

# FMA-INS info

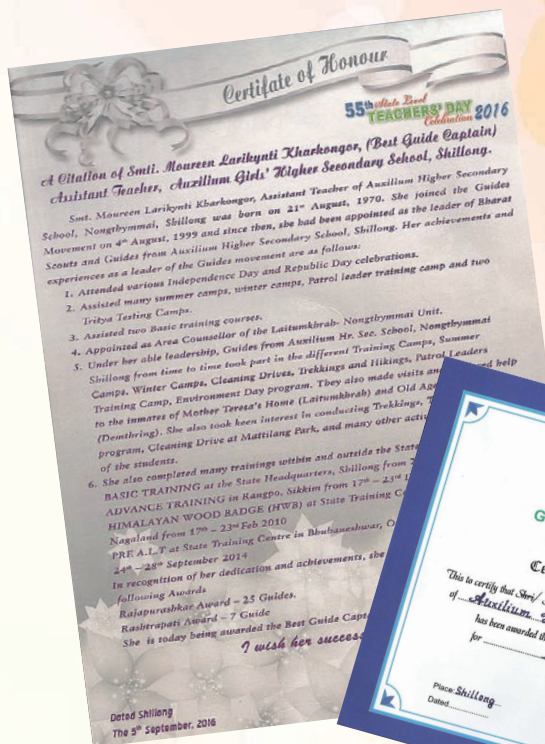
Vol. XX No. 3 Newsletter - September 2016 Provincial Office - Shillong 793 014 - Meghalaya



"A life not lived for others is not a life"  
ST. TERESA OF CALCUTTA

# Congratulations

MISS MOUREEN LARIKYNTI KHARKONGOR  
of Auxilium Higher Secondary School, Nongthymmai  
*Best Guide Captain 2016*



## Winners of Event Reporting Competition 2016

### ASPIRANTS

1st - Lucy Zorammawii Ralte  
2nd - Medalin Mashli

### POSTULANTS

1st - Mary Vanbungpui Hmar  
2nd - Joycy Mary Nongbsap

### FIRST YEAR NOVICES

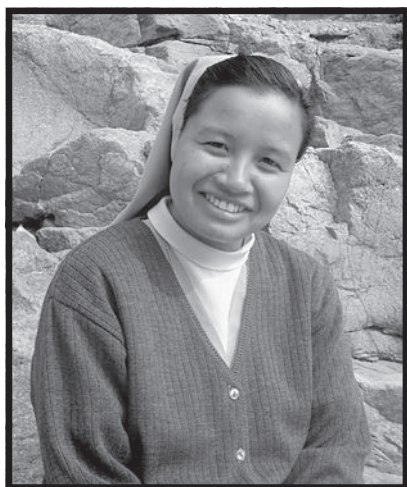
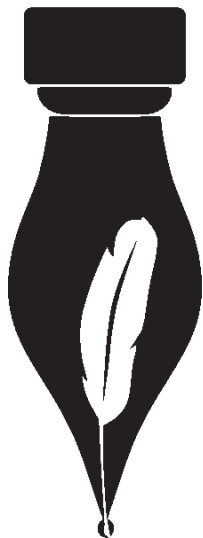
1st - Sr. Camelia Wahlang  
2nd - Sr. Ba-i-thiang Sten

### SECOND YEAR NOVICES

1st - Sr. Vanisha Sympli  
2nd - Sr. Ibaniewkor Warjri



# Editorial



The month of September 2016 draws the attention of the whole world on St. Teresa of Calcutta. When we think of her, we see a bend and fragile figure, clad in a white saree with blue border but the strength that lies within her was tremendous. Her spirituality was simple and traditional. She spent long hours in prayer and did small things with great love. That was her strength. We thank God for this saint who lived life to the full, radiating the light of God's love and mercy to so many and now reaching to millions of lives through her congregation, the Missionaries of Charity.

In this pursuit of holiness, we too as FMAs and the entire Educating Community are called to emulate her total dedication and commitment living the Salesian spirit and charism in its totality. I am sure the fervour of the Foundation Day or Profession Day on 5 August is still alive in us and it spurs us on to recommit ourselves to the mission we are called to. It is also a time to introspect and search for new ways of living the Salesian Charism and make our presence felt even better. Let us not forget the clarion call of GC 23 that is "being Missionaries of Hope and Joy".

We have just begun the New Year in the congregation. The novices have made their Profession, the Aspirants and Novices have just begun their formational journey. Some Sisters have celebrated their different Jubilees in religious life; others have just joined their new communities and so on ... an indication that time flies and waits for none. As we re-dedicate our life and mission in our respective communities, or begin our years of formation, let us remind ourselves of a famous saying from an Unknown Author, which goes this way: *"Ordinary people think merely of spending time. Great people think of using it."* Only when we learn to make the best use of the time we have in hand will we be productive and useful in our life.

**Sr. Euginia Laloo**

## QUALITIES OF A GOOD TEACHER

(continuation)

8. **An effective teacher strives to be better.** A teacher who has grown complacent in what she/who does is the most ineffective kind of teacher. Any teacher who is not looking for new and better teaching strategies is not trying to be an effective teacher. No matter how long you have taught, you should always want to grow as a teacher. Every year there is new research, new technology, and new educational tools that could make you a better teacher. Seek out professional development opportunities and try to apply something new to your class every year.
9. **An effective teacher uses a variety of media in their lessons.** Like it or not we are in the 21st century, and this generation of students was born in the digital age. These students have been bombarded by technological advances, unlike any other generation. They have embraced it, and if we as teachers do not, then we are falling behind. This is not to say that we should eliminate textbooks and worksheets completely, but effective teachers are not afraid to implement other forms of media within their lessons.
10. **An effective teacher challenges their students.** The most effective teachers are often the ones that many students think are the most difficult. This is because they challenge their students and push them harder than the average teacher does. These are the teachers who are often students' least favorite teachers at the time, but then later on in life they are the ones that we all remember and want to thank, because of how well they prepared us for life after our time with them. Being an effective teacher does not mean you are easy. It means that you challenge every one of your students and maximize your time with them so that they learn more than they ever thought they could learn.
11. **An effective teacher understands the content that they teach and knows how to explain that content in a manner that their students understand.** There are teachers who do not know the content well enough to teach it effectively. There are teachers who are truly experts on the content but struggle to explain it to their students in a manner that they will understand it. The highly effective teacher both understands the content and explains it on their students' level. This can be a difficult skill to accomplish, but teachers with this dual ability maximize their effectiveness as a teacher.
12. **An effective teacher understands well the meaning of a school.** School is much more than simply the number of classes and subjects a student takes. This is also the place they spend the better part of their life. It is a place of growth, finding their identity, exploration and where they can find their joy and happiness, friends and peers. Teaching and learning takes place beyond the four walls of a classroom. It can happen in the sports ground, canteen, leisure time, even during tiffin time. The effective teachers will equip their students with skills not only to pass their exams, but also to helping them to learn to live together harmoniously.

**13. An effective teacher is willing to change.** This is one of the qualities of a good and effective teacher that should not be overlooked. Teachers should not always be looking to change students through teaching. They should also be open to change when interacting with students. It is important to remember that teaching is more of a group activity and it is possible to learn something new from the students. A teacher need not always have to have the final say or all the answers to all the solutions to all problems. Teachers who are open and willing to learn can learn a lot of things from students, colleagues and from various events and circumstances.

**14. An effective teacher should be energetic, enthusiastic and equitable towards the students.** She/he should be creative and imaginative in arranging the different available means and resources according to the needs of his/her students. An effective teacher is a person who leads by example. She/he possesses the humility to accept the need to rediscover and reinvent in addressing the inquisitiveness and curiosity of his students. He has the capacity to mentor the students in removing

the disconnect between the theories and the down to earth problems of life.

**15. An effective teacher shows willingness to always improve.** Even with many years of teaching, teachers should always remember that there is room for improvement. Some teachers have confessed that all their teaching career life has been a constant lesson for them as they learn of better ways to serve their students each day and better ways of teaching and interacting. A good teacher is open to challenges and finds amicable ways of overcoming them. There are times when teachers can go through tough times and seasons, enough to make the faint hearted want to quit. These days can leave a teacher's ego bruised and disappointed. The better teachers remember that these tough times do not last and that there are better days ahead. A good teacher will get up and live to teach another day.

**16. The qualities examined above are the essential requirements for any effective teacher.** It is important to note that there are additional wonderful qualities that may not be included in this list. The great thing about teachers is that they are not carbon copied. There is more than one way to be effective as each effective teacher has their own special formula that gives them that title. An effective teacher takes the abilities they have been given and utilizes them to maximize student potential on a daily basis.

**17. An effective teacher is like a backbone of students who supports them tenderly.** An effective teacher takes her/his students beyond their own expectations they can show them that the only boundaries we have are the ones we set on ourselves. Effective teachers are like cheerleaders for every subject they teach, they must energize their students to open their minds and heart to learn and go beyond boundaries. An effective teacher is an authority, a friend, a buddy, a clown, an entertainer, a nurse, a psychologist, a mother, a father, a brother, a sister, a counselor, an educator and a teacher.

**Sr. Celine D' Cunha**

# In & Around Our Province

## Sweet Memories linger on...

The year had passed but sweet memories still linger on. Our stay in Auxilium Provincial house, Christian Basti for our Intensive Juniorate from August 2015 -May 2016 were sweet memories of love, joy, learning, sharing and caring. These past months of our stay were real pearl to preserve as we were being shined and nourished by the different spiritual, mental, social and cultural nourishments.

We were seventeen hailing from the four Provinces of Bangalore, Calcutta, Guwahati and Shillong. Under the able leadership of Sr. Elizabeth George the Provincial, Sr. Lissy Rose Matthew the animator, Sr. Sania Rose Mary our Assistant we can say that our bags are full to the brim and we are ready to share it with those whom we will come in contact with.

Various means like conference, liturgical animation in the parish and in the community, personal encounter with Sr. Lucy Rose Ozhukayil the Visiting Councillor, Sr. Elizabeth Provincial and the animator, family visit, hospital visit, coaching class for the poor children and others were offered to us to grow and become more enthusiastic in our Salesian religious life. It helped us to be more open to the needs of the young especially to the poor and abandoned. The unique experiences in Tamulpur Parish for the



Faith Exposure program, the annual Spiritual retreat in Kohima and the canonical visitation of Sr. Lucy Rose Ozhukayil the Visiting Councilor from Rome urged us to forge ahead joyfully in our mission and encountering Jesus in persons and events.

Our special thanks go to Sr. Isabella Suja our Provincial and her council for having set us apart and gave us a chance to broaden our vision, to understand and accept the unity in diversity that is in our Institute and for their constant support, guidance and timely visit. We really felt the hands of God and the maternal protection of our Blessed Mother all along our journey.

