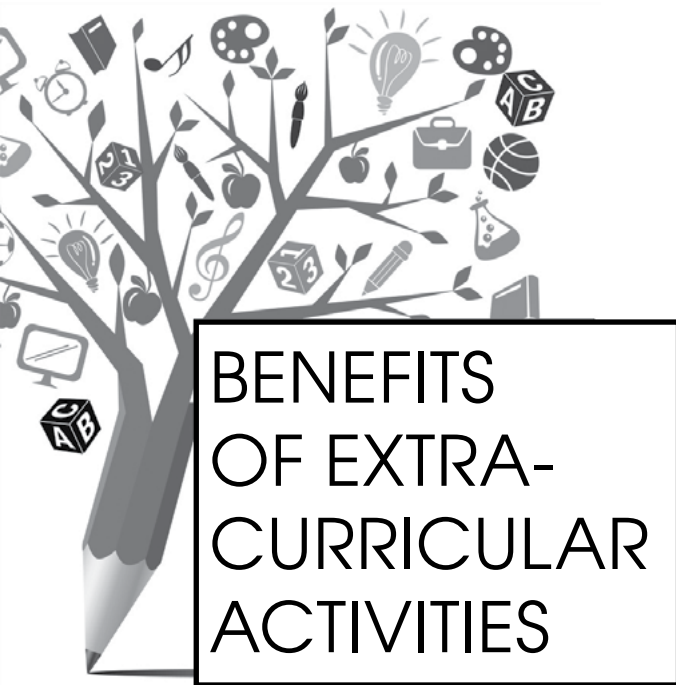
Humility and love is her virtue
Helping everyone to maintain it too,
Degree and knowledge she did not know
God's wisdom fills her, to overflow.

Make humility your friend
Humble yourself without discouragement
Oh don't imagine that it is easy
For many missionaries we need to see

Mother Mazzarello in her humility
She loves the poor and needy,
She went to search and see
Missionary she said I have to be.

The joy and love for God she had
The children irresistibly attracted her heart
To run the work she has to pray
Such was the spirit in Mornese.

*Composed by Eli Lyngdoh (Class VII)
St. Mary Mazzarello Girls' Higher
Secondary School, Jowai*



BENEFITS OF EXTRA- CURRICULAR ACTIVITIES

In today's world, academic excellence is not sufficient for the overall growth and development of a child. The aim of education should be to provide all round development to the students. This includes the student's intellectual, spiritual, social, physical and moral capabilities. There is a need to strike a balance in all these aspects, so as to benefit the child. All round development dictates that the School provides ample opportunities for the students to explore their creativity, physical abilities and interpersonal qualities.

BENEFITS OF EXTRACURRICULAR ACTIVITIES

○ Improved Academic Performance

Studies have shown that students who participate in co-curricular activities have a marked improvement in the grades. This can be attributed to skills they learn such as better time management to accommodate their hobbies and class activities, better organizational skills and a boost in their self-esteem. Skills learnt in clubs such as debate can be applied in the classroom too, as the students learn how to express themselves better.

○ Better Time Management Skills

A student has to learn how to balance their academic life with their hobbies. They need to know how to incorporate their club and sports activities into their school life and allocate enough time for each. They learn how to plan out their day and will know how to make use of any free time they may have. Such a student is also less likely to procrastinate.

○ Learn New And Useful Skills

Students learn new skills that are useful in their school life and day-to-day activities. Students learn skills such as teamwork, better social skills and critical thinking. According to studies, students who participate in co-curricular activities were found to have better leadership skills and learnt how to relate better with their peers than those who didn't.

○ Sense Of Commitment

Students who participate in co-curricular activities have a sense of commitment to whatever they are involved in. This is because as they take part in whatever sports or club activity they are a member of they have to commit to it

and give their all, and this commitment extends to all other areas of their lives.

○ Sense Of Responsibility

A student, who is given a task such as leading a scouts group, or First Aid, will with time be very efficient in that task. This will foster a sense of accountability and responsibility in them.

○ New Friends

Students should be encouraged to pursue extracurricular activities as they meet and spend time with new people, hence forming new friendships. This is important as they interact with those of different or similar interests, and learn a thing or two from them.

○ Introduction To New Activities

Students who engage in extracurricular activities are exposed to a wide range of new activities such as sports, painting, drama, scouts and singing. Though these activities may be hobbies, some students take them up and pursue them in their adult lives, turning their hobby into their career.

○ More Opportunities

For secondary and higher secondary students, engaging in extracurricular activities boosts their chance of gaining admission into universities. Most universities nowadays check what the student offers apart from their academics, and that is where co-curricular activities come in. Some students have gotten scholarships into prestigious universities due to sports such as athletics and basketball.

**Contributed by Mr. Gilbert Jyrwa
(Teacher, Auxilium Girls' H/S School –
Shillong)**

Inauguration and Blessing of Bellefonte Community College, Lumshyiap Shillong – Meghalaya 27 April 2019



Congratulations!

ODAPHISHA KHARJAHRIN

**16th Position in SSLC Examination 2019 MBOSE
Auxilium Girls' Higher Secondary School, Nongthymmai – Shillong**



Inauguration and Blessing of Auxilium Home Agartala - Tripura 19 May 2019



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