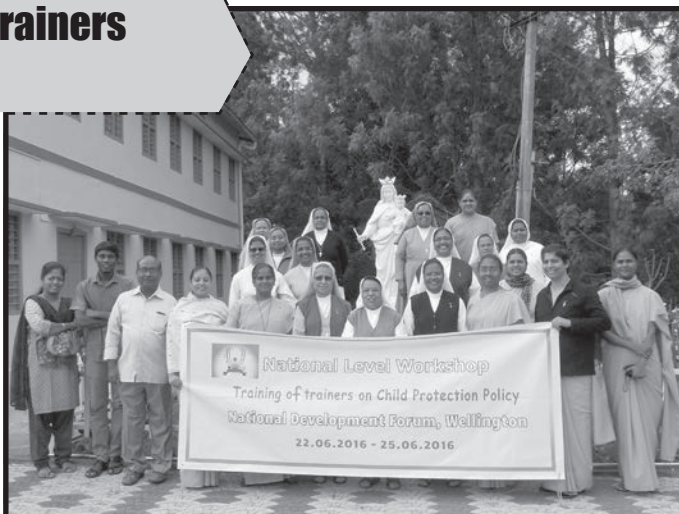
**Sr. Maria W. Sariang &  
Sr. Sinjak R. Marak**



## National level Training of Trainers on Child Protection Policy

National Development Forum (NDF) organized a three-day National Level Workshop for Training of Trainers on CHILD PROTECTION POLICY from 22 to 26 June 2016 at Wellington, Tamilnadu. 22 participants from the six FMA provinces of India took part in the training.

Fr. Joe Xavier S.J the resource person, methodically and meticulously prepared the modules for different groups: sisters, teachers, parents and children. He also elucidated the role of the Child Protection Officer (CPO), the animator and Provincial and the documents to be maintained by each of them. To make the participants understand the basic requirements in the legal system and how to apply the same procedure in Child Protection policy, Fr. Joe also explained the steps in criminal cases in the trial court. Sr. Gemima Pohrmen, the Social Development Coordinator, Sr. Manoda Sangma, the Youth Coordinator of the province and Sr. Anita Dhar participated in this training programme.



Sr. Anita Dhar



## Visual Media Training at Don Bosco Image, Kochi

The Social Communication Sector at FMA PCI level organized a week long Visual Media Training from 1-8 July 2016 at Don Bosco Image, Kochi. Sisters from all the FMA Provinces in India numbering 20 in all participated in the same. Sr. Euginia Laloo, Coordinator for Social Communication and Sr. Anita Dhar represented the Province. The resource persons

for the training programme were Fr. Jiji Kadavanal SDB, Director Don Bosco Image, Vennala – Kochi and his team.

The Media Training sessions were planned to suit the need and interest of the enthusiastic sisters who were open to learn and acquire as much as they could in the field of Media, within a short time. Handling cameras, making movies, understanding types of shots varying angles and effects, communicating through composition of shots, capturing moments through video, video editing with Adobe Premier Pro tools, working on layout designing ... these for instance, were some of the eye opening sessions!



## Perpetual Profession and Jubilee Celebrations

The Province witnessed the Perpetual Profession and the Jubilee of Religious Profession of the Sisters at the Divine Saviour Parish Church Nongthymmai on 5 August 2016.

The four Sisters who made their Perpetual Profession were led to the altar by the Provincial and accompanied by their parents. They carried in their hand a pink rose which symbolizes the beauty and fragrance of their life of fidelity to the Lord. While the Jubilarians had a lamp in their hands, symbol of self-offering. The main celebrant was Most Rev. Thomas Menampampil SDB, Apostolic Administrator of Jowai Diocese with 12 priests as concelebrants. In his reflection, he shared the thought of Pope Francis on "Waking Up the World". The Prelate emphasized that religious should be generators of joy where it is absent especially in a painful situation.

The function also witnessed the fidelity of Sr. Lina Mary Kharjana and Sr. Provina Lyngkhai who celebrated their Golden Jubilee and Sr. Ethleda Laloo and Sr. Gemma Phyllei who celebrated their Silver Jubilee of their Religious

Apart from the lecture and laboratory experience the group was given an opportunity of an outing on 3 July which not only serve as refresher but also as part of the project using the footage covered in the art of composing and editing.

The training was made a reality following the plan made at the EDUMEDYM II meeting held in Kolkata early this year.

**Sr. Euginia Laloo**



Profession. While congratulating them, the Archbishop reminded them that a jubilee celebration is an occasion of re-offering of their life to the Lord. The Perpetually Professed Sisters reminiscing the goodness of the Lord burst forth the Magnificat in thanksgiving for all God has done to them.

After the celebration of the Holy Eucharist all gathered at Auxilium Convent for a sumptuous family meal.

**FMAinsinfo correspondent**

"I know God won't give me  
anything I can't handle.  
I just wish he didn't trust me so much."  
ST. TERESA OF CALCUTTA



## **Inter-Regional Ongoing Formation Course for Missionaries in Shillong**



A three-week course on Missionary Formation was held at Don Bosco Provincial House, Mathias Institute, Shillong from 1 – 21 August 2016. Sr. Ephrina Rympeit and Sr. Therina Mallai were among the 32 participants who have come from the English speaking countries of the Salesian world belonging to 15 Provinces. The participants were the Salesian Fathers, Sisters, and Brothers and a VSDB Sister.

The logistics of the programme was well arranged with varied experiences of Prayer moments, sessions, interaction, personal study and visits to different centres for missionary exposure. For me personally it was a time of enrichment and renewal of my commitment. During the programme we were reminded of the creativity of our Father and Founder, Don Bosco in searching ways and means in bringing salvation to souls. Meeting with other cultures and countries have enriched the family spirit among the participants. The key message often repeated was that Evangelization is based on relationship and charity in action.

The course was directed by Fr. T. C. George SDB, Delegate for Mission Ad-gentes, South Asia and coordinated by Fr. James Poonthuruthil SDB, Rector of Mathias Institute.

**Sr. Ephrina Rympeit**

## **Seminar on CPP held for Mizoram Region**

The region of Mizoram met together on August 20<sup>th</sup> – 21<sup>st</sup> 2016 at Auxilium Convent Kabuganj for a seminar on FMA Child Protection Policy (CPP) with Sr. Manoda Sangma as the resource person. 14 participants from the four communities of Aizawl diocese took part in the programme.

The seminar began with the invocation to the Holy Spirit and a solemn inauguration programme performed by the boarders of the community. The opening prayer was conducted by Sr. Luigina Duia, the animator of Auxilium Convent Aizawl, followed by the ceremonial lamp lighting by different representatives. Sr. Marcellina Sangma, the Provincial Economist who had come from Shillong and Fr. Joachim Walder, Parish Priest and Principal of Holy Cross School Kabuganj, gave the messages on the occasion.

Sr. Manoda in her introductory session welcomed all the participants. In the first part she gave us a brief introduction on the vision and the mission of CPP. It was then followed by clear explanations on some of the points on the code of conduct of the new document brought out at the PCI level.

The participants were greatly indebted to Sr. Manoda for taking the initiative of organizing this programme. All felt enriched and empowered to go back to their own mission field with enthusiasm and vigilance.

In the course of sharing and discussion, Sr. Luigina Duia was elected as the animator and Sr. Celestina Thyрниang as the Child Protection Officer for the region. We thanked them for accepting the responsibility. The programme concluded with a short thanksgiving prayer.

**Sr. Evalynejoy Kympat**

## Annual Spiritual Retreat

The Annual Spiritual Retreat at Mary Our Help Training Centre Bellefonte, Shillong commenced on 22<sup>nd</sup> and concluded on 29 July 2016. The retreatants comprised of 4 Sisters, 31 novices and 13 Postulants and the retreat preacher was Rev. Fr. Gedwin K. Warbah.

The group had a wonderful time of closeness with God. The prayer experience made them feel strong and prepared to face eventualities that life could bring along. It was also a time of self-examination as how close or how far one is from God and most especially to draw strength from Him the giver of life and forge ahead in our vocational journey.

The deep spirituality, experienced preacher and missionary zeal of Fr. Gedwin made a strong impact in our prayer and reflection. He highlighted the beauty of religious life and the challenges that lie ahead of us, therefore, he insisted on the need to form and prepare ourselves during our novitiate period. Being the Year of Mercy he also instilled in us about the great mercy and unconditional love of God our Father.

After a week of our deep encounter with the Lord, we concluded our retreat on the morning of 29 July 2016 with a thanksgiving Mass and a short programme.

**Srs. Mary Vanbungpui &  
Theresia Kongwang (Novices)**

"Live simply so others  
may simply live."  
ST. TERESA OF CALCUTTA



## Vestition of 13 Young Women

In the afternoon of 3 August 2016, thirteen young women entered the first step of religious life as Novices through a simple yet meaningful prayer service at the Immaculate Heart Novitiate Bellefonte - Shillong.



The service began with an acting out in the square of the Bellefonte Campus. There, the second year novices depicted a scene wherein people of various walks of life boasted about their position and power but finally the true treasure was found in Jesus himself, the best and lasting treasure. The gathering then proceeded to the chapel for the remaining part of the service.

Sr. Isabella Suja, Provincial called each one by name to which they responded, "Here I am Lord". The candidates expressed their desire to know the constitutions and their readiness to live the salesian way of life. During her talk, Sr. Isabella spoke on the way how a clay is being moulded to emerge a beautiful vessel. The novice habit and medal vested on them are the two external



signs of their detachment of the world and their belongingness to the Institute. The Provincial then entrusted these novices to the Novice Mistress who will accompany them in their vocational journey; to assume the qualities and lifestyle of the Daughters of Mary Help of Christians.

The Novice Mistress Sr. Rosa Pyngrope while accepting the new novices to her care and guidance asked the assembly to bless them. Standing beside the statue of the Help of Christians and facing towards the assembly, they all together fervently prayed "A Hail Mary" while the assembly extended their hands towards them imploring God's blessings upon them. The programme concluded with felicitations and tea party.

Present for the occasion were the Vice Provincial, Sr. Marvella Shangpliang and the Sisters from the nearby communities of Shillong.

**Srs. Ribhalang War &  
Ribajanai Kharpor, (Novices)**

"I want you to be concerned  
about your next door neighbor.

Do you know your next door neighbor?"

ST. TERESA OF CALCUTTA

## Thirteen New Members to the Province

**13** young women pledged their life to work for the education of youth through the First Religious Profession on 5 August 2016 at Mary Our Help Training Centre, Bellefonte – Shillong. "I have loved you with a love everlasting, so I have kept for you my mercy" was the theme that accompanied the sisters in making their self-gift to the Lord.

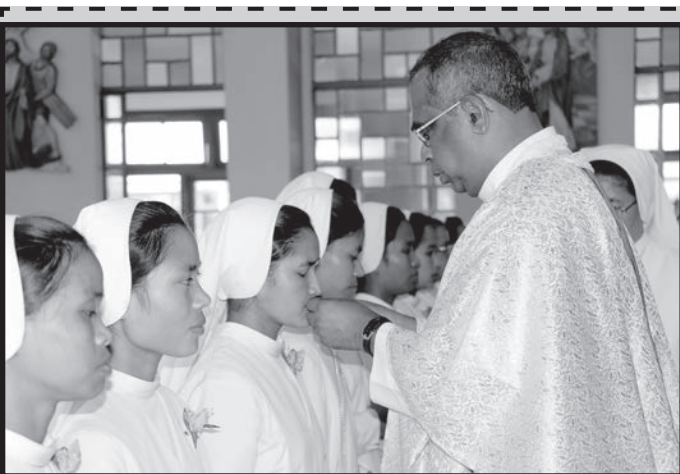


The solemn rite of religious profession began with an offering of their daughters by the parents who accompanied them to the altar. The 13 sisters hail from the 7 dioceses of the Northeastern States. The Holy Eucharist was presided over by Rev Fr. George Maliekel Sdb, Provincial of Shillong Province concelebrated by 27 Priests.

In his homily the celebrant shared his reflection beautifully on the call of God. He said that the Lord has found each of them worthy and He will accompany them till the end of their life. He is counting on them to make the world a better place.

The Sisters made their first profession in the hands of Sr. Isabella Suja, the Provincial and witnessed by Sr. Ethelda





Laloo who celebrates her silver years of religious profession and Sr. Celestina Phawa, a missionary in South Sudan.

The celebrant presented the Crucifix and the Constitutions to the newly professed, the former as the sharing in the Paschal mystery of Christ and the latter as a rule of life. Expressing their joy they voices out a meaningful hymn based on their theme.

This solemn function was witnessed by many of the relatives of the Sisters and the young people who have come from different institutions of the Province.

## Silver Jubilee of Service to Bellefonte

On 13 August 2016 the community of Bellefonte celebrated the Silver Jubilee of dedicated service of Mr. Paul Sangma one of our supporting staff. The day of thanksgiving was solemnized with the celebration of the Holy Eucharist presided over by Fr. Sebastian Moses from Mathias Institute, Mawlai.

At the entrance procession Mr. Paul carried the lighted candle, which symbolized joy, and life-giving power. In his homily, Fr. Sebastian provoked us strongly that we should give exact performance in whatever we do solely for the love of God. He also added, service to humanity is service to God Himself.

Moreover, having lived and seen the exemplary life of Mr. Paul Sangma it challenged us to live and to give our best for the building of our community and also to pursue some good attitudes of his, like spirit of love, asceticism, obedience and above all fidelity.

After the Holy Eucharist, all proceeded to the Novices refectory for a family meal. The community was also pleased at the presence of Sr. Isabella Suja, Provincial and the Sisters from the nearby communities.

The Sisters, Novices and members of the supporting staff felicitated Mr.

Paul with songs, dance and skit, expression of their gratitude to him for the past 25 years of service rendered to the community. Mr. Paul too expressed his gratefulness towards Sr. Superior, Sisters and all the inmates of the community coupled with a promise that he would continue to serve the community faithfully.

**Sr. Lepchi Sangma  
(Novice)**



## JOTTINGS FROM THE JOWAI DIARY

### Environment Week

The Environment Week jointly organized by West Jaintia Hills District Administration District Basin Development Unit Jowai, Jowai Municipal Board and Forest Department on the theme “Go wild for Life” took place from 6 to 10 June 2016.

Ms. Bahunti Pasi of Class XII won the 2<sup>nd</sup> prize for the essay ‘Fight against the illegal trade in wildlife, which erodes precious biodiversity and hampers the survival of living organisms’.

Three of our students were chosen to be part of the Green Ambassadors to distribute one tree for one house each in the Jawmusiang locality of Jowai. On the 10<sup>th</sup> June Ms. Newanly Laloo accompanied 15 students for Environment March from Thomas Jones College to the District Library, Mynthong carrying placards and raising slogans in protection of Mother Earth and its fauna and flora. The main poster from our school reads: *“Don’t let species go extinct... We are all linked!”* The Deputy Commissioner of West Jaintia Hills, Mr. Arunkumar Kembhavi IAS and all the organizing officers joined in the rally march. After the program all participants took a solemn pledge to protect and preserve wild life. The program

closed with the plantation of trees by the Chief Guest and other dignitaries in the nearby park. The girls returned home very satisfied with the whole celebration. Six girls’ Guides and the Unit Leader – Mrs. Modestalin Marbaniang had been doing excellent job as volunteers all through the Environment Week Celebration.

### Fresher’s Meet

On 17 June 2016 the students of Class XII under the direction of their class teacher Mrs. Ioochiai Samati organized a fresher’s meet to welcome the 85 new students who have joined our Higher Secondary section. From the above new girls twenty are from our school

whereas 63 are from different Secondary Schools of Jaintia Hills and other districts of Meghalaya.

Besides the welcome song which says – You are beautiful... You are all winners; the welcome address from the Class XII brought into focus the school’s Motto –

Virtue and Knowledge. The programme was short and meaningful, a dance, a skit on the colors of the rainbow with the message of peaceful coexistence, collaboration and cooperation. The short self-introduction of the new girls was very interesting. In her talk, Sr. Rosina Susngi, Animator besides welcoming the girls and emphasizing once more on the messages given by the address, song and skit highlighted on the need of each of the girls to form themselves into respectable and god-fearing person. Sr. Marwein Esther gave the vote of thanks, refreshment prepared by the Class XII students were given to all and the programme ended with a short jam session where the young girls interacted freely with one another.



### Golden Jubilee

Mrs. Tina Lakiang, the Vice-president of the Past Pupil Unit of Jowai, celebrated the golden Jubilee of her baptism into the Catholic Church on 21 June 2016. It was precisely on 21 June 1966 while still a boarder



here that she secretly received Baptism from late Fr. Constantine Bili at the St. Theresa's Church. She was then disowned by her family, but withstood all trials and difficulties. Today a proud mother of four sons and a daughter, a respectable citizen and a very fervent Catholic, had the joy of having her two brothers and a sister who all still belong to the indigenous religion join her openly in the celebration. Her choice of our house and chapel to have this celebration is precisely because she wanted to acknowledge in gratitude all that the missionaries, Salesian Fathers and Sisters have done for her. His grace, Most Rev. Thomas Menampampil SDB, DD celebrated the Holy Eucharist and Fr. Kharkrang Roland SDB concelebrated with him. It was a proud and happy moment for Tina and her children. Two of her daughters-in-law and her son-in-law along with nine of her grandchildren and a few very close friends were present. Present were also our Sisters of Lamysiang, Sutnga and Mawkyndeng. The Community rejoiced that it was given the trust and affection of the family to have a lion's share in the preparation and celebration of this thanksgiving.

### Investiture of Girls Guides



The program for the enrollment of the new recruits of Girls Guides took place in the school Campus in the afternoon of 25 June 2016. There were 13 new members. Mrs. Modestalin Marbaraniang the

Unit leader along with the help of some of the older Girls Guide has prepared the new recruits every Saturday for the last three weeks. Besides the Unit leader there were also Mr. Adiam Bthuh, the West Jaïntia Hills District Bharat Scouts and Guides Organizer who had been helping in the program of preparation. Sr. Rosina Susngi was the Chief Guest and other guests included Mrs. Cornelia Susngi, the West Jaïntia Hills District Bharat Guides Organizer, Mrs. Hadium Susngi, Unit Leader from Nongbah School and Mr. Elvis Dkhar another unit leader. The short but meaningful function began with a welcome Song by the old guides followed by a scrutiny of the new members by Mrs. Cornelia Susngi. Sr. Rosina then invested the new members with the guides' scarf after which they were officially greeted and welcomed into the company by the Scouts and Guides officials present and by their older friends. In his talk Mr. Adiam reminded the guides of their motto "Be Prepared" and their obligation to shine in discipline and other social and moral values. Sr. Rosina stressed the same and reminded the guides that as Salesian girls they have to become worthy citizens of this world and of the next. Ms. Bantei Kordor Suchiang [Class IX], gave the vote of thanks and the function ended with refreshments being served for all.

### State Bank of India Day

The various branches of the State Bank of India observed their foundation day on 1 July. The





Branch Manager of the Lawmusiang Branch, Jowai along with three other officials including Ms. Pinky Blah, the liaison officer for the celebration visited our Convent at 9 am. The group met 25 of our orphans, spent some time with them and gave them a gift packet of 6 exercise books, a pencil bag complete with pencil, pen and eraser each. The girls welcomed them with a welcome song which made the Branch Manager very happy that he said the next time they have special visitors to the bank, he would call them to sing. He also promised to open up a bank account for those of them who do not have a passbook yet. After a friendly interaction and group photo, the bank officials left our campus.

## Day of Reconciliation

The day of Recollection and Reconciliation in honour of the year of Mercy was solemnly kept on 12<sup>th</sup> July 2016 the day of the Regional Recollection for the FMA of the Jaiñtia Hills Region. There were 6 Sisters from Mawkyndeng, 5 from Lamyrsiang, 3 from Sutnga and 9 from Jowai - 23 FMAs in all. Fr. Anthony Kolenchery VC. Director of the Divine Mercy Retreat Centre, Ladrymbai animated the day.

The program started with the community prayer for a happy death and this was followed by a talk from

Fr. Anthony. The talk was based on the reason for the year of Mercy as given by Pope Francis in his bull of indiction of the Extraordinary Jubilee of Mercy "*Misericordiae Vultus*". Father stressed on the meaning and significance of this Jubilee for Religious, called to be with the Lord, to share his mission of love and mercy with all. The talk lasted for about an hour and more but it was so relevant, practical to the point that the time flew on as though it were just some minutes. This was immediately followed by Adoration of the Blessed Sacrament during which Father administered the Sacrament of Reconciliation.

At 12 noon the solemn Eucharistic Benediction was given and there were some moments for preparation for Holy Mass. The Sisters were



unanimous to let lunch wait so that recollection may not be disturbed. At 1pm the Holy Eucharist was celebrated during which the vows were renewed. At 2.15 pm a well-deserved lunch concluded the beautiful day.

It was a very beautiful experience and we are truly grateful to Fr. Anthony for making the day so special and meaningful for all.

## Wedding

Ms. Felicita Nonghuloo, teacher and past pupil celebrated her marriage to Mr. Varkey Deilang Laloo on 23<sup>rd</sup> July 2016 at St. Theresa's Cathedral, Jowai. Ms. Felicita had been teaching in Mazzarello for the last 25 years, and this is also the year when the silver jubilee of her service would be celebrated.

Theirs had been a very exemplary and steadfast relationship lasting over eight years. Their patience,



The Community who had accompanied them all through these years willingly did all that could be done to ensure that the Church celebration was a success. The School felicitated Ms. Felicita during the Morning Assembly on 2<sup>nd</sup> August after she rejoined duty. In her short felicitation Sr. Rosina Susngi held up the example of Ms. Felicita as a model for all the girls to follow – to play their role in the drama of life and reach the goal God has destined for each of them.

## Inter-school District and State level Science Exhibition



in the event. The main theme of our school exhibit was "Science and Mathematics for Inclusive Development" and the subtheme was "Disaster Management". The exhibit presented was a model of a "Low cost Earthquake Alarm". Our Mathematics Teacher Mr. Mayalangki War had very conscientiously worked out the model with the students and Ms. Cheerfully Kharsati of Class X was chosen to present the model. It was a great joy when our school model won the first prize as the best exhibit

perseverance and self-control had been finally rewarded. The Scripture quotation given in the invitation card – "Not to us Lord, not to us but to your Name give the glory" – could not have been more appropriate.

and Ms. Cheerfully won the prize for the best presentation. In the extempore speech, the theme that fell on our school was 'Environmental Pollution' and here too Ms. Cheerfully won the second prize. The model was chosen to represent the District at the State level Science Exhibition on 3<sup>rd</sup> and 4<sup>th</sup> August. It was also a good news when the model our school presented was awarded a special prize – the reason was that this was the only working model among the whole exhibits and the only one under the subtheme 'Disaster Management'. In the Science quiz contest held on 3<sup>rd</sup> August 2016, Ms. Cheerfully won the second place. This is truly a matter of pride for us considering the fact that she has to compete with students from the elite city schools of Shillong.

## Child Protection Policy Seminar

On 30 July a one-day Seminar on CPP [Child Protection Policy] was held for the teachers of the Evening School and for those teachers of the day school who were not able to participate in the one held on 9<sup>th</sup> February. There were 10 teachers of the Evening School and 7 of the Day School. Sr. Gemima Pohrmen, the CPP In-charge of Shillong Province was the resource personnel.

The aims, objectives and the imperative needs of the policy were clearly spelt out. Special attention was given to the peculiar and specific needs of the Evening



School students many of whom are in dire need of special protection. It was particularly beautiful and touching because Sr. Gemima is a past student of the school and the boarding; there were three of her classmates and one teacher who attended the course. At the end of this very interesting presentation Mr. P.V. James from the Secondary Day School very spontaneously voiced out the sentiments of gratitude of all the participants, recalling too how Sr. Gemima had always been a very active and responsible student. He also reiterated the most crucial points emphasized in the seminar and exhorted all colleagues to take this policy to heart.

## Naive Ingenuity



Suting had a very special cap made out of the coverings of the banana flower and stitched with sliced bamboo stem. It was like a bonnet cum helmet and it gave all those who saw it some very refreshing moments of laughter. We thank God for the simplicity and inventiveness of our gardener.

It was a very hot day, the 3 August 2016 and while going around the house and garden, it was a curiously hilarious moment to have found out that our garden boy - Dlinison

## ★ MAWKYRDEP

### Blessing and Inauguration of King of Kings Hr. Sec School

The long cherished dream of our school to have a Higher Secondary Section became a reality on 13 June 2016. The day also saw the blessing of the School Hall by Fr. Paul Lyngkot SDB, Vice Provincial of Shillong Province and inaugurated by Sr. Isabella Suja, our Provincial.

The celebration started off with a short Prayer moment and blessing of the School hall and the niche of Our Blessed Mother, the Help of Christians. Following this, Sr. Isabella unveiled the memorial plaque, a symbol of gratitude to the benefactors who supported the community at various stages. The assembly then joined in the thanksgiving Holy Eucharistic celebration presided over by Fr. Paul Lyngkot together with two other priests.





After the Holy Mass, the children in dazzling colors performed enchanting programmes to express their joy and gratitude to all who have contributed for this great achievement. Thanks to Sr. Marcellina Sangma, the Provincial bursar who saw to every minute detail to the realization and completion of the building. The engineer and the workers were duly acknowledged and appreciated for the efficient work put in.



Sr. Isabella officially declared the class XI opened with thirteen students as the first group of the Higher Secondary section. In her speech, she exhorted all the students and teachers to cooperate with one another for the betterment of the school and with the sole aim to educate and guide the young people for a better future. Concluding the programme, Sr. MatildaKharjana, the animator proposed the vote of thanks followed by a fellowship meal.

Present for the occasion were Fr. Leo Mary Lyndem, Parish Priest of Mawbri, Fr. Anthony Tomy, CFC, distinguish guests, sisters, invitees and well-wishers near and far.

## ★ MAWLAI

### Pilgrimage to the Shrine of the Sacred Heart of Jesus

On 17 June 2016, the Sisters, Teachers and Students of Sacred Heart Girls' Higher Secondary School, marched as pilgrims to the shrine of the Sacred Heart of Jesus at Mawlai. The Mornesian Club of the school animated the pilgrimage. The students from Classes V to Class XII took part fervently in this act of love to Jesus.

The pilgrimage started with the Chaplet of the Divine Mercy led by some teachers of the school and they walked in procession from the school campus to the Shrine. At each decade some intentions were placed and the rosary continued till the students settled inside the Church. Rev. Fr. James Thyrniang SDB, Provincial Economer of Shillong Province animated the students and celebrated the Holy Eucharist. In his speech he motivated the children on the value of mercy and on performing merciful deeds for all especially those we love less. He cited live examples from his experiences and urged the students to be more merciful in many ways especially during this year of Mercy. He stressed that mercy is not only in giving financial help or corporal help but we can do a lot with spiritual works



of mercy. The students were very attentive and alive all through his talk and homily.

Prior to the pilgrimage the Sacrament of Reconciliation was made available for the Catholic students and teachers. The students and teachers thanked Sr. Lydia Pala, the Principal and all the Sisters for organizing such an unforgettable programme.

**Mrs. Amabilis Susngi and  
Mornesian Club**

## School Week 2016

Sacred Heart Girls' Higher Secondary School organized its School Week 2016 from 29 June to 1 July 2016. During these three days the students of the whole school competed in three groups – Seniors (Classes VIII to XII), Juniors (Classes V to VII) and Sub-juniors (Nursery to Class IV).

Apart from singing and dancing different academic competitions like debate, extempore speech, elocution, quiz, essay writing, poetry writing, recitation, etc. were also organized during the week. The students actively participated in all the competitions and worked really hard to earn points for their respective houses. At the end of the competitions the score was announced and it was the Green House that won the overall competition by attaining 530 points followed by the Red House with 470 points, Blue House with 430 points and Yellow House with 270 points. Prizes were

distributed to the winners by Mr. Embhahlang Syiemlieh (local MLA).

In the afternoon of 1 July, the concluding day, the two Rank holders from our school, Kerrycia Lawriniang (15<sup>th</sup> Rank in SSLC) and Darisuk Shabong (7<sup>th</sup> Rank in HSSLC, Commerce), as well as one of the teachers who secured 3<sup>rd</sup> position in the BA Examination 2016 Mrs. Amabilis Susngi, were felicitated by the local MLA Mr. Embhahlang Syiemlieh in the presence of Sr. Maristella Ryngkhlem, Animator, School Principal Sr. Lydia Pala, their parents and relatives. Certificates, bouquets and cash prizes were given to these two students. The rank holders, Darisuk and Kerrycia while addressing the school students stressed that hard work is the only way to attain success in life.



School week 2016 was a successful one as many students enthusiastically participated in all the competitions.

**Sir. Macbel Lyngdoh (Teacher)**

## Parents' Day of the Boarders

9<sup>th</sup> July 2016 was the happiest and memorable day for the boarders of Sacred Heart Convent Mawlai as they celebrated Parents' Day to express love and gratitude to their parents.

At 10 in the morning the programme started with the explanation on the FMA Child Protection Policy by Sr. Gemima Pohrmen. When the meeting



got over the boarders expressed their love and gratitude to their parents through songs and dances. The parents were very happy to have witnessed their children performing the items on the stage. There was a very good response from the parents with the exception of few who could not make it. The items were short but laden with powerful messages to all present. After the short entertainment, all joined in the family meal. The parents then left to their respective places filled with happiness and satisfaction.

**Mary Gonmei (Boarding Captain)**

### **Women's Seminar: "Do whatever He tells you"**

**O**n 19 June, 2016 the Mawiong Church women's body organized a one day seminar on the theme "Do whatever he tells you" to commemorate the Jubilee year celebrations. Sr. Bernadeth Sangriang was the resource person for the day's programme. Around eighty-five members of the faithful participated in the seminar.

Sr. Bernadeth exhorted the women to follow the example of the most Blessed Mother Mary by creating an ambience of joy within their families and in the society. Just as Mary, the Mother of God in her humility and simplicity had set out to visit her cousin, Elizabeth; they too must try to reach out to those who are in need of help. Being the jubilee year of Mercy, Sr. Bernadeth took the liberty to also share with the faithful some good thoughts about the Merciful Father taken from the scripture on the Prodigal son. The resource person highlighted on three points namely 1) Best robe 2) The ring on his finger 3) Sandals



After the session, the participants were given some questions for group discuss. Feedbacks were given by Sr. Bernadeth after which the first session was concluded with words of encouragement from Col 3:12 - "*Put on then, as God's chosen ones, holy and beloved, compassion, kindness, lowliness, meekness, and patience*"

**Mrs. Ermelinda Nongneng**

### **Seminar at Nongkohlew: Year of Mercy**

**S**r. Bernadeth Sangriang animated a one-day Seminar for the Men and Women's Associations of Nongkohlew Catholic Church on 17 July 2016. The theme for the day was "Year of Mercy".

The participants, who had for a long time, not been able to have the opportunity of attending such seminar enthusiastically took part in it. Sr. Bernadeth asked the participants to be open to the discussion of important points and told them to be free to ask for clarifications.





The Scripture reading that guided the day's seminar was taken from Genesis 2:18-24 which speaks of the creation of a man and woman. Sr. Bernadeth spoke at length on the important role of parents in the family and the Church. There was a lot of interaction between the resource person and the participants but due to shortage of time, few participants spoke on behalf of all. The beautiful day was concluded with the Holy Mass which was celebrated by Fr. Marius Thongnibah, Parish Priest of Mawlai. During the homily he interpreted and explained on the day's liturgy and on the year of Mercy.

In spite of the intermittent rain, the Church was still packed with the faithful who had come from the villages. Around 218 people participated in the seminar.

**Mrs. Brigida Rynjah**

Communication" and "Basic Communication Skills". The session also included group activity and interaction to the interest of the students who took part very actively. The students expressed that it was a very helpful programme and is an eye opener to them. This was followed by the initiation of 39 students to the Media Club. Two teachers namely Mr. Shanbor Lyngkhoi and Mrs. Andalin Nongsiej will guide the group. Both teachers and students of the Media Club were felicitated with songs and dances and Sr. Euginia encouraged them to play their role well in the school in order to guide other students too.

In the afternoon, the session was given exclusively only for the Media Club members, wherein the resource person gave them guidelines on how to go about with their roles and responsibilities. They have expressed their earnest desire to learn more and be critical users of the media.

**Sr. Rose Mary Lyngdoh**

## ★ MAWROH

### Media Awareness Programme for Students

A one-day Media Awareness Programme was held for the students of Auxilium Lum Jingshai, Mawroh – Markasa on 25 August 2016. There were 125 students who took part in the programme with Sr. Euginia Laloo, the Media Coordinator of the Province as resource person.

The Morning session began with an input session on "Understanding the Means of



## **Teachers' Seminar: A New Way of Being School**

An enriching seminar themed 'A New Way of Being School' was organized for the teaching faculties of Auxilium Girls' School, Agartala, along with an innovative workshop conducted by the most-able and commendable team from Ratna Sagar and S. Chand & Co. on **9 - 11 June 2016**. The two-day's seminar and workshop inspired and motivated the teachers for an extra mile beyond as an educator.

The session started with the training in CCE coordinated by Ratna Sagar Pvt. Ltd. Sr. Celine D' Cunha, Principal initiated the seminar by welcoming the Resource person Mr. Vimlendu Singh Kumar, the CCE trainer and the facilitators of Ratna Sagar Pvt. Ltd. She also welcomed the six teachers coming from a school in Jampuijala and three teachers from a school in Twimairang.

Mr. Vimlendu Singh Kumar started the training on CCE with a video clip on 'Success Imaging'. He went on to stress on 'The Making of a Teacher' and described who a teacher should be. The resource person gave a detailed explanation on 'A difference between Pedagogy and Demagogy' and discussed further on the 'Way to Develop a Student's Wholesome Personality', the views of Tagore on Education and the damage done to students by corporal punishments.

10<sup>th</sup> June, the second day of the seminar was spent in methods and techniques of teaching the different subjects with Mrs. Kakali Bagchil (Maths), Mrs. Anjali Singh (Science), Mrs. Nidhi Kaushik (Social Science), Mr. Vimlendu Singh Kumar (English) as resource personnel. The session took place in the different groups with the faculty members of a specific subject and the Resource persons, who guided the teachers, showing skillful methods and techniques of teaching the different subjects fruitfully. The different resource personnel used

various creative presentations and innovative ways of teachings coupled with practical based activities.

Some of the participating schools were Don Bosco School-Agartala, Ram Krishna Mission School, Mother Teresa School, Twimairang School, Don Bosco School, Mandwi and other invited schools.

The last day was spent in elaborate planning for the forthcoming events in the school. The teachers were also asked to fill up some of the forms needed in the school, like, Application Form for all the Staff members, Health Form, Personal Medical Details as per the guidelines given by the CBCI on Child Right Policy.

All the teachers took part in the sessions very actively. It was more of learning and sharing type of experiences by the teachers and the Resource persons to make Teaching- Learning process smooth and lively.

**Mr. Janish Debbarma  
and Ms. Anindita Das**



## **Congratulating Toppers Cum Welcoming Freshers**

On the sunny morning of 18<sup>th</sup> June, 2016 the Auxilians assembled together in the school auditorium and congratulated the toppers of classes X & XII students, 2016 batch, for their unprecedented academic achievement and also to welcome the freshers of class XI. Shri S.S. Chaturvedi, IPS, Additional DGP TRS was the Chief Guest and the guest of honour was Sr. Isabella Suja FMA, Provincial of the Shillong Province.

The inaugural program started with the ceremonial lighting of the lamp, a prayer and the welcome song 'Circle of Friends' by the choir group. Ms. Sumita Roy coordinated the felicitation of the guests in which they were presented a school sash and a bouquet of flowers. Many invited guests responded to the invitation and made the day an august gathering. The parents of the topper of class XII Science, Ms. Utsha Sinha, parents of Arts topper, Ms Devanshi Behwal and Ms. Riima Jamatia were also present along with the awardees 2016.

The Principal, Sr. Celine D'Cunha officially welcomed the guests and congratulated the students for their marvelous results and the teachers for the effort they put in, to groom them. The audience was filled with awe to know the overview of the functions of the school and its infrastructure. She said that



Auxilium provides wings to young genres. Sr. Isabella Suja, Provincial gave an inspiring message and thanked the sisters and teachers for taking Auxilium to soar high in the sky. She also congratulated the students for their splendid and excellent performance in the board examination and encouraged them to carry on shining like stars in the sky.

Some colourful items presented were a dance drama 'We can achieve' by the tiny tots, 'Our Dreams and Aspirations' a rhythm of a Bengali tune 'Kathar Sure Gaan', 'Thaichu wathai', a traditional dance of the Reang tribe, a stupendous performance of 'Empowering the Girl Child' by the karate club members, wherein through a blend of karate moves, stick dance and hip hop showed the beauty of this Martial art.

The CBSE class X topper, Ms. Bikashita Bhattacharya shared her expectations and wishes for Auxilium as well as CBSE science topper from Class XII, Miss Utsa Sinha addressed the gathering, which was followed by their felicitations with trophies and certificates. Crowning it all was the short and inspiring message by our chief guest Shri S.S. Chaturvedi who motivated the audience greatly. The academic coordinator, Mr. Santanu Sinha concluded the programme with words of thanks and appreciation. Last but not the least, a marvelous ballet performance 'Love is in the Air' indeed added an extra zest to the beautiful afternoon. The program ended with the national anthem.

**Akangsha Roy Choudhury, Class IX A**



## Consecration of Auxilium-Nandannagar to the Sacred Heart of Jesus

The 18<sup>th</sup> of June 2016 will remain a memorable day in the life of Auxilium-Nandannagar Agartala. It was on this unforgettable day that our community consecrated itself to the Sacred Heart of Jesus. The statue of Jesus was placed on the top of the school building where it can be visible from every side of the house.

At 5.00 pm, Fr. Sunny Joseph SDB Rector of Don Bosco Nandannagar, came for the blessings and consecrated our house to the Heart of Jesus. He began the service with a brief explanation on the devotion to the Sacred Heart of Jesus especially on the 12 promises of our Lord to St. Margaret Mary Alacoque. This was followed by the blessing of the majestic statue of the Sacred Heart which was followed by the solemn consecration prayer prayed by all the members of the community where we placed the inmates of our community and all the entire building to the protection of the Sacred Heart.

The presence of Sr. Isabella Suja our Provincial came as a blessing to our community on this memorable day and we are sure that the Sacred Heart of Jesus will be the Center of our mission and our life and a Powerful protector of our community and our neighbours. We are grateful to Sr. Celine the animator of our community for taking this initiative to keep all of us under the safe hands of the Heart of Jesus.

**Sr. Margreth Kharmuti**



### Learning Beyond Textbooks

Auxilians had the honours of attending a seminar on “Legal Literacy Awareness” conducted by two eminent personalities, Sir Anthony Debbarma -a human right activist and renowned Adv. Prasenjit Singh, our legal advisor on 15<sup>th</sup> July 2016. The session commenced at 11 o’clock and continued till 12:45 p.m.

The first half of the seminar was presided over by Mr. Prasenjit Singh, who threw light on the burning topic of discussion namely LLC-Legal Literacy Club. The rise of crimes in society and injustice being prevalent, the government of India decided to form the Legal Literacy Club in all the schools of the nation to bring awareness among the students about the free legal services provided. The resource person elaborately defined the aims, objectives, needs and facilities of LLC, in today’s society.

The second half of the seminar was taken over by Mr. Anthony Debbarma -a human rights activist. He guided the students about several human rights and various laws that had been newly undertaken by the legislature, the process of executing these laws and the need of its execution. He also informed us about our responsibility towards our own nation



and showed us the path to safeguard our rights. His inspiring words instilled in us the spirit of an active citizen, who confidently voices out against every vices of the society and awakens the other passive citizens about their rights and duties in the society.

The Legal Literacy Awareness had really enlightened us to a great extent. This was a golden opportunity given to us the high school students to have a clear concept on legal issues which are now turning to be an indispensable tool which all individual should possess to live a dignified life.

**Kritodhee Lahiri & Anurima Chakraborty**  
Class XI (Science)

### **Auxilium celebrates International Yoga Day**

On June 21<sup>st</sup> International Yoga Day, the yoga club animated the morning assembly. The Morning Prayer was followed by the yoga demonstrations. The august presence of Sr. Isabella Suja, FMA Provincial of Shillong Province amidst us made the day's celebration even more blissful and memorable.

The demonstrations portrayed by the students displayed the maxims of yoga. The Surya Namaskar, the Gomokha Asana, the Hala Asana, the Paschimuktan Asana, the Bhujanga Asana, the Dhanura Asana and the Pudhahasta Asana which were put up by the yoga club members is the etheric sheath of the gross body which provides energy and vitalizes the body. The asanas were a perfect blend of both art and science. After that the entire school,

students and staff too did some breathing exercise, led by Mr. Ryan Debbarma, replenishing everyone to meditate, thus increasing our level of concentration. Every teacher and student took part in the exercise. After which whole day long, the entire school class by class participated in various breathing and meditating exercises. The soothing music that was played to accompany the Yoga classes gave an air of divine experience to the entire Auxilium Family.

Yoga is a valuable gift of India's ancient tradition and is celebrated on June 21 as international day of yoga. The adaptation of yoga day was called for by our honorable Prime Minister Narendra Modi on 27<sup>th</sup> September 2014 during his address to the UN General Assembly.

### **Gratitude Day Celebrated in the School**

On 23 July, 2016 the entire School Auditorium was bustling with students and was filled with eager expectation and murmuring when the school celebrated Gratitude Day. The Sisters were welcomed with red roses in a very beautiful and creative way amidst loud clapping, cheers and the solemnly escort to the auditorium.

Cultural dances performed by the different Clubs made the day a very colourful and

amazing one. Along with our joys follows also a painful moment when the school had to bid farewell to our dearest Sr. Marylang Suchiang and Sr. Janicia Nongrum who are on transfer and to our dearest Miss Kavita Khatri, who will be leaving the school for personal reasons. Our eyes turned moist, our hearts became heavy as all three of them gave a farewell message.

The Magic Show of the day performed by the International Magician Shibaji was a welcome gift; lifting our spirits up. The students watched eagerly Mr. Shibaji's magic tricks. To our delight, he performed and taught us a few of his tricks. He said that the real magician of the world is "God Almighty". We human beings only perform some tricks. Shibaji also told us that for magic what is really needed is practice, practice and practice, which is based on theory of science. Indeed the whole programme was very entertaining and all of us enjoyed the entire show to the full. It was truly a nice way to celebrate Gratitude Day and thank all those who make our life beautiful, enjoyable and memorable.

### Financial Literacy Event by RBI, Agartala

The bright morning of 28 July 2016 was a memorable experience for the high school students of Auxilium Girls' School, Agartala when Shri S. K. Das Asst. general manager of RBI, Shri Tanay Kr. Paul, Shri Subhajit Paul Asst. Manager of RBI who came to impart knowledge about financial literacy. The session started at 11 o'clock and was stretched till 1.00 pm, in the late afternoon.

Sri S.K Das, assistant General Manager, took up the seminar. He discussed about the basic banking system, understanding notes, insurance facility, different

types of account, different rate of interest, and different types of loans. Later on he mentioned about the governor of RBI Mr. Raghuram Rajan and informed us about the key roles of RBI and its set up.

Further he discussed about the way of transferring money (EFT and RTGS). He also discussed that RBI deals with foreign exchange management, consumer education and protection, Internal Complain Redressal Mechanism in bank, payment and settlement system. To increase our virtual knowledge he also said about the various types of banks present in today's world such as public sector (SBI, UBI), private sector (ICICI, BANDHAN), Foreign banks (HSBC). He introduced to us the new banking system. Post office is one of the first small finance bank. It is also known as the Indian Post Payment Bank. Fixed deposit account is known as the Term Deposit Account.





They also guided us about the security features of currencies and the opening of accounts in the country. The most interesting part of the seminar was the quiz competition conducted by them. Every student was very excited and participated wholeheartedly. First round was an open quiz and 15 students were selected for the second round. 5 students won the prizes.

After a long session of the seminar we got a clear concept about the whole banking system all over India. We are very thankful to our Principal Sr. Celine D'Cunha and the school for conducting such an inspiring seminar for the students of class 11 and 12 and we promise to utilize these in our coming future.

**Nikita Debnath & Shreya Bhattacharjee, Class XI B**

## **Auxilium celebrated 70<sup>th</sup> Independence Day**

The 70<sup>th</sup> Independence Day was celebrated in the school with great solemnity, joy and happiness. All the Sisters, teaching and non-teaching staff along with students were involved in preparing for the entire celebration. The whole campus was magnificently decorated with tri-colour flags and balloons. A great feeling of patriotism filled the air!

The program started at 7:15 am sharp with a meaningfully animated prayer moment guided by Sisters followed by the most



significant item of the whole celebration-The Hoisting Of The Tricolour Flag. Sr. Celine D'Cunha, Principal of Auxilium Girls' School hoisted the National Flag escorted by the NCC and the Guides and assisted by the Staff Members. We gave a great salute to our nation and respectfully sang the National Anthem. Sr. Celine led the whole school with a solemn pledge: "India is my Country" and we all committed ourselves to live as worthy citizens of our country.

Akangsha Roy Choudhury, a Class IX student highlighted the importance of the day and the sacrifices made by our Freedom Fighters. A variety of beautiful and colourful patriotic items were then performed. Students of Music Club, sang a patriotic song-'Mera Mulk Mera Desh,' Dance Club students presented an enthralling dance: 'Vande Mataram' and to show case the power of an Indian Girl, 'Girl child - the pride of the Indian land'the Karate club presented a beautiful programme entitled 'Empowerment of Girl Child'. The entire audience appreciated all the items equally. The Principal, Sr. Celine D' Cunha enriched the spectators with her deliberation on emphasizing the significance of Independence and National Flag, the role of National Leaders and their sacrifices for the nation.

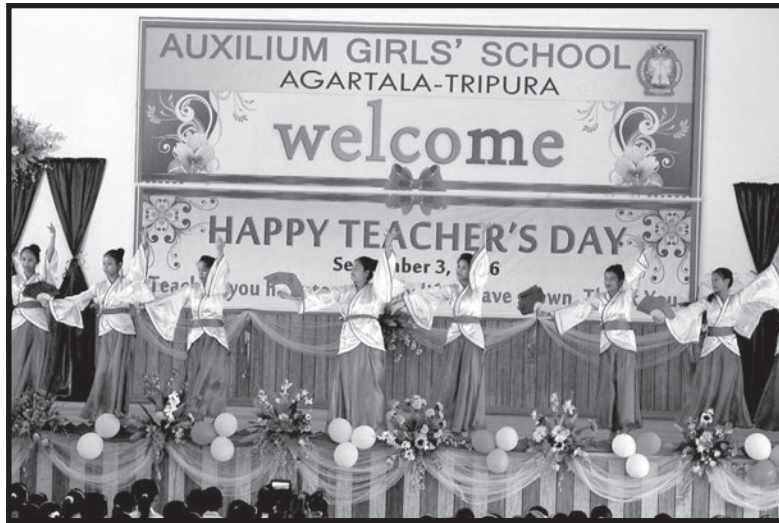
This memorable celebration of the 70<sup>th</sup> Independence Day ended with the melodious voices of the whole school with a song 'We shall overcome'. The whole program was covered satisfactorily by a team 'Agartala Doordarshan'. After the program, sweets were distributed to all the students. As we cherish the gift of freedom and understand its significance we commit ourselves to live the spirit of freedom and to become worthy citizens of our motherland India. Jai Hind!

**Khumpiri Debbarma, Class VIII A**

## **“Teachers are the torch bearers of the Gen-next”**

**T**eachers Day in AGS Agartala was celebrated not only for one day but two days; for the Junior section Nursery to Class II on 1 September 2016 and on 3rd September 2016 for the whole school. The class 9 students enabled by their great love for their teachers prepared the grand program with less time on their hands.

It started with the prayer moment invoking the blessing of God the Almighty especially on our teachers and all those present. The auditorium was filled with the melody of “you taught me well” dedicated to the teachers by the choir group. The teachers were presented with gifts and bouquets as a token of love. The school captain represented the students and expressed the feelings of love and appreciation for the teachers. To honor our teachers in a unique way the students of Class III- XII put up fantastic and creative items like



dance, skit, comedy dance and songs which added beauty and made the Teachers' day 2016 memorable for students and teachers.

On behalf of the teachers Mr. Sanjit Sinha voiced out his sentiment of appreciation and gratitude towards the sisters and students not only for the celebration of the day but also for being part of their life and for the chances given to teachers to touch people's life.

Then, came the much awaited moment of the program – the surprise with fun game. The first part was very entertaining as the teacher's had to recognize their colleagues by some characteristic traits. The second part was even more amusing and funny as the teachers had to tie turbans and neckties. On such a day Auxilian will not end the day without words of wisdom from Sr. Celine D'Cunha our Principal, in her message she thanked each and every teacher for the unique contribution they made for the growth of the students and the school. Last but not the least our school students paid homage to Mother Teresa of Kolkata with their dance followed by the vote of thanks by school head girl Joshi Debbarma who wrapped up the program with a joyful note.

**Gloria Reang and Akangsha Roy Choudhury  
Class IX A**



## A Visit to Mercy Home

The 18 June 2016 dawned a new experience as the Heritage Club of Auxilium Girls' Hr. Sec. School paid a planned visit to the Old Age Home at Holy Child, Demthring.

A little contribution of woolens, food and a walker constituted our visit. Prayer songs and interaction ensued the hour-long saga. At the end of it all our hearts were filled with pathos for such sweet grandmas and grandpas. We felt their love and a good bountiful gratitude over-pouring to us. Actually, the yearning to go there one more time remains our ultimate goal. Thus the day awakes "The love for the elderly". We are grateful to our teachers and the school for giving us such a lovely experience.

**Lakyntiew Tang and Melisa Marwein**  
Heritage Club

## Celebrating God's Mercy

Auxilium Convent, Nongthymmai celebrated the Day of Reconciliation on 18 June 2016 with great fervour. It was the whole day animated and silent prayer. Different groups animated the different hours of the liturgy meaningfully.

The whole community had the joy of experiencing the Father's mercy through the



"Every time you smile at someone, it is an action of love, a gift to that person, a beautiful thing."

ST. TERESA OF CALCUTTA

Sacrament of Reconciliation. On this day, Fr. Linus Nelli, Rector of Oriens Theological College Mawlai gave a talk on "Celebrating God's Mercy". He elaborated the theme on the following nine points: 1) Mercy of belonging to Christ, to the Church and the Institute, 2) Mercy of forgiveness. Stressing on this he said, "Mercy is not weakness but the greatest strength that comes out from our inner being" 3) Mercy of providence 4) Mercy of none judgment 5) Mercy of non-jealousy 6) Mercy of awaken awareness 7) Mercy of medicine 8) Mercy of letting go of hurtful feelings 8) Mercy of suffering and 9) Count your every blessing. Soon after the thought provoking reflection we spent few minutes in silent reflection to prepare ourselves for the celebration of the Holy Eucharist. The Holy Mass was preceded with the exchange of peace at the entrance of our house a symbolic gesture of reconciling with one another before approaching the altar of the Lord. The day was indeed well spent in the company of the Lord; thanking Him for His tender mercy upon us and our earnest desire to reconcile with Him and with one another.



## Guides' Camp organized for Auxilians

The Guides of the School attended the Guides' Camp conducted by the Guide Captain of the School Miss Moureen Larikynti Kharkongor from 15 to 17 July 2016. Both the Senior and the Junior groups joined in the Camp.



The Camp commenced on the evening of 15 July where 'Antakshari' the first activity kicked off competing with each other in a sisterly spirit. All the activities were carried out in our respective Patrol. Special attention was given to the Rajya Puraskar Guides where they were given ample time to complete their log book. The Juniors were also helped by the Past Pupils of the school who were in the Guides group. Session with ropes and bamboos were also taught to the group. Other activities conducted were Speech competition, singing Prayer Song, practice of Human Pyramid etc.

On the last night of our stay in the School we had the Camp Fire which started with the song 'Camp Fire Burning'. Ms. Moureen gave a short speech and the fun went on for quite some time. Each patrol performed an item to the amusement of all present. After every performance a special yell was given to them. One representative from the Guides thanked the Sisters and

teachers for the wonderful time they had together. At the close of the camp we were filled with gratitude as taught by our founder Lord Baden Powell, "*Leave nothing but thanks and a good name*"

**Jessica Mukhim (Class X)**

## Orientation Programme for Pre-Aspirants

A one-day Orientation Programme was held for the Pre-Aspirants of Auxilium Convent on 16 July 2016. Mr. Gregory Kharumnuid, Assistant Professor at St. Anthony's College, Shillong was the resource person for the day.

With the help of PowerPoint presentations, group activity, games and personal reflection he brought home the message of developing one's own personality. The themes touched upon during the sessions were "Self - Discovery" and "Setting Goals in Life". One of the interesting exercises he conducted was to list down five qualities or talents one possesses. After which each individual had to share these points in public. Later, the group would mention for each one the gifts or talents one did not tell out or what others observed in them. This was a booster for each one of the participants and helped them to discover through their friends the treasure that lies hidden or shy to admit.

**Wandakashisha Wahlang  
Pre-Aspirant**



## Madanrting Oratory Get-Together

The Madanrting Oratory, Shillong under the guidance of Sr. Joplin Suchiang organized the Annual Oratory Get-together on 30 to 31 July 2016.

The first day was spent on sports competition and was held at St. Peter's School playground, Madanrting. At the start of the programme, Sr. Joplin Suchiang said a short prayer and soon after welcomed the oratorians who turned up in big number. She exhorted them to compete with one another in the spirit of sportsmanship and for the sole purpose of giving glory to the Lord of mercy and compassion. The competition was held age wise and almost everyone took part in one game or the other with the utmost desire to win and were happy with the result of their performance.

The second day of our programme began with the celebration of the Holy Eucharist. Fr. John Wahlang who presided over the Mass offered prayer for the success of the oratorians' programme. The afternoon programme commenced with the opening function wherein Mr. Disto Nongrum, the *Rangbah Balang* (Church Elder) the Chief Guest and the Asst. *Rangbah Balang* of the six localities as special invitees and the parents of the oratorians were accorded a warm welcome. This was soon followed by different competitions, which

took place simultaneously; Bible quiz, singing, dancing and action song competitions. The chief guest addressing the gathering expressed his appreciation of the work done by the sisters in the Church and assured them wholehearted collaboration and encouraged the parents who were present in good number to send their children to the oratory for catechism classes. Sr. Joplin too in her vote of thanks expressed her appreciation of the collaboration received and reiterated her earnest desire to have many children come to the oratory for faith formation. The two day programme concluded with prize distribution in which winners were awarded and everyone present expressed their great joy and satisfaction at the success of the programme.

Sr. Joplin Suchiang

## Inauguration of the Intensive Juniorate

13 August 2016 saw the Inauguration of the Intensive Juniorate, at Auxilium Convent Nongthymmai - Shillong through a beautifully animated Prayer Service. It is a formative programme for Temporary Professed Sisters, which would last for a year. Ten of the newly professed Sisters formed this group.

At the outset the ten Sisters approached the altar carrying in their hands a symbolic representation of



their self-offering. Each of them has chosen a unique symbol, which was significant to them. The ten lamps placed on the altar represented each of them and these were lit at a specific time by each of them. Reminding themselves of their life of commitment and self-offering, they sang their profession hymn: "I have loved you with an everlasting love". Sr. Isabella Suja, Provincial and the whole community were present for the function and assured the Sisters of their prayerful support and accompaniment. The Sisters expressed their desire to learn and make the best use of the opportunities in-store for them in view of their future mission. Being the commemoration of Mother Mazzarello, our Co-foundress, the Sisters invoked her to accompany them along their vocational journey in order to become authentic missionaries of hope and joy.

**Srs. Ibaniewkor Warjri and  
Risalin Kharkongor**

"Being unwanted, unloved, uncared for, forgotten by everybody, I think that is a much greater hunger, a much greater poverty than the person who has nothing to eat."

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## ★ RANGBLANG

### Celebrating the year of Mercy

Joining the whole province, the community of St. Mary's Rangblang set aside 18 June 2016 as a day of prayer and reflection marking the 'Jubilee year of Mercy'. Fr. George Jaraiñ of Nongstoin Diocese animated the day's programme.

The theme for the first session was "Merciful Father" and in the second session, Fr. George emphasized on the theme "Forgiveness and being understanding". In both the sessions he exhorted the community to be the first to show mercy, to forgive and to understand others and it is by doing so he said, we would in turn receive mercy and forgiveness from God and others. The afternoon time was spent in the Adoration to the Blessed Sacrament in which a short reflection on "Repentance" was given as a preparation for the Sacrament of Reconciliation. The climax of the day was the celebration of the Holy Eucharist, after which all the inmates of the community moved out of the chapel exchanging signs of peace with broad smiles on their faces; symbolising the inner peace, joy and love of Christ in each one. It was indeed a day of God's blessing, of Love and of Mercy for all of us.





## Celebration of Love and Gratitude

**S**t. Mary's Convent, Rangblang celebrated Community Day on 29 July 2016 with the theme "One Body with many parts". It was a day when each member of the community expresses her belongingness to the community. This sound tradition handed over to us is a reminder that life is generated in a home and is made alive with the differences of the members living in it.

The grand day was prepared with great love a month earlier with prayers and spiritual practices. One of them was the picking up of names of the inmates of the community as Community Day friend for whom prayer was offered the whole month through. The community day feast awakened everyone's excitement to reveal and to know one's friend. The day was meaningfully spent with the beautiful animation of the Liturgical hours particularly the celebration of the Holy Eucharist. During the homily, Fr. Stephen Kharbani SDB, Parish Priest who presided over the Holy Mass emphasized the need to respect, love and work together as a team



no matter the differences. In the afternoon before the family meal there was the revelation of the Community friends in a creative way that makes everybody happy and joyful; feeling loved and cared for. The Evening Get-together was scheduled for the following day in which the Boarders staged meaningful items that conveyed the theme of the celebration. Concluding the family celebration, Sr. Maria Goretti Nongrum, Animator thanked the whole community for the success of the feast and exhorted all present to continue living community life in joy and gratefulness.

**Sr. Nildalin Kharkongor**

### ★ SAIDEN

#### Celebration of the Year of Mercy

**O**n 14 June 2016 the community celebrated a day of prayer and reconciliation as per the guidelines given by the Province. On this day a special Prayer Service was conducted for the occasion.

One concrete thing we have done as a community was not to take fish on Fridays for a month. The amount saved from this was used in buying two bags of cement, which was presented to our driver as our contribution towards the construction of his house. Though a small gesture yet we felt happy for having extended a merciful act to someone in need.

"We ourselves feel that what we are doing is just a drop in the ocean. But the ocean would be less because of that missing drop."  
ST. TERESA OF CALCUTTA

## Ahead on our Journey...

The 19<sup>th</sup> of August was a day of mixed feelings of joy and sadness. The 13 Postulants who had completed their years of formation left for Novitiate at Mary Our Help Training Centre Bellefonte, Shillong. There was the feeling of emptiness in the community when the Postulants left, yet the community rejoiced as they have taken another important step to religious life.

Sr. Phyllis Bamon our Animator and Sr. Entilia Nongkynrih the Assistant accompanied the Postulants by Mawtnum Bus to their destination. As they left their nest of formational journey, the community assured them their prayerful support as they forge ahead following their call in the footsteps of Don Bosco and Mother Mazzarello. The Postulants expressed their gratitude to their former Animator, Sr. Marvella Shangpiliang presently Vice Provincial and to Sr. Phyllis and the entire community for their accompaniment and encouragement. Special thanks to Sr. Mary Lamare and the community of Mawtnum where they have experienced Salesian Assistance of being with the young people and for giving them the bus for their conveyance.

"Love begins at home,  
and it is not how much  
we do... but how much  
love we put in that  
action."

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## Welcome to the New Aspirants

After a long gap of emptiness in our community, on the 9<sup>th</sup> of August 28 young and generous girls filled the void of our emptiness. This was indeed a day of joy and contentment in our community as these young and energetic Pre-aspirants joined our community.

Sr. Carmelina Sun the Animator and Sisters of Mary Our Help Training Centre Bellefonte accompanied them. At around 5:00 pm they arrived here and were accorded a very warm welcome by the Aspirants in a very creative way. After the welcome song at the entrance, they were led to the chapel for a short thanksgiving prayer service animated by Sr. Phyllis Bamon, Animator. When the welcome ceremony was over, a cup of tea was served for all and the Sisters of Bellefonte left as soon as they had their refreshment. We wish our new Aspirants a wonderful time at Saldien discerning God's will in their life as they begin their vocational journey.

**Auxilium Training Centre - Saldien**



## Tree Plantation at Auxilium Tura

As part of the World Environment Day celebrated on 5<sup>th</sup> June, our school had Tree Plantation activity on 8<sup>th</sup> July 2016 organized by the Eco Peace Club of the School. The group under the guidance of Mrs. Tachiamma R. Marak, teacher in charge of the Club saw to the details of the programme.



After the Morning Assembly the Eco Peace Club members enacted a skit on “Save trees, save lives” through which they resounded to all present the importance of cultivating and preserving a green environment. They further emphasized that healthy living depends so much on green environment. Sr. Elizabeth Vazhakalayil, Animator the chief guest of the day, invited all the students to protect all the trees that are around the school campus and to keep the surrounding clean. She also congratulated the Eco peace club for this wonderful initiative. After the short skit the tree plantation by the staff and students followed.

## Cleaning Drive organized

In order to inculcate in the young boys and girls of our school the importance of cleanliness the staff of Auxilium School organized a cleaning drive on 11 August 2016 for the students of classes I to X.

The students were divided into different groups and sent to different places under the direction of Sr. Rina Kharthangmaw, the Teachers, the School Captain and Vice Captain. The people nearby our school were happy to see the road and the drain being cleaned. The students were filled with enthusiasm and reported to the teachers that the different groups did a marvelous job to make Tura green and clean. The Headmistress of the school, Sr. Celibon Maslai voiced out words of appreciation to the Staff and students who did a marvelously good job. Congrats Auxilians!!!





## Excellent performance

The staff and students of our school were filled with joy for the excellent performance of our girls on 15<sup>th</sup> August 2016 Independence Day celebration at Dikki Bandi Stadium Dakopgre Tura.

There were 44 marching contingents that participated and our girls bagged the



best Guide contingent. The stadium was packed with people who came to celebrate Independence Day. Mr. Alexander Laloo Hek, Meghalaya Minister for health and family welfare was the chief guest of the day.

We congratulate Mr. Chutru R. Sangma the PT in charge who trained our students with much love and sacrifices and brought forth a satisfactory result. Kudos to the team!

**Sr. Sabina Mawrie**

"God doesn't require us to succeed,  
he only requires that you try."

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## ★ UMSWAI

### Summer Time Youth Camp at Umswai

A four-day Youth Camp was organized at Don Bosco School, Umswai for the Youth of the Parish from 20 – 24 July 2016. The community represented by Sr. Philina Kholar and Sr. Tistabha Bareh formed part of the Animators who helped the Youth to spend the days fruitfully. The theme that guided the camp was "With Jesus we journey together"



Being the summer vacation for the school, the Parish community took the opportunity and gathered the youth for this important event. 290 (two hundred and ninety) Youth took part in the programme. Bro. Thiewbor Kharsyntiew SDB and Bro. Bablu SDB from Sacred Heart Theological College, Mawlai, animated the first two days of the programme. The Jesus Youth from Shillong animated the last two days. The team helped out the Youth to go deeper in their Prayer Life through Prayer Experience and input sessions. The Youth Camp concluded with a festive Holy Eucharistic celebration animated by the Youth themselves and displayed an evening Cultural Show to the amusement of everyone.

**Sr. Philina Kholar**

# MEDIA matters



## ACROSS

- 1 Message up to 140 characters long that's read by "followers"
- 6 People R.S.V.P. to it on their computers
- 11 What a karaoke singer sings into, for short
- 14 Long stories of heroic exploits
- 15 Actors memorize these
- 16 Show folks to their seats in a theater, informally
- 17 Web hosting service for viewing and sharing pictures
- 19 "Glee" co-star \_\_\_\_\_ Michele
- 20 Coke, Mountain Dew or Dr Pepper
- 21 Last section of an Italian sonnet
- 23 Tampa Bay N.F.L. team, for short
- 27 Cruel Roman emperor
- 29 Quarterback Tebow and actor Curry
- 30 "I couldn't care less" attitude
- 32 Ease off: 2 wds.
- 35 Lose one's sanity: 2 wds.
- 36 Bit of Web televising that might be presented on YouTube: 2 wds.
- 40 Dollar bill
- 41 Working hard
- 43 Pie \_\_\_\_\_ mode: 2 wds.
- 44 Simulation game that's popular on Facebook

- 46 Deep gulf

- 48 Church passageway between pews

- 49 In dreamland

- 50 Spanish term of endearment that means "daddy"

- 52 Like endangered species

- 55 Catering hall dispensers

- 56 "Angels We Have Heard \_\_\_\_\_" (Christmas carol): 2 wds.

- 59 Hog fat used in cooking

- 61 \_\_\_\_\_-cone (cold treat)

- 62 Virtual community where users may keep online diaries

- 68 Element in bronze

- 69 Turn \_\_\_\_\_ new leaf: 2 wds.

- 70 Cancel, as a mission

- 71 Look at

- 72 Sends messages on a 25-Down, for example

- 73 Buddy \_\_\_\_\_ (rosters of instant-messaging friends)

## DOWN

- 1 Sixth of a fluid oz.

- 2 Sound of a crying baby

- 3 Bigheaded person's problem

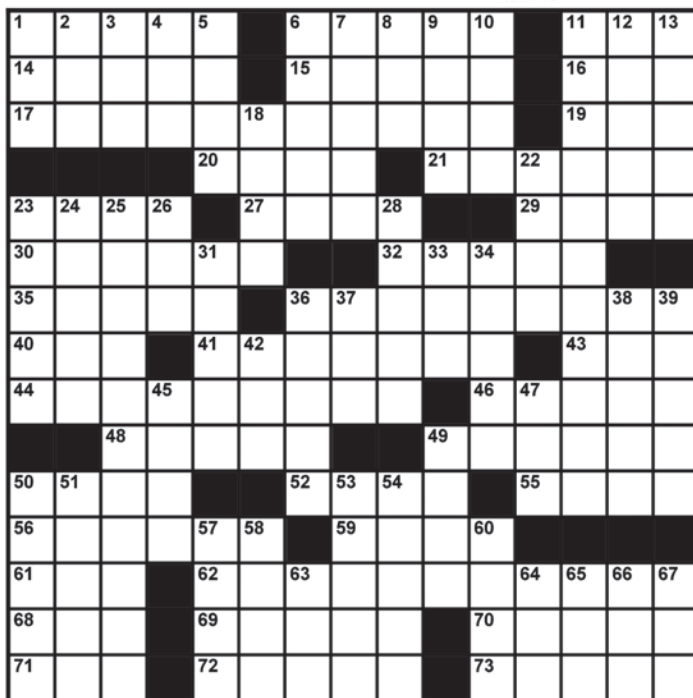
- 4 Scarf down

- 5 General \_\_\_\_\_ chicken (Chinese menu item)

- 6 Manage to avoid

- 7 \_\_\_\_\_ of Christ (title for the pope)

- 8 Fluid filling a pen



- 9 Casual shirts

- 10 Opposite of west, in Spanish

- 11 Massively \_\_\_\_\_ online game (virtual activity such as World of Warcraft)

- 12 "\_\_\_\_\_ to recall ...": 2 wds.

- 13 Has a real-time conversation via AOL, Facebook, etc.

- 18 Like a gaunt person

- 22 Returned part of a theater ticket

- 23 All that and a \_\_\_\_\_ chips: 2 wds.

- 24 "Once \_\_\_\_\_ time ...": 2 wds.

- 25 Device on which you can talk and take pictures: 2 wds.

- 26 Railroad depot: Abbr.

- 28 Song from the 1950s, say

- 31 Producers of sharp viewing images, for short

- 33 Suffix with velvet or Hallow

- 34 Old Roman robes

- 36 More foul

- 37 Sick

- 38 Showbiz twin Mary-Kate or Ashley

- 39 Catches a quick breath

- 42 Auto garage liquid

- 45 1,003, in Roman numerals

- 47 \_\_\_\_\_-ray Disc

- 49 Prefix with dynamic

- 50 Messages in online forums and newsgroups

- 51 Musical title girl who sang "Tomorrow" and "Dumb Dog"

- 53 Give a heads-up to

- 54 Old kings of India

- 57 Suffix that means "speaking in a language"

- 58 Bees' hangout

- 60 Having two components

- 63 Irk

- 64 Baseball hitting stat.

- 65 Negative responses

- 66 Output of Renoir or Monet

- 67 They rank below capt.

Answers on page 36

# WOW!!!! PEOPLE CAN BE CREATIVE. CAN YOU IMAGINE THIS WRITE UP!

I went to **Genesis** hotel through **Exodus** road. On the way, I saw **Leviticus** recording the **Numbers** of people at **Deuteronomy**, while **Joshua** was waiting at the Beautiful gate for **Judges** to see **Ruth** calling loudly “**Samuel, Samuel**.” At a stage, the **first and second Kings of Chronicles 1 & 2**, were coming to visit **Ezra, Nehemiah** and **Esther** for the misfortune of **Job** their brother. They started singing **Psalms** and teaching children **Proverbs** concerning **Ecclesiastes** and **Songs of Solomon**. This coincided with the period that **Isaiah** was engaged in **Jeremiah’s Lamentations** together with **Ezekiel** and **Daniel** their friends. By that time, **Amos** and **Obadiah** were not around. Three days later, **Hosea, Joel** and **Jonah** travelled in the same ship with **Micah** and **Nahum** to Jerusalem. **Habakkuk** then visited **Zephaniah** who introduced him to **Haggai** a friend of **Zechariah** whose cousin is **Malachi**.

Immediately after the tradition, **Mathew, Mark, Luke** and **John** got involved in **Acts** of the **Romans** who were behaving like the **1st Corinthians** group because the **2nd Corinthians** group were always at loggerheads with the **Galatians**. At that time too, they realized that the **Ephesians** and **Philippians** were close to the **Colossians**, and a suggestion for the **first Thessalonians** visit was made, and that on their **second Thessalonians** visit, they

should first of all see the **first and second of the Timothy** brothers who had gone to the house of **Titus** to teach **Philemon** his younger brother how to read and write in Hebrew. On hearing this, **James** asked **Peter** twice to explain to him how the three **Johns** have disclosed to **Jude** the **Revelations** of this journey.





## ★ SALESIAN COOPERATORS

### Regional Recollection Day of Jaiñtia Hills

A one-day Regional Retreat for the Salesian Co-operators of the Jaiñtia Hills Region took place at St. Mary Mazzarello Convent, Jowai on 9 July 2016. Fr. Devasia Vazhayil SDB from St. Anthony's College, Shillong animated the day of prayer and reflection.

There were 50 participants in all - 15 from the Mawkyndeng Centre; 14 from the Khliehriat Centre and 21 from the Jowai Centre. The Salesian Cooperators spent the day fruitfully in prayer and reflection, listening to the sessions and approaching the Sacraments. The Cooperators were very satisfied with the day and were happy for the time spent in prayer.



### A Day with the Lord

The Salesian Cooperators of East Khasi Hills and Ribhoi Regions of Shillong Province gathered together for one day Retreat on 17 July 2016 at Don Bosco Technical, School - Laitumkhrah, Shillong. There were 98 members of the Association

who took part in the day's prayer and reflection.

The day began with words of welcome from Mrs. Benita Marbaniang, the Provincial Coordinator followed by the reading of the Word of God and opening Prayer. Sr. Christina Kharkongor the FMA Delegate for Salesian Cooperators spoke on "The presence of Jesus in Holy Communion". Fr. James Thyrniang SDB, Provincial Economist dealt with the Practical way of living the Year of Mercy. This was followed by the Adoration of the Blessed Sacrament and the reception of the Sacrament of Reconciliation simultaneously. On this day Sr. Gemima Pohrmen, Social





## Salesian Cooperators Day cum Promise Taking

On 14 August 2016 the Jowai Unit celebrated the feast day of the Association and the thanksgiving of the twenty-five years of Religious life lived by Sr. EtheldaLaloo FMA, who is from Jowai. The Parish also witnessed the Promise taking of the four new members as full-fledged Salesian Cooperators namely Mrs. Paulina Lakiang, Mrs. Mildred Lakiang, Mrs. Ridalin Saioo and Mrs. Angeline Kharbhih.

At the entrance procession the four new members carried in their hands a lighted candle, a reminder of their Baptismal Promise, which would be lived with greater intensity as Salesian Cooperators. Sr. Christina Kharkongor, Delegate in her words of introduction enlightened the faithful present about the Association of the Salesian Cooperators. The main celebrant

Development Coordinator of Shillong Province, also enlightened the gathering on the "Child Protection Policy" of the FMAs and that of the CBCI.

Another significant moment was the pilgrimage to the Door of Mercy at the Mary Help of Christians, Cathedral where the day was concluded in the celebration of the Holy Eucharist.

"Be faithful in small things because it is in them that your strength lies."

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of the day Fr. Hilarius Lamare, VG and Parish Priest of Jowai Parish in his homily exhorted the assembly to set goals in their life, particularly spiritual goals. Further, he asked the Cooperators to work for vocations towards Priesthood and Religious Life.

The Provincial Coordinator, Mrs. Benita Marbaniang, called each of the candidates by name and presented them to Fr. Philip Barjo SDB, Provincial Delegate of the SDB who examined their motivation.







"Let us touch the dying, the poor, the lonely and the unwanted according to the graces we have received and let us not be ashamed or slow to do the humble work."

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The candidates then one by one made their promise at the altar to live as full-fledged members of the Association. Sr. Rosina Susngi, Local Delegate of Jowai Centre was the witness to this ceremonial act and Certificates of membership was given to the newly Promised members.

The Salesian Cooperators animated the afternoon session wherein, Mr. Anthony Laloo, former Provincial Coordinator gave a talk on the three devotions of Don Bosco: Love for the Holy Eucharist, Marian Devotion and Love for the Holy See. The day concluded with the Benediction of the Holy Sacrament ministered by Fr. Hilarius Lamare, Parish Priest.

Prior to this, the members were prepared on the previous day by Sr. Rosina, Sr. Christina and the Provincial team from Shillong. Present on this day was also Fr. Roland Kharkrang, Director Don Bosco Jowai.

**Mr. Anthony Laloo**

## Merciful Act to Deserving Students

As part of the celebration of the Year of Mercy, the Salesian Cooperators Bellefonte Centre extended help to six deserving students who come from poverty stricken family in the Parish of Pynthorumkhrah. A sum of ₹ 2000/- was given to each of them. Apart from this, there are also two members of the Centre who extend help individually to students who are in need of financial support in order to complete their educational needs.

**Mrs. Bernadeth Mawkhlieng**





### Settling Accounts

To pay for his education, a poor boy used to sell goods from door to door. One day, the young boy found he was really hungry but had no money to buy any food. He decided to ask for something to eat when he knocked on the front door of the next house.

A beautiful young woman opened the door, and the boy lost his nerve. He simply asked for a drink of water, too embarrassed to ask for food. The young woman brought him a glass of milk, which the boy greedily drank.

The boy asked her how much he owed, but she simply smiled and said her mother had taught her to be kind to others and never expect anything in return. The young boy left the woman's home with a full tummy and a heart full of renewed strength to push on with his education and continue working hard. Just when he was ready to quit, the woman had instilled in him newfound faith and fortitude.

Years later, in a big city, renowned surgeon Dr. Howard Kelly was called to consult on a woman who was suffering from a rare disease. When the woman told him the name of the small town where she lived, Dr. Kelly felt a faint memory

arise in his mind, and then suddenly recognition dawned on him. She was the woman who had given him the glass of milk many years ago.

The doctor went on to provide the woman with the very best care and made sure she received special attention. In fact, it was his skills as a doctor that saved her life. After a long and difficult hospitalization, the woman was finally ready for discharge home. The woman was worried it would take her years to settle her account with the hospital. Her serious illness and long hospital stay had produced a substantial bill. However, when she received the bill, she found that Dr. Kelly had paid the entire bill himself and written a small note for her.

The note simply stated: Paid in full with a glass of milk.



# Congratulations



*First Year Novices*



*Newly Professed*



*Perpetually Professed*

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## *Congratulations Golden Jubilarians*



Sr. Lina Mary Kharjana



Sr. Provina Lyngkhoi



Sr. Linda Horne

## *Congratulations Silver Jubilarians*



Sr. Ethelda Laloo



Sr. Gemma Phyllei